

Thoughts and Prayers for the Week

Sunday 19th June 2022

1st Sunday after Trinity

God of truth,
help us to keep your law of love
and to walk in ways of wisdom,
that we may find true life
in Jesus Christ your Son
Amen.



Readings for the Week:

Isaiah 65: 1-9
Psalm 22: 19-28
Galatians 3: 23-29
Luke 8: 26-39



Reflection

Last Sunday was Trinity Sunday and the most popular subject people find hard to explain and to understand.

Trinity - three in one – Father, Son and Holy Spirit. Psalm 8 shows us the Father as the creator “When I look to the skies that you have made, when I look at the moon and the stars which you have set in their places – What is mere man that you think of him”.

I remember in 1969 being in church hearing this very reading because we were all very proud of ourselves that we had put a man on the moon! But, said the preacher, let us not forget who made the moon and the stars. What is mere man? Well it is you and me and all mankind that God the creator loved so much that he sent his only son Jesus to die for us, to set us free.

If we are made and saved, do we need anything else?

In John 16, Jesus is talking to his disciples before leaving them. He says he has much more to tell them, more than they would be able to understand but, when the Holy Spirit comes, he will lead them into all truth.

The Spirit is the power, the power to help us understand, the power to change our lives. When the disciples received the Spirit at Pentecost, they changed from a frightened bunch of men hiding in an upper room to men rushing out into the street to tell the good news of Jesus to the people of Jerusalem.

It is because this message travelled from Jerusalem to the rest of the world that we are Christians.



Made, Saved and Empowered.

Each of us touched by the Holy Trinity.

~June Cutting~

Let us continue to support and strengthen each other

- ◇ Daily, by saying The Lord’s Prayer together, morning and evening
- ◇ Lighting a candle at home 10.00am on Sunday if we are unable to come to church

Our Services:

Sunday 19th Jun 2022 1st Sunday after Trinity Proper 7	9:30am Eucharist	Bedingham Church
	11:00am Morning Prayer in the Iona Tradition	Shelton Church
Sunday 26th Jun 2022 2nd Sunday after Trinity Proper 8	9:30am Eucharist	Woodton Church
	11:00am Morning Prayer	Topcroft Church
	6:00pm Evening Prayer	Via Zoom

This week we pray for:

- ◇ In the morning: the day and its tasks; the world and its needs; the Church and her life
- ◇ The media and the arts
- ◇ Farming and fishing
- ◇ Commerce and industry
- ◇ Those whose work is unfulfilling, stressful or fraught with danger
- ◇ All who are unemployed
- ◇ In the evening: peace; individuals and their needs

Food Bank

Items for our Food Bank are still needed; we are very grateful to all who continue to contribute during this difficult time.

Our next collections will be on:

Sunday 2nd July 2022. Any items can be left at Hempnall Church Office Mon-Thu, 9am-12:30pm. Please phone before arrival - 498157

URGENTLY NEEDED FOOD ITEMS

UHT MILK, MEAT SPREAD, SMALL COFFEE, FRUIT JUICE, PASTA SAUCE, SAUCE FOR RICE, TINNED FRUIT, SUGAR, CUSTARD, BISCUITS

NO PEANUT BUTTER PLEASE

HYGIENE—MALE & FEMALE DEODRANT
 ANIMALS—DOG, RABBIT & GUINEA PIG FOOD (NOT CAT)

WE REMEMBER:

Martin, Molly, Dennis, Ian, Vievenne, Pauline

Hempnall: Lesley and family,
 Phillip, Sophie

Bedingham/Woodton:
 Sheila, Hilary, Peter, Liz, Anne, Chris,

Topcroft: Gerald, Jane

LONG TERM CARE:

Bedingham /Woodton:
 Dennis, Shirley, Jacob, Myrtle, Rudolph

Fritton/Morningthorpe: Beryl



RECENTLY DIED:

April Wright, Robert Gray

Please ring us if you need:

Liz Billett –Team Vicar 07891 854219

Group Office: Mon-Thurs 9am-12.30pm

01508 498157

Email: hempnallgroup.office@btinternet.com

