



Village News

Produced by The Hemphall Group of Parishes



Photograph by courtesy of David Ferre

March 2022

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Answers to February's Fairy Tale Quiz

1. Sleeping Beauty

2. The Little Mermaid

3. Tom Thumb

4. Jack in the Beanstalk

5. Rumpelstiltskin
6. Puss in Boots

7. The Golden Goose

8. The Frog Prince

9. Little Red Riding Hood

10. The Gingerbread Man



Winter Walks 2022

Our March
Winter walk will
take place on
**Sunday 20th
March at
Denton.** Please
meet at the
village hall car
park for the commencement of the walk at
2:00pm which will be approximately 3
miles in length along quiet country lanes
and public footpaths.



If you would like to join us please contact
either **David or Susan on 01508498223**
so we know who is coming.

There will be cake at Hempnall Church
after the walk, but please bring your own
drinks.

Food Bank

Items for our Food Bank are still needed;
we are very grateful to all who continue
to contribute during this difficult time.

Our next collections will be on:

**Sunday 6th March. Any items can be
left at Hempnall Church Office Mon-
Thu, 9am-12:30pm. Please phone**

URGENTLY NEEDED FOOD ITEMS

FRUIT JUICE *URGENT*

TINNED TOMATOES

LONG LIFE MICROWAVEABLE SPONGE

PUDDINGS

SMALL JAR COFFEE

PASTA SAUCE

COOKING SAUCE TO GO WITH RICE

Topcroft Open Gardens

Saturday [note change of day]
28th May and Sunday 29th May

11:00am - 5:00pm

£5 admission per person

Approximately 12 Gardens.

Light lunches, strawberry teas,
cakes

Vintage bus transport



HEMPNALL TRUST GRANT

From time to time we all need help be that because of ill health, disability or bereavement, relationship breakdown, lack of transport or telecommunications, and most recently Covid and its effects on work, child care and our ability to make ends meet. Residents of Hempnall who are in need or suffering hardship can uniquely apply to The Hempnall Trust for a Grant to assist them.

All applications are dealt with in complete confidence. We do not means test but as our resources are finite we will prioritise support for cases where there is a genuine need of financial assistance. Applications can be made for oneself or on behalf of another. Grant applications can be made throughout the year. Grant levels are reviewed annually by the board of Trustees against Trust Guidelines. To apply, please download, print and complete the application form from our website <http://hempnalltrust.org.uk/grants/> or collect one from the Mill, School, Surgery, Rectory or the Village Hall and return it to Jackie Jackson, Secretary to the Hempnall Trust at the address on the form. If you need help to fill in the form please telephone Jackie 07704 656458 / email.

jackson.jc@btinternet.com.

Likewise if you think a neighbour might be in difficulty, perhaps suggest they apply.

All applications are dealt with in the strictest confidence.

HEMPNALL MILL, Mill Road, Hempnall, Norwich, NR15 2LP

The LUNCH CLUB currently supplies Take Away lunches on Wednesdays and Thursdays delivered by volunteers. Table service on Thursdays. If you would like to receive meals, please apply to Margaret Sparham (contact details below).

The Mill Bar is currently closed at present.

The MILL HALL has reopened to hire for Private Functions such as parties, conferences (capacity 60people), childcare and yoga. To book please fill out the form on our website <https://www.hempnallmill.co.uk/> or telephone: 07504 699534 / email: hempnallmillcentre@gmail.com. The Mill Bar may be available on application and catering may be available by our cook Simon Wilkin tel. 01986 894560.

HEMPNALL TRUST VOLUNTEERS

The Hempnall Trust exists to serve the residents of Hempnall and is run by volunteers of all ages, expertise and interests. If you can spare the odd hour and would like to help our community, we are currently seeking the following.

Trustees to govern the operation of the Trust (especially those with Facebook

experience); please contact chairman John Kelly tel. 07771 598046 / email. johnjkelly1945@gmail.com.

Volunteers (**especially kitchen volunteers on Thursdays for the table service lunch club**) to help Margaret with the LUNCH CLUB tel. 01508 499579 (apart from Wednesday and Thursday) / 01508 499766 (Wednesdays and Thursdays) email margaretsparham@live.co.uk.

Volunteers to help run the MILL BAR (full training provided) contact Debbie Ashford tel. 01508 498242 / email. cds.debbie@gmail.com).

