

Day	Date	We pray especially for...
Sunday	28th	... peace throughout the world and wisdom allowing leaders to achieve it.
Monday	29th	... those who have recently died and their grieving families and friends.
Tuesday	30th	...ourselves with all our fears and anxieties.

Throughout, we pray for those who especially need your help at this time, remembering: Martin, Ian, Emma, Helen, Michael, Ann, Wendy, Cilla

Bedingham/Woodton: Sheila, Hilary, Peter, Liz, Anne, Bruce, Harry, Sally, Richard, Susan, Marco

Fritton/Morningthorpe: Jason

Hempnall: Lesley and family, Sophia, Claire, David

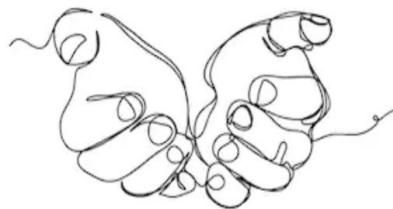
Long Term Care...

Bedingham/Woodton: Dennis, Shirley, Jacob

Fritton/Morningthorpe: Beryl

Hempnall: Colin

Mundham/Seething: Margaret, Nancy



Recently Deceased and Upcoming Funerals...

Ned Potts



The Brooke Benefice and The Hempnall Group Thoughts and Prayers September 2025

Keep your balance...

I have always loved this time of year. Most of the conventional harvest has been gathered in by the farmers and in our gardens, we may still be picking fruit, vegetables and flowers. For us beekeepers the honey has been extracted and feeding of the hives to compensate for our robbing has commenced. The weather tends to be “pleasant”, not too hot and not yet cold. School year begins with staff and pupils refreshed from their summer break and in many other ways plans are put in place for the coming twelve months. It may be time to move house or simply reorganise the furniture ready for the chillier time to come. We can look at what we’ve grown this year and put a planting scheme in place for next.

Whatever is happening I find myself reflecting on it all and thinking about the timeless rhythms of the world and the life that God has given us. Of course, I’m not the first to have thought about such things. Scripture gives us that often quoted line “*For everything there is a season, and a time for every matter under heaven:*” (Ecclesiastes 3:1). We are given a number of examples such as “*a time to plant, and a time to pluck up what is planted*”. These all contain an element of balance within them and that seems completely appropriate for a month that, on the 22nd this year, contains the Autumnal Equinox. A complete balance of the length of day and night.

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Balance is extremely important for our well-being. We must rest as much as we work or play. We should eat and drink enough for our bodily needs but not to excess. We should look after ourselves and our loved ones but never forget all those who are not as fortunate. Perhaps even more importantly we should balance our focussing on the matters of the world with our spiritual needs, perhaps with Scripture, prayer or worshipping with others. Whatever we do to maintain this equilibrium we can remember “*A just balance and scales are the Lord's; all the weights in the bag are his work.*” (Proverbs 16:11)

~Tim Francis~

Sunday Readings	
7th September – Trinity 12	<i>Psalm 1</i> <i>Philemon: 1-21</i> <i>Luke 14:25-33</i>
14th September – Trinity 13	<i>Psalm 51:1-11</i> <i>1 Timothy 1:12-17</i> <i>Luke 15:1-10</i>
21st September – Trinity 14	<i>Psalm 113</i> <i>1 Timothy 2:1-7</i> <i>Luke 16:1-13</i>
28th September – Trinity 15	<i>Psalm 146</i> <i>1 Timothy 6:6-19</i> <i>Luke 16:19-end</i>

Day	Date	We pray especially for...
Monday	1st	...those nurturing our world by fighting to eliminate waste wherever possible.
Tuesday	2nd	... for all refugees and migrants forced into seeking safe places to live.
Wednesday	3rd	...teachers and pupils returning to school at the start of a new year.
Thursday	4th	...fire fighters throughout the world as they battle to control extreme events.
Friday	5th	...foodbanks and all who volunteer in them bringing relief to the disadvantaged.

Day	Date	We pray especially for...
Saturday	6th	...all attending sporting events today, may they travel safely and enjoy their time.
Sunday	7th	...our congregations worshipping today at Brooke, Topcroft and Hempnall.
Monday	8th	...medical scientists working to alleviate the suffering of others.
Tuesday	9th	...emergency service workers giving aid to others.
Wednesday	10th	...all volunteers who maintain our churches by cleaning, mowing and repair.
Thursday	11th	... those whose mission leads them into dangerous parts of the world.
Friday	12th	... all those working to make the lives of children better.
Saturday	13th	...those taking part in retreats and quiet days seeking closer union with God.
Sunday	14th	...all those being baptised or confirmed and welcomed into the Church.
Monday	15th	...the salvation of the whole world as we mark Holy Cross Day and remember Christ's sacrifice for us.
Tuesday	16th	...residents of care homes and hospices.
Wednesday	17th	... all those celebrating their birthday today.
Thursday	18th	... those who uncomplainingly assist their less able neighbours.
Friday	19th	... our churchwardens and designated persons maintaining the operation of our churches so selflessly.
Saturday	20th	...those being licensed today as Lay Ministers in Norwich Cathedral.
Sunday	21st	...all who gather in God's bounty as we continue to celebrate the harvest.
Monday	22nd	...the natural world on this the Autumnal Equinox.
Tuesday	23rd	...those working anti-social hours in order to serve our needs.
Wednesday	24th	...our friends and families wherever they are.
Thursday	25th	...victims of violence throughout the world.
Friday	26th our bishops, clergy and ministers.
Saturday	27th	... all those in hospital and the staff caring for them.