



Village News

Produced by The Hempnall Group of Parishes



Photograph by courtesy of David Ferre

April 2022

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Sunday 1st May Walk

A 4.5 mile walk around quiet lanes and footpaths in Saxlingham Nethergate. Meet at the Church car park at 2 pm. Please let Daphne/John know if you will be joining the walk so we don't leave without you. Tea and cakes will be provided after the walk. Tel 01508 494318 or 07801329419.



Spring and Summer Walks 2022

Date, time and place

1st May, 2.00pm, Saxlingham

12th May , 10.30am, Ketteringham

19th June, 2.00pm, Fritton/Hempnall

17th July, 2.00pm, Woodton/Topcroft

21 August 2.00pm, Hardwick/Morningthorpe

Contact

Daphne and John Joyce 01508 494318

Maggie & Michael Kingston 07546 276977

Jill Turner 01508 499344

Margaret and David Ferre 01508 482562

Josephine Murgatroyd 01508 530453

We will be joined by Bishop Alan for the June, July and August walks and details will appear in later editions of Village news

Coffee Morning Saturday April 30th 10-12pm

at

New Church Farm Fritton

Tracey Miller is walking the MacMillan marathon on May 14th.

Tracey is a midwife at Norwich Hospital.

So please come and help me to raise money and support Tracey.

Coffee Morning in aid of Ukraine



Come and enjoy coffee, cake and chat to support Ukrainian refugees

at Hempnall Mill Centre Saturday 23 April from 9.30-12.00

There will be a **raffle** and donations for this will be welcomed

Further information from Joy Allen 498236 or Jill Turner 499344

HEMPNALL TRUST GRANT

From time to time, we all need help be that because of ill health, disability or bereavement, relationship breakdown, lack of transport or telecommunications, and most recently Covid and its effects on work, child care and our ability to make ends meet. Residents of Hempnall who are in need or suffering hardship can uniquely apply to The Hempnall Trust for a Grant to assist them.

All applications are dealt with in complete confidence. We do not means test but as our resources are finite, we will prioritise support for cases where there is a genuine need of financial assistance. Applications can be made for oneself or on behalf of another. Grant applications can be made throughout the year. Grant levels are reviewed annually by the board of Trustees against Trust Guidelines.

To apply, please download, print and complete the application form from our website <http://hempnalltrust.org.uk/grants/> or collect one from the Mill, School, Surgery, Rectory or the Village Hall and return it to Sarah Batchelor, Secretary to the Hempnall Trust, Hempnall Mill, Mill Road, Norwich NR15 2LP. If you need help to fill in the form, please telephone Sarah 07765 030209/01508 499406/email hempnalltrust@gmail.com

Likewise, if you think a neighbour might be in difficulty, perhaps suggest they apply.

All applications are dealt with in the strictest confidence.

THE HEMPNALL TRUST IS PLEASED TO ANNOUNCE THE APPOINTMENT OF SARAH BATCHELOR AS OUR SECRETARY WITH IMMEDIATE EFFECT.

Sarah is involved with various activities in the village so we feel she will be a great asset to The Trust.

We would also like to express our thanks to Jackie Jackson for her years of working with us and wish her happiness and success in her future life and career.

HEMPNALL MILL, Mill Road, Hempnall, Norwich, NR15 2LP

The LUNCH CLUB currently supplies Take Away lunches on Wednesdays and Thursdays delivered by volunteers. Table service on Thursdays. If you would like to receive meals, please apply to Margaret Sparham (contact details below).

The Mill Bar is currently closed at present.

The **MILL HALL** has reopened to hire for Private Functions such as parties, conferences (capacity 60people), childcare and yoga. To book please fill out the form on our website <https://www.hempnallmill.co.uk>

telephone: 07504 699534 / email: hempnallmillcentre@gmail.com.

The Mill Bar may be available on application and catering may be available by our cook Simon Wilkin tel: 01986 894560 / 07999 349715.

HEMPNALL TRUST VOLUNTEERS

The Hempnall Trust exists to serve the residents of Hempnall and is run by volunteers of all ages, expertise and interests. If you can spare the odd hour and would like to help our community, we are currently seeking the following. Trustees to govern the operation of the Trust; please contact chairman John Kelly tel. 07771 598046 / email. johnjkelly1945@gmail.com.