HEMPNALL TRUST & ALLOTMENT CHANGE OF ADDRESS

“Please note the address for the Hempnall Trust & Allotments has changed. All correspondence should be sent to Hempnall Mill Centre, Mill Road, Hempnall, Norwich. NR15 2LP
You can also contact Jackie, Secretary, on 07704 656458 or jackson.jc@btinternet.com”

HEMPNALL TRUST VACANCY

Due to the resignation of our long-standing Secretary we now have a vacancy within the Hempnall Trust (Charity Registered Number : 1074433)

The job requires about 18 hours per month (averaged over 12 months) and pay is negotiable in the region of £250 per month. The role involves attending 10 monthly Trustee meetings, taking minutes, producing reports, and advising Trustees on Charity Commission Legislation & Trust Constitution. The role also requires the secretary to pay invoices, process grants, money handling, bank deposits and recording the same in the finance system. In addition the role requires handling correspondence with various suppliers and communication email, letter and telephone) with grant applicants. If you think you have the necessary skills to apply for this varied and interesting role please contact: John Kelly, Chairman – 07771 598046 or johnjkelly1945@gmail.com

Bedingham Parish Meeting

Save the date!

Bedingham and Woodton

will be celebrating the **Queen's Platinum Jubilee**

across both Parishes on **June 5th 2022**

More details to follow ...

Wilder Connections



Volunteer to plant trees with us

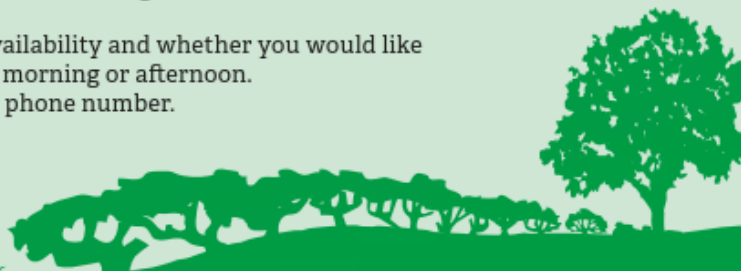


**Tuesday 22, Thursday 24 and Friday 25 February,
Tuesday 1, Wednesday 2 and Thursday 3 March**

The Wilder Connections project needs your help to plant 6500 trees across South Norfolk this Winter. The planting locations are within five miles of the village of Woodton. You are welcome to commit to half or full days on as many dates as you wish.

To take part, register your interest by emailing Sue Grime, our Claylands Community Engagement Officer at sueg@norfolkwildlifetrust.org.uk.

Please state your availability and whether you would like to do a full day, or a morning or afternoon. Please include your phone number.



Saving **Norfolk's Wildlife** for the Future

Green Recovery Challenge Fund

The Friends of Hempnall School



We've been set a huge fundraising target this year to raise money to go towards an exciting new Library space at Hempnall Primary School! We are working with the teachers and staff to bring you some exciting community events - we hope you will join us!

Dates for your diary:

Saturday 4th June - Queen's Jubilee Celebration Gala (on the school field) - details to follow!

Saturday 5th November - Hempnall Village Fireworks (yes, they are back!) at Hempnall Village Hall & Playing field .

We're also appealing to any **AMAZON shoppers** to add us as their preferred Charity on Amazon Smile....every time you shop a small donation is made to us, which over time, really adds up!

It's easy to set up...for more detailed information- please see instructions below!

How to donate to The Friends of Hempnall School easily (and with no cost to you), just via your normal Amazon shop. Please share this information with friends, family & colleagues. The more people that shop via Amazon Smile, the bigger benefit to our children at school. By shopping this way, Amazon donates 0.5% of the net purchase price (excluding VAT, returns and shipping fees) of eligible purchases to the charitable organisation of your choice.

~Katie Barnes ~

How to use AmazonSmile on a web browser:

Visit smile.amazon.co.uk

1. Sign in with the same account you use for Amazon.com
2. Select your charity (**The Friends Of Hempnall School**)
3. Start shopping!
4. Remember to checkout at smile.amazon.co.uk to generate donations for your chosen charity. Tip: Add a bookmark to make it easier to shop at smile.amazon.co.uk

How to use AmazonSmile using the Amazon app on your mobile phone:

1. Open the Amazon Shopping app
2. Navigate to the main menu (=)
3. Tap on Settings and then select "AmazonSmile"
4. Select your charity (**The Friends Of Hempnall School**) and then follow the on-screen instructions to turn ON AmazonSmile in the mobile app.

Once AmazonSmile has been activated in your app, future eligible app purchases will generate a donation for the charity you have selected. Note: The tablet app is not yet supported.

Please visit smile.amazon.co.uk/onthego to learn more.

