

Throughout, we pray for those who especially need your help at this time, remembering:

We Remember...

Martin, Ian, Emma, Helen, Micheal, Ann

Bedingham/Woodton: Sheila, Hilary, Peter, Liz, Anne, Barrie, Carolyn,

Bruce, Pat, Anthea, Harry, Sally, Kath, Richard, Susan, June

Hempnall: Lesley and family, Phillip, Sophia, Claire, David

Topcroft: Gerald, David, Roger

Long Term Care...

Bedingham/Woodton: Dennis, Shirley, Jacob

Brooke: Yvonne

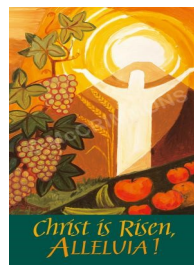
Fritton/Morningthorpe: Beryl

Mundham/Seething: Margaret, Nancy



Recently Deceased...

Dorothy Brownlee, Jennifer Sampson, Elizabeth Teat, Eileen Gallant



***The Brooke Benefice and
The Hempnall Group
Thoughts and Prayers***

May 2024

The quality of light

As one season moves to another, we experience many changes in the world that is about us. The temperature, like porridge, can be too hot, too cold or sometimes just right. The rain can sometimes never stop until, of course, it turns into a drought. The air can remain still or be blowing a gale. The variable that has always seemed to be most important to me, however, is the light. Its quantity, quality and how it impinges on our relationship with the world has always been so significant.



I particularly like the light at this time of year, late spring. For a start there's plenty of it. The days are getting much longer, allowing getting up in daylight, even for early-risers, and there's time to do things outside before settling in for the rest of the evening. It's a bright cheerful light that illuminates everything to the best advantage without the searing intensity or burning heat of later in the summer. The world it shows those of us who are lucky enough to live in Britain's maritime, temperate climate is approaching its best. The grass is still green, trees are in full leaf and the carefully tended herbaceous borders are a riot of colour.

The late spring light gives joy and encouragement to us and reminds us just how important light is to our wellbeing and our faith. The Bible starts 'In the beginning..... God said "Let there be light"And God saw that the light was good'. It is one of his countless gifts to us. At Christmas we light the candle to commemorate His Son Jesus coming into the world as a light to help His people. At Easter we lit the Paschal candle to signify the risen Christ, the light that dispels darkness, turning death into life.

So, as we enjoy the light of the sun this spring, let's also accept the light of Christ into our lives. Let's allow Him to illuminate our way through the stresses and strains of life to the life Eternal.

Sunday Readings	
5th May 2024 6th Sunday of Easter	<i>Psalm 98</i> <i>Acts 10:44-end</i> <i>John 15:9-17</i>
12th May 2024 7th Sunday of Easter	<i>Psalm 1</i> <i>Acts 1:15-17,21-end</i> <i>John 17:6-19</i>
19th May 2024 Pentecost	<i>Psalm 104:26-36,37b</i> <i>Acts 2:1-21</i> <i>John 15:26-27,16:4b-15</i>
26th May 2024 Trinity Sunday	<i>Psalm 29</i> <i>Isaiah 6:1-8</i> <i>John 3:1-17</i>

Prayers – This month

Day	Date	We pray especially for...
Wednesday	1st	...the peace of the world and a cessation of all hostility.
Thursday	2nd	...all living and working in care homes.
Friday	3rd	...the victims of natural disaster throughout the world.
Saturday	4th	...the police, fire, ambulance, coastguard and other emergency services.
Sunday	5th	...those congregations gathering today at Brooke, Bedingham and Hempnall.
Monday	6th	...the lonely and isolated that they might find companionship.
Tuesday	7th	...the schools in our benefices nurturing their pupils.
Wednesday	8th	...Julian of Norwich and all who find comfort in her writing.
Thursday	9th	...those gathering in our churches to remember the Ascension of our Lord.
Friday	10th	...charity shop volunteers giving so generously of their time to benefit others.
Saturday	11th	...all those in hospital and the staff caring for them.
Sunday	12th	...all Christians meeting and worshipping today worldwide.
Monday	13th	...those whose lives are shattered during the many conflicts afflicting the world at present.

Day	Date	We pray especially for...
Tuesday	14th	...all volunteers who freely give of their time for the benefit of others.
Wednesday	15th	...local authority workers mending our roads and providing vital services.
Thursday	16th	...our churchwardens and designated persons generously maintaining the operation of our churches.
Friday	17th	...those practising veterinary medicine as they protect the welfare of our companion and farm animals.
Saturday	18th	...climate scientists and all trying to understand and mitigate what is happening to the planet we live on.
Sunday	19th	...all seeking the descent of the Holy Spirit on them at this feast of Pentecost.
Monday	20th	...the sick and bereaved needing healing and comfort.
Tuesday	21st	...all working in the hospitality industry providing service to us often at unsocial hours.
Wednesday	22nd	...our bishops, archdeacons, clergy and all who minister in Christ's name.
Thursday	23rd	...the homeless and all suffering from want or neglect in our communities.
Friday	24th	...John and Charles Wesley and all those still inspired by their hymns and preaching today.
Saturday	25th	...all those involved with, travelling to or watching today's FA Cup final, that they may remain safe.
Sunday	26th	...the blessings of the Holy Trinity on us all today.
Monday	27th	...shop and retail workers providing services for us all.
Tuesday	28th	...an end to violence of all kinds afflicting our fellow humans.
Wednesday	29th	...those suffering from mental ill health that they might find support and relief.
Thursday	30th	...relief and aid agency staff operating in dangerous places.
Friday	31st	...our families, friends and all that we love.