Volunteers (**especially kitchen volunteers on Thursdays for the table service lunch club**) to help Margaret with the LUNCH CLUB tel. 01508 499579 (apart from Wednesday and Thursday) / 01508 499766 (Wednesdays and Thursdays) email margaretsparham@live.co.uk.

Volunteers to help run the MILL BAR (full training provided); contact Debbie Ashford tel. 01508 498242 / email. cds.debbie@gmail.com).

HEMPNALL TRUST & ALLOTMENTS

WE ARE PLEASED TO ANNOUNCE THE APPOINTMENT OF IAN NELSON AS OUR SECRETARY WITH IMMEDIATE EFFECT.

Ian's contact details are as follows:

Ian Nelson BF FCA CT CLCA

Secretary & Treasurer of The Church & Town Estates Property Charity

Registered Charity No: 209148

Email: ctepropertycharity@gmail.com

Telephone: 07752 490884

Correspondence: c/o Karinya, Bungay Rd, Hempnall, Norwich, Norfolk, NR15 2NG

Woodton Village Litter Pick

Woodton will be carrying out their **Village Litter Pick on Saturday 30th April 2022 at 9.00am**. Please meet by the Village Shop. Woodton Parish Council now owns its own Litter Picking Equipment, but you might like to bring along a pair of gloves.

Please come along and help - the more the merrier and, therefore, the easier the job!

~Woodton Parish Council~



TOPCROFT PHOTOGRAPHIC COMPETITION

This year's competition will be held on Saturday 10th September 2022 at Topcroft Church, to raise funds for the church. This year there will be a separate class for young people age 12 and under.



Categories this year will be:

Wildlife
Architecture
Landscape/Seascape

You may enter up to five photographs per category. Entry fee £1 per photograph. Photographs should be no larger than 12" x 8" (A4) and be in a simple mount. No professional photographers please. Entries must not have been offered for sale or have won other competitions.

Details relating to entry will be in the August edition of Village News.
(Any enquiries please phone David and Margaret Ferré - 01508 482562).

SAXLINGHAM (SAXON) BOWLS CLUB

Club Open Day at 1.30pm on **Saturday 30th April** on the Saxlingham Playing Field Bowls Green

If you are thinking of taking up a new sport
Come along and have a go at Bowls at our friendly Club.
Free coaching for beginners.

Experienced Bowlers who are seeking a change are welcome too.

Contact: Chris Lacey on 01508 499700

Bedingham Parish Meeting

Save the date!

Bedingham and Woodton

will be celebrating the **Queen's Platinum Jubilee**
across both Parishes on **June 5th 2022**

More details to follow ...

Do you enjoy knitting?



Please help us to provide knitted sheep to give the children at Christmas and Poppies for Remembrance Sunday. You can knit these at home in your own time or, if you prefer, there will be opportunities to do this with others at Knit & Natter sessions in Topcroft and Hempnall. (For further details please contact please contact Jackie Leggett on 01508 482267 for Topcroft and Shirley Mayer on 01508 499465 for Hempnall).

Knitting patterns for Sheep and Poppies are published on the following pages.

If you have any odd bits of wool you would like to donate please drop them into the Group Office (for address see back page). All poppies should be dropped off at the group office by 3rd October and all sheep by 7th November

Happy Knitting!

Pattern for the sheep



I used DK yarn for the head, body, legs and ears and size 2.75 mm needles (US size 2). This finer needle gives the required tighter fabric.

Different yarns vary in the way they knit up but here is the pattern I used. Please adjust if necessary to suit your own requirements. I experimented with stocking stitch and reverse stocking stitch, both are suitable, it's a matter of personal choice.

Body - Cast on 14 stitches, knit 16 rows. With a large sewing needle take the stitches off onto a length of yarn and draw up. With wrong sides facing stitch the long edges together. You should now have a tube. Turn to the right side, stuff and draw up the open end to make a fat sausage shape.

Legs (knit 4) - Cast on 6 stitches and knit 8 rows. Cast off. Roll up the knitted piece as tightly as you can to form a tiny sausage shape and stitch down the open edge (no stuffing required). Stitch the tops of the legs to the body as shown above.