Opportunities for Natural Flood Management (NFM) above Hempnall



Example of a leaky dam

The Environment Agency, Norfolk County Council and Hempnall Parish Council are currently exploring opportunities to help ‘slow the flow’ above Hempnall village. Slowing the downstream transportation of water during peak rainfall events can help reduce flooding to people and properties. Measures that can help ‘slow the flow’ include simple actions such as tree planting on hillslopes and along watercourses to help intercept overland runoff. Other measures include allowing water to be stored temporarily in low spots where the ground often sits wet and adding leaky dams to watercourses and ditches to physically hold water up behind them. Slowing these flow pathways to benefit communities at risk of flooding downstream is called Natural Flood Management. For more information contact helen.george@environment-agency.gov.uk Helen will be joining the Property Flood Resilience “Flood Mobile” in Hempnall Village Hall car park on Wednesday 30th March.



The Borderhoppa 2022 outings leaflet is now available. We have many trips arranged throughout the year including pub lunches, garden centres, the coast, mystery tours, boat trips and many more. You can pick up a leaflet at your local library, information centre, GP surgery, from one of our drivers or by calling the office and we’ll post one to you.

Borderhoppa outings for March 2022

Monday 7th	Lunch at The White Horse, Stoke Ash	Fare £7.00
Monday 14th	Norwich City Centre	Fare £15.00
Monday 21st	Halesworth & Lunch at The Angel Inn	Fare £15.00
Monday 28th	Beccles	Fare £10.00

Some outings do have limited space so please book early to avoid disappointment.

For more information or if you would like a copy of our 2022 outings leaflet, please contact us on 01379 854800 or email adminborderhoppa@btconnect.com.

LONG STRATTON LIBRARY

Joining the Library is free and easy.
Simply pop in with proof of address!
Here's some essential info for Long



Stratton Library:

- Just a Cuppa on Mondays at 11am
- come on in for a free cuppa and a chat with others in your local community
- Lego Club (age 4-7) on Mondays at 3.45pm
- Bounce & Rhyme every Tuesday at 2pm, with a Stay and Chat session immediately following
- Lego Club (age 8+) on Tuesdays at 3.45pm
- Stitches & Knitters on Thursdays at 4.45pm
- Baby self-weigh
- Public PCs and printing/copying services
- The Household Support Fund is available at all Norfolk Libraries. We can offer free toiletries, period products, cleaning products and thermal items including scarves, hats, blankets, socks and thermal vests to anyone in need – pop in to any library in Norfolk if this would benefit you, or someone you know. No questions asked

Opening hours:

- Monday 11am-7pm
- Tuesday 1-7pm
- Wednesday CLOSED
- Thursday 1-7pm
- Friday CLOSED
- Saturday 11am-4pm
- Sunday CLOSED

Ryan Watts, Library Manager - Diss, Harleston & Long Stratton Libraries
Norfolk County Council Library & Information Service



Mobile library timetable

Stop number	Village	Arrival time	Departure time	Stop name	Postcode
2	Hempnall	09:50	10:10	Old Market Way (Bainard Rise)	NR15 2LZ
4	Hempnall Green	10:20	10:45	Three Horseshoes	NR15 2NN
6	Topcroft	10:50	11:00	The Old Chapel	NR35 2BL
8	Topcroft	11:05	11:20	Church Road	NR35 2BH
10	Hempnall	11:25	11:40	Road Green Farm	NR15 2NQ
12	Hempnall	11:45	12:10	Millfields	NR15 2NE
14	Hempnall	12:15	12:35	Roland Drive	NR15 2RB
16	Hempnall	12:40	12:55	Fairstead Lane	NR15 2NF

DATE OF NEXT VISIT:

- 24 MARCH 2022

Route No: CEN423 Calls on: Thursday

Normally every: 28 days

Please note this information is subject to change or amendment both on a permanent and temporary basis. For all enquiries about this route please call 01603 222303.

HEMPNALL WI.

We enjoyed a lively talk by Lizzie Fox from The Rose Press Garden on the 2nd February. She told us how when she moved into her new build home her garden was just barren area and how she has developed it. 14 members enjoyed a social chat afterwards with very nice refreshments.

Our next meeting is on Wednesday 2nd March at The Mill at 7.30pm and there will be a talk 'Magistrates in the Community'. Do come and join our lively group.

For details please contact Cindy Brookes 01508 499358.

Topcroft Parish Council

Flooding Advice

HAVE YOU BEEN AFFECTED BY FLOODING?

There are many reasons why flooding occurs. If you know of any blocked ditches, culverts or other flood related problems, please send details including the area/s affected, to the Clerk to the Parish Council, to assist your Parish Council in compiling data of problem areas. Please reply to topcroftpc@gmail.com – your information will be treated confidentially.

On this leaflet we have put together a list of agencies you can contact if we have extreme rainfall again. The list is by no means exhaustive but we feel there is enough information for you to put into your address books or mobile phones.

