

**Evening Prayer**  
**Monday, Tuesday and Wednesday in Holy Week**



+ In the name of the Father, and of the Son and of the Holy Spirit.  
**Amen.**

*Opening sentences*

**My soul waits for the Lord  
more than those  
who watch for the morning  
more than those  
who watch for the morning**

Out of the depths I have cried to you.

**O Lord, hear my voice.**

With my whole heart I want to praise you.

**O Lord, hear my voice.**

If you should mark my iniquities:

**Who could stand? who could stand?**

I will wait for the Lord.

**My soul waits, and in his word is my hope.**

*Expression of faith*

Lord, you have always given bread for the coming day;

**and though I am poor, help me to trust you.**

Lord, you have always given strength for the coming day;

and though I am weak, help me to trust you.

Lord, you have always given peace for the coming day;

**and though anxious of heart, help me to trust you.**

Lord, you have always kept me safe from trials;  
**and now, tried as I am, help me to trust you.**

Lord, you have always marked the road for the coming day;  
**and though it may be hidden, help me to trust you.**

Lord, you have always lightened this darkness of mine;  
**though night is here, help me to trust you.**

Lord, you have always spoken when the time was right;  
**and though you be silent now, help me to trust you.**

### **Reading/Reflection**

In the shadow of your wings  
**I will sing your praises, O Lord.**

The Lord is my light, my salvation;  
whom shall I fear?  
**The Lord is the refuge of my life;  
of whom shall I be afraid.**

In the shadow of your wings  
**I will sing your praises, O Lord.**

One thing I ask of the Lord, one thing I seek;  
**to dwell in the presence of my God, to gaze upon his holy place.**

In the shadow of your wings  
**I will sing your praises, O Lord.**

I believe I shall see the goodness of the Lord  
in the land of the living.  
**O wait, for your Lord!  
Have courage to wait, wait for the Lord.**

In the shadow of your wings  
**I will sing your praises, O Lord.**

See that ye be at peace among yourselves,  
and love one another.  
Follow the example of the good people of old  
and God will comfort you and help you  
both in this world  
and in the world which is to come.  
**Amen.**

+ In the name of the Father, and of the Son and of the Holy Spirit.  
**Amen.**