Head - Cast on 9 stitches and knit 10 rows. Take stitches off onto a sewing needle and draw up. With right side facing (because head is too small to turn inside-out) neatly oversew the long edges together. Lightly stuff the head and gather the open end. To give the head a realistic curved shape push the threaded needle from the nose end through the head and out of the top. Pull until you have the required curved shape then fasten off. Decide which end is better for the nose and stitch the head to the body (see picture above).

Ears (knit 2) - Cast on 3 stitches and knit 2 or 3 rows. Remove stitches onto sewing needle and draw up, this makes the pointed end of the ear. Oversew down the ear to the base and stitch it to the top of the head (see picture above).

Now you can give the sheep a face. I used embroidery floss.

Now comes the fun part...dressing the sheep. You can create different coats

from different yarns, in other words anything goes!

I used 3.75 mm (US size 5) to make a soft fabric.

Basic coat - Cast on 10 stitches and knit the required number of rows to wrap over the sheep's back from one side to the other. Cast off. Fold in half and with wrong sides facing. Stitch together the edges at one end to form the back end and a very short seam (about 1cm) at the front. This will fit under the sheep's head. You must leave an opening large enough at this end for the sheep's head to pass through. Turn right side out.

Pattern by permission from Wendy Phillips, Flutterby Patch, <https://flutterbypatch.blogspot.com/>

Knitted Poppies

For the best finish, knit with a Double Knit (DK yarn).

The size of needle you choose will determine how big the poppy will be, but we recommend 3.5mm or 3.75mm (UK9).

If you have different yarn left in your stash, just use that and the appropriate needle size.



If you have any problems with any of the techniques in the poppy patterns - and you have access to the internet - you will find lots of tutorial videos on youtube.

EASY GARTER/KNIT STITCH PATTERN FOR BEGINNERS

Colour A Red (one ball will make a lot of poppies!)

Colour B Scrap of Black or a black button

Body of Poppy

Using Col A cast on 120 stitches.

Rows 1-4 Knit

Row 5 Knit 3 stitches together across the row(40 stitches)

Rows 6-9 Knit

Row 10 Knit 2 stitches together across the row(20 stitches)

Rows 11-14 Knit

Row 15 Knit 2 stitches together across the row(10 stitches)

Cut yarn leaving a tail of about 20cm

Thread tail through yarn needle and slip all the remaining live stitches onto the yarn tail and pull tight. Pull around into a circle and then mattress stitch (or use whatever stitching you normally use) to seam for an invisible seam.

Sew in ends.

Centre of Poppy

Using B, cast on 16 sts. Cast off. Coil into a tight spiral and sew base to the centre. Or use a black or green button with 4 holes and sew to centre of poppy. Add pin.

EASY RIBBED POPPY PATTERN

Colour A 1 ball red yarn (this will make a lot of poppies)

Colour B Scrap of black yarn or black button

Body of Poppy

Using Col A Cast on 60 stitches

Row s1 -10 : K2, P2 across whole row (for a slightly smaller poppy do 8 rows of rib).

Row 11 : Knit 2 stitches together across the row (30 stitches).

Row 12 : Slip 1 stitch, Knit 2 stitches together then pass the slip stitch over... repeat across the whole row (10 stitches).

Break off yarn with long tail and thread back through remaining stitches and pull tight.

Join edges with mattress stitch

Centre of Poppy

Using B, cast on 16 sts. Cast off. Coil into a tight spiral and sew base to the centre. Or use a black or green button with 4 holes and sew to centre of poppy. Add pin.

Topcroft Church Room Charity

Are you, or do you know of anyone in the Parish of Topcroft, who is about to embark on a further education course? There are funds available for books, course fees, materials or equipment. The trustees would be glad to hear from anyone young or not so young.

This would be in complete confidence.

For further information please contact Jackie Leggett:
01508 482 267

Bedingham 59 Club Results

1st Jan	42	A Binks
8th Jan	27	P Warner
15th Jan	4	J Burrage
22nd Jan	28	T Gunson
29th Jan	46	Spare
5th Feb	48	J & S Jarvis
12th Feb	49	Spare
19th Feb	26	P Marriner
26th Feb	20	B Seaman
5th Mar	48	S & J Jarvis
12th Mar	16	L Beveridge

FREE



Talks

for Community & Social Groups

We can offer an online version or socially distanced talks - please get in touch to discuss options.