You can also sign up with the **Environment Agency** for useful advice and alerts and they list all the advice you need to help make your home safe from flooding.

Organisations responsible for flood warnings and who are able to provide assistance in areas affected by floodwater:

Environment Agency

- Issues flood warnings for flooding from rivers, the sea and groundwater
- Receives and records details of flooding incidents.
- Monitors the situation and advises other organisations.
- Deals with emergency repairs and blockages on main rivers and own structures.
- Responds to pollution incidents.

Norfolk County Council

- Co-ordinate's emergency arrangements.
- Maintains safe conditions on the roads.
- Puts floodwater signs on the highway.
- Organises road closure and traffic closures.
- Clears blockages on highway drainage systems.
- May take action to protect property from flooding by water from the highway where there is a failure of the highway drainage system.

EMERGENCY NUMBERS & ADDRESSES

Environment Agency (EA)

FLOODLINE Tel. 0345 988 1188 or google: gov.uk/flood

INCIDENT LINE - Pollution etc. Tel. 0800 80 7060

South Norfolk Council

Tel. 01508 533633

Email: council@s-norfolk.gov.uk

Website: www.south-norfolk.gov.uk

Norfolk County Council

Blocked gullies & surface water flooding: Tel. 0344 800 8020

Sewage problems Anglia Water Services: Tel. 03457 145145

Property owners who have had internal flooding which is verified by NCC are able to apply for a grant for flood protection and resilience measures. More information can be found on our website: [Flood protection grants - Norfolk County Council](#)

Report All Incidents of Flooding to

Lead Local Flood Authority: llfa@norfolk.gov.uk

SAND BAGS & FLOOD DEFENCES

- A stock of sandbags is available at Ditchingham Village Hall and the following hubs: <https://www.southnorfolkandbroadland.gov.uk/neighbourhood-issues/sandbags-south-norfolk> for parishioners in **EMERGENCIES**, but please don't take them all – think of others. If the stock has depleted, please inform the Clerk on 07774 734411.
SNC does not have the facilities to restock sandbags out of hours.
- Empty sandbags can be purchased from Builders Merchants and filled with sand or soil and in an emergency pillowcases or strong bags can be used.
- Information on flood products to protect your home can be found at: <https://www.gov.uk/prepare-for-flooding/future-flooding>

~ Keep this information handy! ~

Many thanks to Dickleburgh & Rushall PC for allowing us to circulate this information.

LONG STRATTON MEDICAL PARTNERSHIP

Swan Lane Surgery, Swan Lane, Tharston, Norwich, Norfolk, NR15 2UY Tel: 01508 530781

2022 races ahead and as we head into March, I draw my breath remembering March 2020 when the covid -19 pandemic was declared by the WHO. The practice has faced immense challenges in the past 2 years and we have reflected and realised that there have been many positives which we hope to take forward. The practice needs your support as it expands its services to accommodate the increasing practice population that is expected with new housing. The question arises – how can our patients offer support and improve our service? One of the most effective methods is by joining our Patient Participation Group (PPG). Many of you are already aware of our PPG. We do need more members to ensure we have adequate representation of our practice population. Currently there are 11 members in our PPG. Our PPG would benefit from anyone aged 17 – 50 to make the group more representative of our practice population. The only membership requirement is that you are a registered patient at our practice.

What is a PPG?

A Patient Participation Group (PPG) is a group of patients, carers and GP practice staff who meet to discuss practice issues and patient experience to improve the service.

Purpose of a PPG:

- To give patients and practice staff the opportunity to meet and discuss topics of mutual interest.
- To provide a means for patients to become more involved and make suggestions about the healthcare services they receive.
- To explore issues from patient complaints and patient surveys, contribute to actions plans and help monitor improvements.
- To contribute feedback to the practice on National Patient Survey results and Friends and Family Test feedback to propose developments or change.
- To support health awareness and patient education

Our practice website gives more information: <https://www.longstrattonsurgery.nhs.uk/practice-information/long-stratton-newton-flotman-patient-participation-group/>

I do hope that this article will encourage you to join our PPG, especially patients in the 17 – 50 group. As we look forward beyond the pandemic, we want to ensure that the practice gets the best advice and support from an active PPG and thereby improve and expand services.

