

<b>Day</b>	<b>Date</b>	<b>We pray especially for...</b>
Monday	25th	... Families enjoying time together on this bank Holiday Monday.
Tuesday	26th	... those who need the services of local foodbanks and those who make donations to them.
Wednesday	27th	... our church premises and all involved in looking after them. ...our Churchwardens and Designated Persons. ...our Fabric Officers and Building Administrators. ...our cleaners and those who tend our churchyards.
Thursday	28th	... all who provide pastoral support in our parishes, in many different ways.
Friday	29th	...all, who need us to pray with or for them, for whatever reason.
Saturday	30th	...all involved in the Mission of the Church in our Benefices and in the world.
Sunday	31st	...for leaders and worshippers of services in Mundham and Morningthorpe today.

**Throughout, we pray for those who especially need your help at this time,**

**remembering:** Martin, Ian, Emma, Helen, Michael, Ann, Wendy, Cilla

**Bedingham/Woodton:** Sheila, Hilary, Peter, Liz, Anne, Bruce, Harry, Sally, Richard, Susan, Marco

**Fritton/Morningthorpe:** Jason

**Hempnall:** Lesley and family, Sophia, Claire, David

**Long Term Care...**

**Bedingham/Woodton:** Dennis, Shirley, Jacob

**Fritton/Morningthorpe:** Beryl

**Hempnall:** Colin

**Mundham/Seething:** Margaret, Nancy



**Recently Deceased and Upcoming Funerals...**

Gloria Flint, Barbara Houghton, Dee Beckett

*(Compiled by and for the Brooke Benefice and the Hempnall Group of Parishes)*



## ***The Brooke Benefice and The Hempnall Group Thoughts and Prayers August 2025***

***Edith Cavell***

### ***Nurse and Inspiration A National Heroine***

I was looking through my bookshelves in search of one on the Lincolnshire Wolds Way when I came across a leaflet for The Edith Cavell Pilgrimage. I must have picked it up a few years ago, intending to walk it, but I think Covid got in the way and the leaflet got put to one side. It is now top of my list of things to do, walking from Swardeston to Norwich Cathedral on the Edith Cavell Pilgrimage. I also found the leaflet interesting as I did not know much about Edith Cavell. Reading through it, I saw that it was in August 1914, in Britain, that she heard of the



threat of the German invasion of neutral Belgium, where she worked as matron in Brussels first nursing school, L'École Belge d'Infirmières Diplômées. She immediately travelled back to Brussels to be with her nurses where they cared for casualties regardless of national origin.

She was born in Swardeston the eldest child of the vicar. It is said that as there were few opportunities for young women of her background, she wrote "Someday, somehow, I am going to do something useful, I don't know what it will be, I only know that it will be something for people". She trained as a nurse in London and in 1907 was invited by Belgium's leading surgeon, Antoine Depage, to become the founding director of the first professional nurses training school in Belgium. She came home each summer to Norfolk for a holiday.

Back in Belgium, in early 1915, Edith became part of an underground network to help those caught behind enemy lines, to escape. Knowing that if she was caught it would probably mean a death sentence. She was eventually arrested and imprisoned, kept in solitary confinement, and then tried and found guilty of treason. She was executed by firing squad on 12<sup>th</sup> October 1915. Edith faced death with calm courage "I have no fear or shrinking. I have seen death so often, it is not strange or fearful to me" she wrote.

Her body was returned to England in May 1919 and after a state funeral in Westminster Abbey as befits a heroine, her body was brought back home to Norfolk and is buried in the grounds of the Cathedral.

*[continued on next page]*

May I suggest that you consider undertaking the pilgrimage from Swardeston to Norwich and use it to reflect on Edith's selfless life in service to others, and how your own life measures up to that, the commitment and practice of her Christian principles.

Pilgrimages and walks are a good time for self-examination as well as relaxing and enjoyable.