Contact Paige at
Dogs Trust Snetterton
E: paige.pope@dogstrust.org.uk
T: 01953 497912

Registered charity number: 227028 & 80022960

Bacon Butties are back!

At The Chequers, Mill Road, Hempnall

On Wednesday 4th May 9.30am to 12.00 noon

Eat in or take away

Also: produce, books and raffle

Orders may be made in advance by contacting

Jill Turner 499344

All proceeds in aid of St. Margaret's Church



On Easter Saturday 16th April, we hope to see hundreds of people gathering to watch Saltmine Theatre Company perform a modern Passion play on the streets of Norwich. They performed the same play in Birmingham City Centre two years ago, and got a wonderful reception, & impacted many people. This is a great opportunity for people to hear & experience the gospel message. This is a free event, with two performances at 11.00 & 3pm, lasting just over 1hour, happening in the squares in front of Next, & the Forum.



Stewards are still needed, if you can help email on :

passionplay@celebratenorfolk.co.uk

<mailto:passionplay@celebratenorfolk.co.uk>. You can watch a promotional video: <https://youtu.be/GqL9wOWxGYk> <<https://youtu.be/GqL9wOWxGYk>>

Topcroft Open Gardens

Saturday [note change of day]
28th May and Sunday 29th May
11:00am - 5:00pm
£5 admission per person
Approximately 12 Gardens. Light lunches, strawberry teas, cakes
Vintage bus transport



Food Bank

Items for our Food Bank are still needed; we are very grateful to all who continue to contribute during this difficult time.

Our next collections will be on:

Sundays 3rd April & 1st May. Any items can be left at Hempnall Church Office Mon-Thu, 9am-12:30pm. Please phone before arrival - 498157

URGENTLY NEEDED FOOD ITEMS

FRUIT JUICE *URGENT*
TINNED TOMATOES
LONG LIFE MICROWAVEABLE SPONGE PUDDINGS
SMALL JAR COFFEE
PASTA SAUCE
COOKING SAUCE TO GO WITH RICE

Bedingham Parish Meeting

Notice that the Parish Annual General Meeting

will be held on **April 12th at 7pm** in **Woodton Village Hall**

**** All Parish residents are warmly invited to attend ****

The Agenda and Minutes will be circulated beforehand

Please email: Bedinghamparish@gmail.com

if you would like to be added to the circulation list.

Easter Egg Hunt!

Friends of Saxlingham School will be hosting Saxlingham Easter Egg Hunt on Saturday 16th April between 10am and 4.30pm.

Teas, coffees and cakes will be available all day at Saxlingham Village Hall, and Easter Egg Hunt entry sheets will also be available from Saxlingham Village Hall priced at £2 each. All completed entries will be entered into an Easter Egg raffle. All proceeds will go towards raising funds for new playground equipment at Saxlingham Nethergate Primary School.

Everyone welcome.



Morningthorpe and Fritton Annual Litter Pick!

Morningthorpe and Fritton will be carrying out their Annual Village Litter Pick on **Saturday 23rd and Sunday 24th April**. Litter Picking Equipment will be available from the starting at the Old Rectory in Fritton (you may want to bring your own gloves). Litter is to be left at the Kiosk behind seats for council to pick up.

All welcome! - The more the merrier!



The Queen's Platinum Jubilee Celebration in Fritton & Morningthorpe



On Friday 3rd June, the villages of Fritton and Morningthorpe are celebrating Her Majesty the Queen's Platinum Jubilee.

Between the hours of 11am and 3pm, we will be serving tea, coffee and Pimm's, with cake and sausage rolls at Friar's Farm, Morningthorpe.

Although space is not limited, it would be advantageous to be able to 'position' the stalls in the driveway in advance. If you would like to have your own stall, please contact Judith Bamber, Mary Sargent or Susanna Cooper so we can plan the space accordingly.

So far stalls will include a 'bottle stall' (tombola), a children's stall serving lemonade, a plant stall and hopefully a second-hand book stall.

If you would like to make any donations to these, or to a bric-a-brac stall, please contact Mary Sargent: marysarg2020@gmail.com or 01508 530269 in order to make arrangements to leave them in her porch. It would be especially helpful if donations for the bottle stall could be made before the party!