Stay safe

~Mini Nelson~

At **HEALTHWATCH NORFOLK** we are launching a project alongside Healthwatch Suffolk to find out how people affected by cancer have accessed their appointments during the pandemic. We are working with the people in charge of cancer services in Norfolk and Suffolk to help shape the way appointments are accessed in the future, so it is vital that we get as much feedback as possible to get an authentic sense of patient opinion. If you live in Norfolk or Waveney and have had a cancer diagnosis, referral, or treatment since March 2020, Healthwatch Norfolk and Suffolk would love to hear from you. If you would like to participate, please contact Healthwatch Norfolk by calling 0808 1689669, or emailing enquiries@healthwatchnorfolk.co.uk. Alternatively, the survey can be completed online by visiting www.smartsurvey.co.uk/s/cancerappointments/



Healthwatch Norfolk and Healthwatch Suffolk are the independent voices for patients and service users in our counties. We gather your views of health and social care services to ensure they are heard by the people in charge. For more information about what we do, visit our websites www.healthwatchnorfolk.co.uk and www.healthwatchesuffolk.co.uk.

IN THE EVENT OF FLOODING

0344 800 8013

**Norfolk's new one stop number
for flooding in our county**

or visit

www.norfolk.gov.uk/flooding

If you are in immediate danger call 999

The Garden in March....

Spring usually arrives by mid-March and the frequent sunny days provide the opportunity for an increasing range of gardening tasks. It's time to get busy preparing seed beds, sowing seed, cutting back winter shrubs and generally tidying up around the garden.



1. **Prune bush and climbing roses.**

2. **Plant shallots, onion sets and early potatoes.**



Onions are such a useful vegetable – they feature in so many recipes, and growing your own means you'll always have them to hand.



3. **Plant summer-flowering bulbs.**

Bulbs make a fine display planted in containers or borders, especially daffodils, snowdrops and tulips in spring. They are one of the easiest and most rewarding garden plants to grow.

4. **Lift and divide overgrown clumps of perennials.**

5. **Top dress containers with fresh compost.**

6. **Mow the lawn on dry days (if needed).**



7. **Cut back Cornus (dogwood) and Salix (willow) grown for colourful winter stems**

8. **Hoe and mulch weeds to keep them under control early.**

9. **Start feeding fish and using the pond fountain; remove pond heaters.**

10. **Protect new spring shoots from slugs.**



Thought for the month...

Hello Everyone,

Welcome to March, the third March month of the year or, if you were born before 150 B.C., the first. According to the oldest Roma Calendars, one year was 10 months long, beginning in March, ending in December. January and February were nameless months called "winter". Happy New Year!

The 31 days of March offer us many different things to enjoy:



The Lent Lily - a wild daffodil



The best mud puddles!

March 1st,

Shrove Tuesday, who can toss the highest pancakes in your home?

March 2nd

Ash Wednesday, the beginning of the season of Lent, is there someone you need to seek out and speak with?

March 4th

World Day of Prayer, we are joining with people around the world, this year focus is the UK, at 2pm, you may like to join in

[https://us02web.zoom.us/j/84231040109?](https://us02web.zoom.us/j/84231040109?pwd=VGdOVVRudGdiSG96UCt0WDZpUEc0dz09)

[pwd=VGdOVVRudGdiSG96UCt0WDZpUEc0dz09](https://us02web.zoom.us/j/84231040109?pwd=VGdOVVRudGdiSG96UCt0WDZpUEc0dz09)

Meeting ID: 842 3104 0109

Passcode: 331968

March 5th ,

World Book Day, how fortunate we are to have books and eyes to read. Why not share your favourite book with someone.

March 8th

International Women's day, in fact the whole month of March is known as Women's History Month. A time to celebrate and discover some of the amazing achievements of women past and present, people like Malala Yousafzia

https://en.wikipedia.org/wiki/Malala_Yousafzia

March 17th

St Patrick's Day. Born in Roman Britain in the 5th century, Patrick was kidnapped and brought to Ireland as a slave aged 16 years. He later escaped slavery and left Ireland but returned later and is credited with bringing Christianity to its people. Slavery still exists. Find out about child slavery in Norfolk.

[https://www.antislavery.org/slavery-today/slavery-uk/?](https://www.antislavery.org/slavery-today/slavery-uk/?gclid=Cj0KCQiApL2QBhC8ARIsAGMm-KG8NfH8vQ-XrDxP7bZCUeGEjMSUQacwyWuUrt3oNd_CaMcHXXtqNvgaAqNKEALw_wcB)

[gclid=Cj0KCQiApL2QBhC8ARIsAGMm-KG8NfH8vQ-](https://www.antislavery.org/slavery-today/slavery-uk/?gclid=Cj0KCQiApL2QBhC8ARIsAGMm-KG8NfH8vQ-XrDxP7bZCUeGEjMSUQacwyWuUrt3oNd_CaMcHXXtqNvgaAqNKEALw_wcB)

[XrDxP7bZCUeGEjMSUQacwyWuUrt3oNd_CaMcHXXtqNvgaAqNKEALw_wcB](https://www.antislavery.org/slavery-today/slavery-uk/?gclid=Cj0KCQiApL2QBhC8ARIsAGMm-KG8NfH8vQ-XrDxP7bZCUeGEjMSUQacwyWuUrt3oNd_CaMcHXXtqNvgaAqNKEALw_wcB)

March 18th 3.20am

The full moon of March, known as Worm Moon. A super moon, when the moon reaches its peak of fullness, completely illuminated by the sun, whilst close to the earth.

