| Day Wednesday | Date 23rd | <i>We pray especially for</i> our East Anglian coastline, rivers and Broads, that we may take care of them. | |
|-------------------------|---------------------|---|--|
| Thursday | 24th | our emergency services and the dedication of those who work in them. | |
| Friday | 25th | our local businesses, that they may thrive. | |
| Saturday | 26th | all those on holiday, here or elsewhere, that they may feel refreshed. | |
| Sunday | 27th | our worship this morning at Thwaite and Hardwick and our monthly evening worship on Zoom. | |
| Monday | 28th | all trying to survive in areas of conflict, world-wide, and those seeking resolution. | |
| Tuesday | 29th | all who work in health and social care and all needing their services at this time. | |
| Wednesday | 30th | all who are homeless or at risk of being so and all who work to help them. | |
| Thursday | 31st | all who need us to pray with or for them, for whatever reason. | |

Throughout, we pray for those who especially need your help at this time, remembering: Martin, Ian, Emma, Helen, Michael, Ann, Wendy, John, Cilla

Bedingham/Woodton: Sheila, Hilary, Peter, Liz, Anne, Bruce, Harry, Sally, Richard, Susan, Marco

Fritton/Morningthorpe: Jason Hempnall: Lesley and family, Sophia, Claire, David

Long Term Care... Bedingham/Woodton: Dennis, Shirley, Jacob Fritton/Morningthorpe: Beryl Hempnall: Colin Mundham/Seething: Margaret, Nancy



Recently Deceased and Upcoming Funerals... Elizabeth Burrage, Iris Emmerson, Philip Alexander



The Brooke Benefice and The Hempnall Group Thoughts and Prayers July 2025

Let's look outwards...

Like many, I tend to rise early at this time of year, woken by the light or the dawn chorus of assorted birds. I love the early morning of stillness and quiet (raucous rooks aside), as I let my dog out in the garden and contemplate the view, wondering what the day will hold... Instinctively, I'm looking outwards and forwards.



Perhaps that's why this poem resonates so much with me and why I would like to share it (not for the first time, but no apologies for that...). It's by the late Carol Bialock, an American nun who died in 2020 after a long and unconventional life, including nearly two decades of service in Chile, where she worked in support of the mining community of Copiapó, scene of the dramatic mine rescue that so engrossed the world nearly 15 years ago.

This piece is called 'I Embrace the World this Morning'.

I embrace the world this morning, hold her in my arms in a long moment and decide never to let her go, never to return to safety, never to say, 'It's none of my business.' It is. Maybe there should be a ritual when we come of age, when we're old enough to respond, 'I do', to the most crucial question: 'Do you love this world?'

Perhaps that will be the final question: 'Have you truly, deeply, faithfully loved this world?'

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(Compiled by and for the Brooke Benefice and the Hempnall Group of Parishes)

As we look outward and forwards on these summer mornings, asking for God's guidance and support, let's also remember that the most commonly repeated phrase in the Bible, in both the Old Testament and the New Testament, is 'Fear not!' or 'Have no fear!' or 'Do not be afraid!' May that re-assure and inspire us. Amen. ~Liam Pilgrim~

Acknowledgements: (1) Image: 'Woman at a Window' by Caspar David Friedrich (1822) (Credit: Getty Images); (2) Poem by Carol Bialock in 'Coral Castles' (Newberg, OR: Fernwood Press, 2019); p. 88, used with family permission.

| Sunday Readings | | | | | | |
|---|--------|---|--|--|--|--|
| 6 th July 202 Trinity 3 | 25 | | Psalm 66:1-8 Galatians 6 [1-6], 7-16 Luke 10:1-11, 16-20 | | | |
| 13 th July 20 Trinity 4 | 025 | | Psalm 25:1-10 Colossians 1:1-14 Luke 10: 25-37 | | | |
| 20 th July 2 Trinity 5 (Patronal F St Margare | estiva | | Psalm 15 Colossians 1:15-28 Luke 10:38-end | | | |
| 27 th July 20 Trinity 6 | 025 | | Psalm 138 Colossians 2:6-15 [16-19] Luke 11:1-13 | | | |
| Day | Date | We pray espe | ecially for | | | |
| Tuesday | 1st | our local cor | nmunities and all who live and work in them. | | | |
| Wednesday | 2nd | the 2025 Women's European Championships (football) beginning in Switzerland, all who play there and all spectators enjoying the tournament. | | | | |
| Thursday | 3rd | politicians and all involved in public administration in this country, at all levels, that they may exercise sound judgement | | | | |
| Friday | 4th | the amazing | variety of wildlife in our gardens. | | | |
| Saturday | 5th | all those who | o this month are preparing for weddings. | | | |
| Topcroft; and the | | | together in services this morning at Brooke and the Summer Garden Party run by the Family Praise mall Church this afternoon. | | | |

| Day Manday | Date 7th | We pray especially for | |
|---------------|--------------------|--|--|
| Monday | 701 | our Home Communion Assistants and all whom they visit; all in our communities who are especially vulnerable; all who provide pastoral support in our parishes, in many different ways. | |
| Tuesday | 8th | all involved in in church governance across our Deanery and in our benefices, serving on church Councils and acting as representatives in decision making and forward planning. | |
| Wednesday | 9th | as we continue to re-advertise our clergy posts, all who may be called to apply. | |
| Thursday | 10th | all those needing support during Alcohol Awareness Week. | |
| Friday | 11th | all members or officers of the Church of England's General Synod at the start of its July session in York. | |
| Saturday | 12th | all who engage in sport locally and everyone who supports and encourages them. | |
| Sunday | 13th | our services this morning at Kirstead and Fritton;all gathering today in Christian worship, world-wide. | |
| Monday | 14th | all offering support to older people. | |
| Tuesday | 15th | our church premises and all involved in looking after them; our Churchwardens and Designated Persons; our Fabric Officers and Building Administrators; our cleaners and those who tend our churchyards. | |
| Wednesday | 16th | those who need the services of local foodbanks and those who make donations to them. | |
| Thursday | 17th | all involved in the administration of our church activities, including Frances as our administrator and our PCC Secretaries and Treasurers. | |
| Friday | 18th | our Ministry Team (John, Liam, Tim and Jackie), Michael as our Rural Dean, our visiting clergy; our intercessors and readers; our organists, singers and musicians; our bell ringers, flower arrangers, 'meeters and greeters' and refreshment servers. | |
| Saturday | 19th | the Gift Day for St. Margaret's Church, Hempnall this morning and for all who help to support our churches financially. | |
| Sunday | 20th | our services this morning at Brooke and at Hempnall (the latter a Patronal Festival for St Margaret, who is also Patron Saint at our churches in Hardwick, Topcroft, Kirstead and (jointly) at Seething). | |
| Monday | 21st | those across the world who are marginalised or oppressed. | |
| Tuesday | 22nd | our children at the end of term as they begin the summer holiday period; and all who teach and support them in our schools. | |
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