There will also be a prize for the best portrait of Her Majesty The Queen.

The proceeds from this event will go towards the costs of the recent electrical works at Morningthorpe church.

We look forward to hearing from you and, of course, to seeing you on Friday 3rd June between 11am-3pm.

IN THE EVENT OF FLOODING

0344 800 8013

Norfolk's new one stop number
for flooding in our county

or visit

www.norfolk.gov.uk/flooding

If you are in immediate danger call 999



The Borderhoppa 2022 outings leaflet is now available. We have many trips arranged throughout the year including pub lunches, garden centres, the coast, mystery tours, boat trips and many more. You can pick up a leaflet at your local library, information centre, GP surgery, from one of our drivers or by calling the office and we'll post one to you.

Borderhoppa outings for April 2022

Mon 4th	Dobbies Garden Centre, Bury St Edmunds	£15.00
Thu 7th	Afternoon Tea, Gissing Community Centre (includes fare & afternoon tea)	£15.00
Mon 11th	North Norfolk Railway & Sheringham	£15.00
Thu 14th	Lathams, Potter Heigham & lunch at Poppylands	£15.00
Thu 28th	Alder Carr Farm Shops & Café	£10.00

Some outings do have limited space so please book early to avoid disappointment.

For more information or if you would like a copy of our 2022 outings leaflet, please contact us on 01379 854800 or email adminborderhoppa@btconnect.com.

HEMPNALL WI.

March saw 14 members and 2 visitors meet for a very interesting talk on The Role of Magistrates in the Community. Gill Pearson JP and Brenda O'Dowd JP gave a very interesting talk with visual aids. They then gave us a scenario to work out in groups of four to decide what course of action should be taken if the person was found guilty of the crime. Refreshments were served with members socialising afterwards.

If you would like to join us our next meeting (with a view to maybe joining us) is at **The Mill on Wednesday 6th April at 7.30pm**. Our speaker will be Lisa Fountain on "Recycling in South Norfolk".



Mobile library timetable

Stop number	Village	Arrival time	Departure time	Stop name	Postcode
2	Hempnall	09:50	10:10	Old Market Way (Bainard Rise)	NR15 2LZ
4	Hempnall Green	10:20	10:45	Three Horseshoes	NR15 2NN
6	Topcroft	10:50	11:00	The Old Chapel	NR35 2BL
8	Topcroft	11:05	11:20	Church Road	NR35 2BH
10	Hempnall	11:25	11:40	Road Green Farm	NR15 2NQ
12	Hempnall	11:45	12:10	Millfields	NR15 2NE
14	Hempnall	12:15	12:35	Roland Drive	NR15 2RB
16	Hempnall	12:40	12:55	Fairstead Lane	NR15 2NF

DATE OF NEXT VISIT:

- 21 April 2022
- 19 May 2022
- 16 June 2022
- 14 July 2022
- 11 August 2022
- 08 September 2022
- 03 November 2022
- 01 December 2022
- 29 December 2022
- 26 January 2023
- 23 February 2023 • 23 March 2023

Route No: CEN423 Calls on: Thursday Normally every: 28 days

Please note this information is subject to change or amendment both on a permanent and temporary basis. For all enquiries about this route please call 01603 222303.

LONG STRATTON MEDICAL PARTNERSHIP

Swan Lane Surgery, Swan Lane, Tharston, Norwich, Norfolk, NR15 2UY Tel: 01508 530781

As you read this month's magazine, we would officially have entered the season of Spring 2022. Spring brings in a sense of hope, a sense of new life and a sense of brighter and warmer days. In this month's article, I am quite excited as I introduce our new GP, Dr Amy Hodgson, who has taken over some of the patient's list from Dr Verity Lowndes -Burt who left us in January. Amy was our GP Registrar and some of you may have met her in the past 2 years. The practice and the partnership welcome Amy warmly in her new role as a GP. Having helped with her training and development from a junior doctor to a fully qualified GP, all of us in the practice have a sense of pride and feeling of fulfilment. Amy agreed, without any hesitance, to write about herself and this what she has to say:

I am originally from Cambridgeshire and spent some time growing up in North Yorkshire too before moving back to East Anglia in my teens. I trained in Norwich at UEA and graduated in 2013. After completing my foundation years, I joined the GP training programme and first worked at LSMP in 2015, before moving into secondary care with the training programme. I then rotated through various departments at the NNUH, did some public health and research work and had my two children before returning to LSMP in 2020 to complete my training. I am really excited to be 'back' as a fully qualified GP!