#### From the book of Common prayer:

*Living God, the source of all healing and wholeness: we bless you for the compassionate witness of your servant Edith Cavell. Inspire us to be agents of peace and reconciliation in a world beset by injustice, poverty, and war. We ask this through Jesus Christ, the Prince of Peace, who lives and reigns with you and the Holy Spirit, one God, to the ages of ages. Amen.*

~John Ash~

Sunday Readings	
<b>3<sup>rd</sup> August 2025</b> <b>7<sup>th</sup> Sunday after Trinity</b>	<i>Psalm 49. 1-12</i> <i>Colossians 3. 1-11</i> <i>Luke 12. 13-21</i>
<b>10<sup>th</sup> August 2025</b> <b>8<sup>th</sup> Sunday after Trinity</b>	<i>Psalm 33. 12-end</i> <i>Hebrews 11. 1-3, 8-16</i> <i>Luke 12. 32-40</i>
<b>17<sup>th</sup> August 2025</b> <b>9<sup>th</sup> Sunday after Trinity</b>	<i>Psalm 82</i> <i>Hebrews 11. 29-12:2</i> <i>Luke 12. 49-56</i>
<b>24<sup>th</sup> August 2025</b> <b>10<sup>th</sup> Sunday after Trinity</b>	<i>Psalm 103. 1-8</i> <i>Hebrews 12. 18-29</i> <i>Luke 13. 10-17</i>
<b>31<sup>st</sup> August 2025</b> <b>11<sup>th</sup> Sunday after Trinity</b>	<i>Psalm 112</i> <i>Hebrews 13.1-8, 15-16</i> <i>Luke 14. 7-14</i>

Day	Date	We pray especially for...
Friday	1st	...for all those gardeners providing havens for wildlife in their gardens encouraging bees, birds, butterflies etc.
Saturday	2nd	... all those who are looking forward to family summer holidays.
<b>Sunday</b>	<b>3rd</b>	...for those attending services at Brooke, Bedingham and Hempnall today.
Monday	4th	...our intercessors, lesson readers and Churchwardens all who share in enabling our worship together.
Tuesday	5th	...peace in a divided world especially in the Ukraine, Israel and Palestine and other countries at war.
Wednesday	6th	... our Ministry Team (John as a Licensed Lay Minister and Liam, Tim, Jackie and Angela as Authorised Worship Assistants).

Day	Date	We pray especially for...
Thursday	7th	...our Home Communion Assistants and all whom they visit. ...all in our communities who are especially vulnerable.
Friday	8th	...all organising and attending community and social events in our villages.
Saturday	9th	... those taking part in sports activities today as part of a team.
<b>Sunday</b>	<b>10th</b>	... for fine weather for the Combined Benefice picnic service at Seething this morning.
Monday	11th	...those we know who are experiencing physical or mental ill health issues and those who provide care and support.
Tuesday	12th	...all involved in church governance, serving on Church Councils and acting as representatives in decision making and forward planning.
Wednesday	13th	... all involved in the administration of our church activities, including Frances as our administrator and our PCC Secretaries and Treasurers.
Thursday	14th	...those in our villages providing services including shops, garages and public houses.
Friday	15th	...all who volunteer in offering communal and social activities in our villages and all who participate in them.
Saturday	16th	...those gardeners looking to spring, planning for this year, perhaps thinking how to provide more wildlife friendly places.
<b>Sunday</b>	<b>17th</b>	...congregations worshipping in Kirstead and Shelton today.
Monday	18th	...our organists, singers and musicians; bell ringers, flower arrangers, 'meeters and greeters' and refreshment servers.
Tuesday	19th	...all who give generously to the work of the church, financially or in other ways.
Wednesday	20th	... those who are involved in the running of the community cafes in Brooke and Seething.
Thursday	21st	...those across the world who are marginalised or oppressed.
Friday	22nd	...all who run businesses/offer services in our communities.
Saturday	23rd	...all offering support to older people.
<b>Sunday</b>	<b>24th</b>	... those taking and attending services Brooke and Hempnall and those at home joining the zoom service this evening.