March 20th

Spring Equinox, the first day of spring in the northern hemisphere

March 1stMarch 31st

As the saying goes, "In like a lion out like a lamb, which will it be?"

Enjoy a month of love, laughter, caring and sharing.

With my love



liz.

A Journey through Lent...

Ash Wednesday 2nd March

We meet to mark our journey with Jesus to the cross and beyond in a service of Holy Communion in Hempnall Church at 6pm

World Day of Prayer

Friday March 4th, 2pm via zoom

This year the service comes from England, Wales and Northern Ireland. It explores the richness and diversity of the countries natural beauty and its peoples.

Meeting Link:

[https://us02web.zoom.us/j/84231040109?](https://us02web.zoom.us/j/84231040109?pwd=VGdOVVRudGdiSG96UCt0WDZpUEc0dz09)

[pwd=VGdOVVRudGdiSG96UCt0WDZpUEc0dz09](https://us02web.zoom.us/j/84231040109?pwd=VGdOVVRudGdiSG96UCt0WDZpUEc0dz09)

Meeting ID: 842 3104 0109

Passcode: 331968

Four Thursday Evenings in Lent

Exploring pressing issues of our time, see opposite for details

Three Special Sunday Services

Linking with the themes of Homelessness, Food, and Nature

Homelessness, Sunday 13th March

10.00am Hempnall Church with Dr Jan Sheldon, CEO of St Martins Housing Trust, a local charity, helping the homeless build a better life in Norwich and Norfolk

Food, Sunday 20th March 10.00am Topcroft Church

Mr Tim Turner, from the Norwich Food Bank which is part of the Tressell Trust, who is working to see the end of the need for food banks

Nature, Sunday 3rd April 10.00am Bedingham Church

Bishop Graham Usher, Bishop Graham is the leading voice on the environment in the Church of England



Sunday Evenings in Lent

A gentle evening service via at 6pm in March

“Where you there?”

Tony Billett joins us to tell more of his stories about people who met Jesus, and as a result, rethought their lives.

Meeting Link:

[https://us02web.zoom.us/j/84480050005?](https://us02web.zoom.us/j/84480050005?pwd=OXh5eU1JS3UrbnkrUjRCZGRTVjJoQT09)

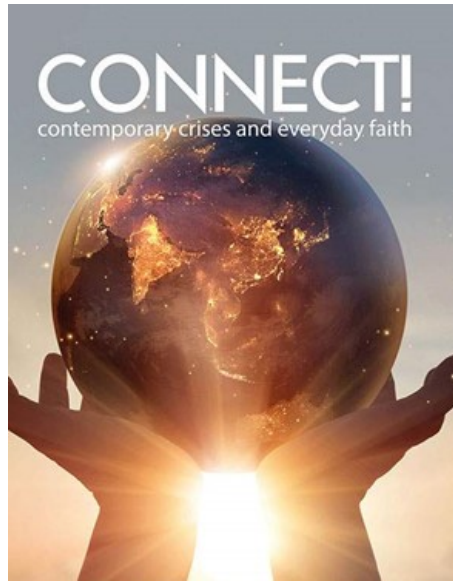
[pwd=OXh5eU1JS3UrbnkrUjRCZGRTVjJoQT09](https://us02web.zoom.us/j/84480050005?pwd=OXh5eU1JS3UrbnkrUjRCZGRTVjJoQT09)

Meeting ID: 844 8005 0005

Passcode: 429043

Mothering Sunday Services March 27th

9:30am	Family Service at Hempnall Church
11:00am	Family Service at Morningthorpe Church
11:00am	Family Service at Topcroft Church
11:00am	Family Service at Hardwick Church
6:00pm	Lent Evening Service with Julian of Norwich via Zoom



A series of 4 evenings in Lent exploring the connection between Christian faith and pressing issues of our time, asking how can we bring our faith to the worlds current problems and how does it affect our response?

with The Revd. Canon Susanna Gunner, Diocesan Advisor in Spirituality and Discipleship,
author of the Connect series of booklets.