I am passionate about lifestyle medicine and promoting good physical and mental wellbeing wherever possible. I truly value being able to get to know my patients within their own context. This year I am planning some project work around how to make general practice more sustainable, or 'green', and am excited at the prospect of doing some work with our practice and local population. I am also interested in women's health and would love in future to develop some patient group education programmes.

I live in Wymondham with my partner who is an anaesthetic trainee, and our two boys, who are 3 and 5. We love anything outdoors and are challenging ourselves to spend 1000 hours outside in 2022. We have very happily just started work on an allotment, so I am looking forward to lots of home-grown veggies and cut flowers. When I'm not out exploring Norfolk, I am usually found reading, baking or stitching.

A very warm welcome dear Amy and looking forward to working with you!

Stay Safe

~Mini Nelson~

At **HEALTHWATCH NORFOLK** we are launching a project alongside Healthwatch Suffolk to find out how people affected by cancer have accessed their appointments during the pandemic. We are working with the people in charge of cancer services in Norfolk and Suffolk to help shape the way appointments are accessed in the future, so it is vital that we get as much feedback as possible to get an authentic sense of patient opinion. If you live in Norfolk or Waveney and have had a cancer diagnosis, referral, or treatment since March 2020, Healthwatch Norfolk and Suffolk would love to hear from you. If you would like to participate, please contact Healthwatch Norfolk by calling 0808 1689669, or emailing enquiries@healthwatchnorfolk.co.uk. Alternatively, the survey can be completed online by visiting www.smartsurvey.co.uk/s/cancerappointments/



Healthwatch Norfolk and Healthwatch Suffolk are the independent voices for patients and service users in our counties. We gather your views of health and social care services to ensure they are heard by the people in charge. For more information about what we do, visit our websites www.healthwatchnorfolk.co.uk and www.healthwatchesuffolk.co.uk.



DESPERATELY SEEKING DRIVER VOLUNTEERS!

Do you have SPARE TIME and a desire to HELP OTHERS?

Paul King (volunteer) says, “I particularly like taking the older people out for day trips – going to care homes to pick them up. It’s good, it’s fun, I really enjoy it.

You are bringing a bit of light into their lives because they are often living a very lonely existence. There is a social aspect to the work, they enjoy meeting old friends as well as chatting to people they’ve never met before.

It’s satisfying to see when people are grateful and knowing you are fulfilling an essential role for the community. Without this service I think a lot of people would really, really struggle.

The BACT team take everything seriously from training to safety to maintenance of vehicles; making sure drivers are OK to drive.”

If this sounds appealing and you would like to know more, please contact us on 01986 896896. | www.bactcommunitytransport.org.uk

The Garden in April - Sunshine and Showers...

Spring is finally in evidence as daffodils and flowering trees continue to bloom after the sunny days in March! Expect April showers this month but with sunny days too, when you can turn your attention to the lawn. It's an exciting month, with indoor-sown seeds well into growth, and it's also time to start sowing outdoors. Just watch out for frosts.



1. **Sow hardy annuals, herbs and wild flower seed outdoors**

Sowing seeds outdoors is an easy, inexpensive and fun way to grow new plants. It's ideal for a wide range of hardy flowers and vegetables.



2. **Protect fruit blossom from late frosts**

Most top fruit and soft fruit are very hardy but once they start into growth in spring, flowers and buds are especially vulnerable to frost and may need protection to crop well.

3. **Keep weeds under control**

4. **Start to feed citrus plants**

5. **Increase the water given to houseplants**

6. **Feed hungry shrubs and roses**

7. **Tie in climbing and rambling roses**

Rose pruning ensures that plants grow vigorously and flower well each year. Although often considered complicated, rose pruning is not difficult if you look up a good guide.



8. **Sow new lawns or repair bare patches**

9. **Prune fig trees**

10. **Divide bamboos and waterlilies**



Thought for the month...

