

Thoughts and Prayers for the Week

Sunday 23rd October 2022



Last Sunday after Trinity

Merciful God,
teach us to be faithful in
change and uncertainty,
that trusting in your word
and obeying your will
we may enter the unfailing joy of
Jesus Christ our Lord.
Amen

Readings this week:

Jeremiah 14: 7-10, 19-22

Psalms 84: 1-7

2 Timothy 4: 6-8, 16-18

Luke 18: 9-14

Thoughts of Teresa.....

The Church of England Calendar for October includes an occasion (on the 15th) to mark Teresa of Avila (1515 -1582), 'teacher of the faith'. Teresa – a Spanish noblewoman who became a Carmelite nun – was a powerful proponent of Christian meditation and the contemplative life and she is generally recognised as one of the great Christian mystics.

Her writings continue to have a wide influence. Within the Roman Catholic Church, she was proclaimed by the then Pope in 1970 – centuries after her death – as the first female Doctor of the Church, in recognition of her profound spiritual legacy.

Here are three passages from her works, in modern versions, that still speak to us today.



A call to action

*Christ has no body now but yours.
No hands, no feet on earth but yours.
Yours are the eyes through which he looks with
compassion on this world.
Yours are the feet with which he walks to do good.
Yours are the hands through which he blesses all the
world.
Yours are the hands,
yours are the feet,
yours are the eyes,
you are his body.
Christ has no body now on earth but yours.*

Growing older

*Lord, you know better than I myself
that I am growing older and will someday be old.
Keep me from the fatal habit of thinking
I must say something on every subject and on every
occasion.
Release me from craving to
straighten out everybody's affairs.
Make me thoughtful but not moody;
helpful but not bossy.
With my vast store of wisdom,
it seems a pity not to use it all;
but you know, Lord,
that I want a few friends at the end.
Keep my mind free from the recital of endless details;
give me wings to get to the point.
Seal my lips on my aches and pains;
they are increasing, and love of rehearsing them*

is becoming sweeter as the years go by.

*I dare not ask for improved memory,
but for a growing humility and a lessening cock-sureness
when my memory seems to clash with the memories of
others.*

*Teach me the glorious lesson that occasionally I may be
mistaken.*

*Keep me reasonably sweet,
for a sour old person is one of the crowning works of the
devil.*

*Give me the ability to see good things in unexpected places
and talents in unexpected people;
and give, O Lord, the grace to tell them so.*

Let nothing disturb you

*Let nothing disturb you,
let nothing frighten you,
all things will pass away.
God never changes;
patience obtains all things,
whoever has God lacks nothing.
God alone suffices.
Amen.*

~Contributed by Liam Pilgrim~

Window depicting Teresa at Terenure College, Dublin, from the website of the Carmelite Forum of Britain and Ireland: <<http://www.teresaofavila.org/resources.html>>
Prayers by Teresa of Avila from (1) Church Homeless Trust: <<file:///C:/Users/liamp/Downloads/Church-Materials-2018.pdf>>; (2) and (3) <https://www.daily-prayers.org/angels-and-saints/prayers-of-saint-teresa-of-avila/>

Let us continue to support and strengthen each other

- ◇ Daily, by saying The Lord’s Prayer together, morning and evening
- ◇ Lighting a candle at home 10.00am on Sunday if we are unable to come to church

Our Services:

Sunday 23rd Oct 2022 Last Sunday after Trinity	11:00am Group Eucharist Rev. Coryn Stanforth (TAS Valley Team Ministry)	Topcroft Church
	6:00pm Evening Service	Via Zoom
Sunday 30th Oct 2022 4th Sun before Advent	10:00am Group Eucharist Rev. Charles Read (Diocesan Co-ordinator of Licensed Lay Ministry Training)	Hempnall Church

This week we pray for:

- ◇ In the morning: the day and its tasks; the world and its needs; the Church and her life
- ◇ The social services
- ◇ All who work in the criminal justice system
- ◇ Victims and perpetrators of crime
- ◇ The work of aid agencies throughout the world
- ◇ Those living in poverty or under oppression
- ◇ In the evening: peace; individuals and their needs

Food Bank

Items for our Food Bank are still needed; we are very grateful to all who continue to contribute during this difficult time.

Our next collections will be on:

Sunday 6TH NOVEMBER 2022. Any items can be left at Hempnall Church Office Mon-Thu, 9am-12:30pm.

Please phone before arrival - 01508 498157

URGENTLY NEEDED FOOD ITEMS

SUGAR, UHT FRUIT JUICE, INSTANT MASH

NO PEANUT BUTTER PLEASE

HYGIENE—MALE & FEMALE DEODORANT

ANIMALS—DOG, RABBIT & GUINEA PIG FOOD
(NOT CAT)

WE REMEMBER:

Martin, Molly, Ian

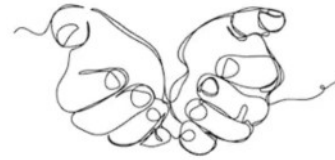
Hempnall: Lesley and family,
Phillip, Sophie

Bedingham/Woodton:
Sheila, Hilary, Peter, Liz, Anne, Chris, Barrie

Topcroft: Gerald

LONG TERM CARE:

Bedingham /Woodton:
Dennis, Shirley, Jacob, Myrtle, Rudolph
Fritton/Morningthorpe: Beryl



RECENTLY DIED:

Dennis O’Leary, Patrick Stone

**To have
courage for
whatever
comes in life -
everything lies
in that.**

Teresa of Avila



Please ring us if you need:

Group Office: Mon-Thurs 9am-12.30pm

01508 498157

Email: hempnallgroup.office@btinternet.com