Thursday 10th March 7.00pm via zoom Topic Homelessness

Thursday 17th March 7.00pm via zoom Topic Food

Thursday 24th March 7.00pm via zoom Topic Waste

Thursday 31st March 7.00pm via zoom Topic Nature

Link

<https://us02web.zoom.us/j/82262116244?pwd=cU1IN3VoTkZPVVZXZGYyVVJWZDVuZz09>
Meeting ID: 822 6211 6244
Passcode: 842527

You can order all booklets as printed copies or download in PDF format at
<https://www.dioceseofnorwich.org/resource/connect-booklets/>
or contact Diocesan House 01603 880853

Our Church Services...

Wednesday 2nd Mar 2022 Ash Wednesday	6:00pm Group Eucharist	Hempnall Church
Thursday 3rd Mar 2022	10:00am Holy Communion Book of Common Prayer	Hempnall Church
6th Mar 2022 1st Sunday of Lent	9:30am Eucharist	Bedingham Church
	11:00am Eucharist	Hardwick Church
	4:00 pm Family Praise	Hempnall Church
	6:00pm Lent Evening Service	Via Zoom
13th Mar 2022 2nd Sunday of Lent	10:00am Group Eucharist with Dr Jan Sheldon, St Matthews Housing	Hempnall Church
	6:00pm Lent Evening Service	Via Zoom
20th Mar 2022 3rd Sunday of Lent	10:00am Group Eucharist with Tim Turner, The Future of Foodbanks	Topcroft Church
	6:00pm Lent Evening Service	Via Zoom
27th Mar 2022 4th Sunday of Lent Mothering Sunday	9:30am Family Service	Hempnall Church
	11:00am Family Service	Morningthorpe Church
	11:00am Family Service	Topcroft Church
	11:00am Family Service	Hardwick Church
	6:00pm Lent Evening Service with Julian of Norwich	Via Zoom
3rd Apr 2022 5th Sunday of Lent	10:00am Group Eucharist with Bishop Graham, Creation & Nature	Bedingham Church
	4:00 pm Family Praise	Hempnall Church
	6.00pm Lent Evening Service	Via Zoom
Thu 7th Apr 2022	10:00am Holy Communion Book of Common Prayer	Hempnall Church

SEND A COW Garden Twinning

If you would like to support this charity there are plenty of virtual or real things to buy. Below are just three examples:



Helpful Hoe



Marvellous Mud



Little Donkey

Or if you prefer you could help us reach our Group Target of 8 gardens (£480) by making a donation.

Please send cheques (payable to the Hempnall Group of Churches) to:

Group Office, The Rectory, The Street, Hempnall, NR15 2AD
or if you prefer you can pay by Bacs to the Group fund to:

Account Name: Hempnall Group of Churches
Account No.: 00346438
Sort Code: 12-09-25
Reference: Garden Twinning

For more information please see the Send a Cow website:
<https://sendacow.org/how-it-works>



WORLD DAY OF PRAYER 2022

FRIDAY 4 MARCH

A SERVICE FOR EVERYONE

The Hempnall Group of Parishes

**Celebrating
World Day of Prayer**
at
2:00pm via zoom

Join Zoom Meeting:

<https://us02web.zoom.us/j/84231040109?pwd=VGdOVVRudGdiSG96>

Uct0WDZpUEc0dz09

Meeting ID: 842 3104 0109

Passcode: 331968

All are most welcome

I know the plans I have for you

365 days a year · Informed Prayer · Prayerful Action · 24-7 · Prayer
movement · Ecumenical · Global · Women-led · 365 days a year · Informa
tion · 24-7 · Prayerful Action · Prayer Movement · Ecumenical · Global
men-led · Women-led · 365 days a year · Women-led · Prayerful Actio
n · www.wwdp.org.uk · Ecumenical · Global · Registered Charity Number 23324215

Garden Twinning 2022

The Group charity for 2022 is Garden Twinning. This charity uses money raised to support people in African countries to enable them to develop their gardens. As a result, they can grow vegetables to nourish their families, sell surplus produce and in some cases start up small businesses.

Look out for more information on this project during the year.



Happy Birthday to....

Children

Thea Cooper who will be 9 on the 13th

Ethan Story who will be 12 on the 21st

Esme Oakley who will be 6 on the 24th

Isobelle Elizabeth Johnson who will be 11 on the 27th

Teenage

Monty Wood who will be 14 on the 6th

Briannon Mary Keeler who will be 15 on the 21st

Tiffany Lloyd who will be 15 on the 24th



From the Registers....

Baptisms

20th February 2022, River Delilah Bartlett at Hempnall Church



Need Help?....