Hello Everyone,

How can we celebrate Easter when we find ourselves in the midst of so much tragedy and suffering? The question “why” does not easily die away, it just gets asked with ever greater passion. Jesus hurled the same question to his God as he died. We too are constantly faced with the dark dimensions of human nature which can, at times, cause even the most resilient spirit to quiver and quake, and there are times in all our lives when we feel despondent, broken and defeated, there seems to be no real hope in the world.

This is exactly how those first followers of Jesus felt after his death. Their hopes were dashed, they had not stood up for him, they deserted him, they denied him and generally made a mess of things. No wonder they went to ground wondering what the future held. But it was not the end for Jesus rose from the dead giving hope and a way forward when there seemed to be none. God still breaks through with new life and possibilities in the most dire of circumstances and can do so now, where we are and how we are today.

The first experience of Easter for Jesus followers was of love and forgiveness. It came in ordinary yet unexpected ways they didn't understand at the time. The risen Jesus was mistaken for a gardener, a stranger who came alongside, joined in a walk and



accepted an invitation to share a meal, cooked breakfast for a group of all-night workers. They were all overwhelmed to discover that God still loved them and was not going to let them go ever again. The same is true for us today.

Easter is the promise of God for our broken world. In the midst of war, pandemics, disasters of many kinds, a new way is possible. Evil and injustice will be wiped away. True peace will reign. Easter is a vision of the future with God.

Perhaps this Easter we may know again, in spite of all our faults and failings as individuals and as a world we can never put ourselves out of the reach of God's love, and so go on to grasp the fresh start that awaits each of us every day.

With my love

A handwritten signature in grey ink that reads "Liz".

What's on in Lent, Holy Week and Easter

Lent

Sunday 3rd April

10.00am at Bedingham Church

The Right Reverend Bishop Graham Usher joins us to offer his reflections on how we may care for the world around us.

Palm Sunday

10th April 10.00am at The Mill Centre

We join with Jesus in his last journey to Jerusalem, waving branches and singing hymns. We gather in Hempnall church to hear the last hours of his life and receive our palm crosses.

Lent Evening Services

Our gentle evening services continue with stories of two more people who met Jesus and rethought their lives.

Sunday 3rd and Sunday 10th April 6pm via zoom

[https://us02web.zoom.us/j/84480050005?](https://us02web.zoom.us/j/84480050005?pwd=OXh5eU1JS3UrbnkrUjRRCZGRTVjJoQT09)

[pwd=OXh5eU1JS3UrbnkrUjRRCZGRTVjJoQT09](https://us02web.zoom.us/j/84480050005?pwd=OXh5eU1JS3UrbnkrUjRRCZGRTVjJoQT09)

Meeting ID: 844 8005 0005

Passcode: 429043

Holy Week

We journey with Jesus in the last hours of his life

Monday, Tuesday and Wednesday

11th, 12th, 13th April 6pm via zoom

[https://us02web.zoom.us/j/86093377396?](https://us02web.zoom.us/j/86093377396?pwd=a0RGM2xqMFdoMWlQUzF2VWVh2anVUUT09)

[pwd=a0RGM2xqMFdoMWlQUzF2VWVh2anVUUT09](https://us02web.zoom.us/j/86093377396?pwd=a0RGM2xqMFdoMWlQUzF2VWVh2anVUUT09)

Meeting ID: 860 9337 7396

Passcode: 965048

Maundy Thursday

Thursday 14th April 6pm in Topcroft Church

We join with Jesus in the last meal shared with his friends and wait with him in the garden of Gethsemane.

Good Friday

The Way of the Cross and Creation

10.00am Topcroft Church

10.40am Fritton Church

11.20am Hempnall Church

At each place we pause to remember Jesus' journey to the cross, the love and burden he bore for us all. We remember also the burden we are placing on creation. Jesus died and rose again for love of all creation of which we are a part.

