Thoughts and Prayers for the Week

Sunday 6th November 2022





All Saints' Sunday God of holiness, your glory is proclaimed in every age: as we rejoice in the faith of your saints, inspire us to follow their example with boldness and joy; through Jesus Christ our Lord. Amen

Readings this week:

Daniel 7: 1-3, 15-18 Psalm 149 Ephesians 1: 11-23 Luke 6: 20-31

Thought for the week...

There are many ways to read the bible. Cover to cover, book by book, chapter by chapter or just sitting with a particular passage that seems to resonate and connect with your experience.

One way of reading, is to do so slowly, thoughtfully, reading the passage again and seeing what phrase or verse stands out, then, staying with that verse or phrase, ask God what he may be saying and then just wait for his response.

This way of praying the bible has a long tradition first established by Benedict of Nursia in the 6th century. It is called Lectio Divina:

Try reading these verses this way:

Listening

During the first reading, gently look and listen for a word or phrase that attracts or draws your attention.

Pondering

During the second reading, ask yourself how or why does this word or phrase has touched your heart, why it is speaking to you at this moment in your life.

Praying

As you read the passage for the last time, ask God what he may be asking of you. What is it you may need to consider as a result of what God is saying to you in the word or phrase you noticed?

Waiting

In the quiet that follows the reading allow God to speak to you and plant this word in your heart.

Psalm 149

¹ Praise the Lord.

Sing to the Lord a new song, his praise in the assembly of his faithful people.

- Let Israel rejoice in their Maker;
 let the people of Zion be glad in their King.
- ³ Let them praise his name with dancing and make music to him with tambourine and harp.
- For the Lord takes delight in his people;
 he crowns the humble with victory.
- Let his faithful people rejoice in this honour and sing for joy on their beds.
- ⁶ May the praise of God be in their mouths and a double-edged sword in their hands,
- to inflict vengeance on the nations and punishment on the peoples,
- to bind their kings with fetters,
 their nobles with shackles of iron,
- to carry out the sentence written against them – this is the glory of all his faithful people.

Praise the Lord.



Let us continue to support and strengthen each other

- Daily, by saying The Lord's Prayer together, morning and evening
- Lighting a candle at home 10.00am on Sunday if we are unable to come to church

Our Services:		
Sunday 6th Nov 2022 All Saints Sunday	10:00am Group Eucharist for All Saints Revd Canon Richard Capper (retired clergy)	Woodton Church
	3:00pm Commemoration Service Revd Cate Turner (Assistant Curate, Bramerton Group Ministry)	Hempnall Church
Sunday 13 th Nov 2022 Remembrance Sunday	10:50am Act of Remembrance	Bedingham Churchyard War Memorial
	10:50am Act of Remembrance	Hempnall War Memorial
	Followed by: 11:15am Remembrance Service	Hempnall Church
	10:50am Act of Remembrance	Fritton Church
	10:50am Remembrance Service	Hardwick Church
	10:50am Remembrance Service	Topcroft Church
	Followed by: 12:30pm Act of Remembrance	Hardwick Airfield
	10:50am Remembrance Service	Woodton Church
	4:00pm Family Praise	Hempnall Church

This week we pray for:

- In the morning: the day and its tasks; the world and its needs; the Church and her life
- The King, members of parliament and the armed forces
- Peace and justice in the world
- ♦ Those who work for reconciliation
- All whose lives are devastated by war and civil strife
- Prisoners, refugees and homeless people
- \diamond \qquad In the evening: peace; individuals and their needs

Food Bank

Items for our Food Bank are still needed; we are very grateful to all who continue to contribute during this difficult time.

Our next collections will be on:

Sunday 6TH NOVEMBER 2022. Any items can be left at

Hempnall Church Office Mon-Thu, 9am-12:30pm.

Please phone before arrival - 01508 498157

Please ring us if you need:

Group Office: Mon-Thurs 9am-12.30pm

01508 498157

Email: <u>hempnallgroup.office@btinternet.com</u>

WE REMEMBER:

Martin, Molly, Ian

Hempnall: Lesley and family,

Phillip, Sophie

Bedingham/Woodton:

Sheila, Hilary, Peter, Liz, Anne, Chris, Barrie

Topcroft: Gerald

LONG TERM CARE:

Bedingham /Woodton: Dennis, Shirley, Jacob, Myrtle, Rudolph Fritton/Morningthorpe: Beryl



RECENTLY DIED:

Patrick Stone