ACCOUNTS & BOOKEEPING

ALINE TURNER ACA - bookkeeping, accounts, tax returns, payroll - 01508 550403 or 07785 528069

AGGREGATE SUPPLIERS

CARRY ALL - Supplies of quality aggregates, to Trade & Public, Free delivery, No VAT - 01508 536182 or 07850 402845

CARPENTRY SERVICES

CARPENTER - Mark Whitbread, Free quotations, No job too small - 01508 532605

CARPET & UPHOLSTORY CLEANING

CARPET AND UPHOLSTERY CLEANING - Local reasonable rates - David - 01379 608529 or 07768 757308

CHIMNEY SWEEP

CHIMNEY SWEEP - Guild of Master Sweeps, Clean & Friendly, Smoke /test/Certificates - Dave 07835 757528

CYCLE REPAIRS

BLACK CAT CYCLES - Mobile repairs & services - service@blackcatcycles.co.uk - 07996 403794

DOG WALKING

WALKS WITH SHARNIE - 07562 745609, WalksWithSharnie@gmail.com

ELECTRICIANS

ELECTRICIAN - Bob Turner - Domestic & Commercial Electrical Contractor - 07899 794813

FARM SHOPS

FARM SHOP, CAFÉ & BUTCHERY, Norwich Road, Woodton for the best Raw Milk in Norfolk - 07900 814252

FUNERAL SERVICES

R. B. COPPING FUNERAL SERVICES, PORINGLAND - 01508 494434

ROSEDALE FUNERAL HOME - Beccles & Bungay, a family business - 01986 892790 or 01502 714445

GARAGES TO LET

GARAGES TO LET - Long Stratton area, Secure, dry, insulated, power - David - 07770 587981

GROUNDWORK & GARDENING SERVICES

S. W. CONTRACTORS Groundwork, Gardens, Fences, Patios & Hedge Trimming - 01508 495528

TK GARDEN MAINTENANCE - Hedge trimming, Tree care, Lawn mowing, Garden clearance - 07858 723357

HAIR & NAIL SALONS

NEW SALON - Hempnall - Gel & Acrylic Nails, Lashes, Brows, Waxing, Hairdresser & Barber - 07872 366756

FEET - Corns, calluses, nail cutting & more, treated in you home - Wendy - 01379 676872

OSTEOPATH

OSTEOPATH - Cranial-accidents, back, headache - reception@norfolkost.co.uk - 01953 789629

PIANO TUTION

PIANO LESSONS - Bedingham - All ages welcome - Marian - 01508 482746

PAINTING & DECORATORS

PAINTING, DECORATING, FLOORING & FLOOR RESTORATION, WOOD PAINTING & STRIPPING - Seb - 07821 973612

PARISH COUNCILS

HEMPNALL PARISH COUNCIL- Website Address www.hempnallpc.org

PEST CONTROL

SAFE & SOUND HYGIENE AND PEST CONTROL & GARDEN MAINTENANCE - 01379 788865 or 07809 226109

PLANT HIRE

PETER MATTHEWSON PLANT HIRE -
Drainage & Groundworks - Please call for info.
01508 482655 or 07850 722094

PLUMBING SERVICES

OIL, GAS HEATING AND PLUMBING
SERVICES - Alan Bell - 07710 515775 or
01508 532393

PAUL CLARRY PLUMBING & HEATING - For all
your requirements - 07887 485676 or 01508
550519

PLUMBER - David Milward - Over 30 years'
experience all plumbing work - 07763
359313 or 01508 498005

CHRIS CLARKE OIL BOILER SERVICES -
Servicing: 07912 146619, Breakdowns: 07377
516660

TRANSPORT

CHRIS BAKER TRANSPORT - Man & Van -
01508 531738 or 07821 923489

UPHOLSTERY & SOFT FURNISHINGS

UPHOLSTERY & SOFT FURNISHINGS,
Woodton - outoftheburrough@gmail.com - 07771
857255 or 01508 482621

WINDOW CLEANING

WINDOW WONDERLAND - Window
cleaning services - Contact Sammy Raynes -
01508 482679 or 07975 579292

WOODBURNERS

NORFOLK WOODBURNERS -Hempnall -
Woodburner Supplier & Installer - 01508
498393



Contact us....

Liz Billett – Team Vicar
[07891 854219](tel:07891854219) or 01508 482366

Group Office, open
Mon-Thurs 9am-12.30pm

Telephone: 01508 498157

Our email:

hempnallgroup.office@btinternet.com

Our website:

www.hempnallgroup.co.uk

Items for the next issue....

of Village News should be
delivered/posted to:

Group Office, The Rectory, The
Street, Hempnall, NR15 2AD

or

Emailed

hempnallgroup.office@btinternet.com

before 15th MARCH