The Last hour of Jesus' Life is Remembered

2.00pm The Way of the Cross via zoom

[https://us02web.zoom.us/j/83418542986?](https://us02web.zoom.us/j/83418542986?pwd=VXdrZGJzM0tqNVNBSTE3Q0pHN0x0UT09)

[pwd=VXdrZGJzM0tqNVNBSTE3Q0pHN0x0UT09](https://us02web.zoom.us/j/83418542986?pwd=VXdrZGJzM0tqNVNBSTE3Q0pHN0x0UT09)

Meeting ID: 834 1854 2986

Passcode: 018965

In the quiet of the evening we look back over the day's events

6pm at Bedingham Church

Easter Day

Sunday 17th April

Lighting the Easter Candle

6.30am Topcroft Church

Family Service and the Easter Story

9.30am Hempnall Church

11.00am Topcroft Church

11.00am Hardwick Church

Easter Communion

9.30am Woodton Church

11.00am Fritton Church

Michael Returns with Vintage Bus

Sunday 15th May 2022

Join us in a journey round our villages enjoying the beauty of village, church and countryside.



10.00am Start at Hempnall Mill
Centre for Coffee

10.30am Board bus and proceed to
Woodton

10.45 am Arrive at Woodton Village
Hall

11.30 am Continue to Topcroft via
Bedingham church

11.45am Arrive at Topcroft church

Bring your own picnic lunch

1.00pm Move on to Hardwick

1.15pm Arrive Hardwick Village
Hall

1.30pm Proceed to Fritton
Common via Shelton and
Morningthorpe churches

1.50pm Arrive at Common

2.20pm Leave for Hempnall Mill
Centre for tea.

There is parking at Hempnall Mill Centre and you can travel in the bus or follow by car. All are welcome to take part in the full circuit or join in at any time. To book a seat please contact Frances in the Group Office
Phone: 01508 498157 or Email: hempnallgroup.office@btinternet.com

Garden Twinning 2022



The Group charity for 2022 is Garden Twinning. This charity uses money raised to support people in African countries to enable them to develop their gardens. As a

result, they can grow vegetables to nourish their families, sell surplus produce and in some cases start up small businesses.



These are some of the things you can buy to support the Garden Twinning charity.

Look out for them at events this summer or find out more from their website.



If you would like to support this charity there are plenty of virtual or real things to buy. Below are just three examples:



Helpful Hoe



Marvellous Mud



Little Donkey

Or if you prefer you could help us reach our Group Target of 8 gardens (£480) by making a donation.

Please send cheques (payable to the Hempnall Group of Churches) to:

Group Office, The Rectory, The Street, Hempnall, NR15 2AD

or if you prefer you can pay by Bacs to the Group fund to:

Account Name: Hempnall Group of Churches

Account No.: 00346438

Sort Code: 12-09-25

Reference: Garden Twinning

For more information please see the Send a Cow website:
<https://sendacow.org/how-it-works>

Our Church Services...

3rd Apr 2022 5th Sunday of Lent	10:00am Group Eucharist with Bishop Graham, Creation & Nature	Bedingham Church
	4:00 pm Family Praise	Hempnall Church
	6.00pm Lent Evening Service	Via Zoom
Thu 7th Apr 2022	10:00am Holy Communion Book of Common Prayer	Hempnall Church
10th Apr 2022 Palm Sunday	10:00am Procession with Palms from the Mill Centre to Church for Group Eucharist	Hempnall Church
	6:00 pm Passiontide Evening Service	Via Zoom
11th Apr 2022 Mon. of Holy Week	6:00pm Evening Service	Via Zoom
12th Apr 2022 Tue. of Holy Week	6:00pm Evening Service	Via Zoom
13th Apr 2022 Wed. of Holy Week	6:00pm Evening Service	Via Zoom
14th Apr 2022 Maundy Thursday	6:00pm Eucharist of Maundy Thursday followed by The Watch	Topcroft Church
15th Apr 2022 Good Friday	Stations of Creation with the Cross of Jesus	
	10:00am Topcroft Church	
	10:40am Fritton Church	
	11:20am Hempnall Church	
	2:00pm The Way of the Cross	Via Zoom
	6:00pm At the Foot of the Cross	Bedingham Church

17th Apr 2022 Easter Day	6.30 am Lighting the Easter Candle	Topcroft Church
	9:30am Eucharist	Woodton Church
	9.30am Family Service and The Easter Story	Hempnall Church
	11:00 am Eucharist	Fritton Church
	11:00 am Family Service and The Easter Story	Topcroft
	11:00 am Family Service and The Easter Story	Hardwick Church
24th Apr 2022 2nd Sun. of Easter	10:00am Group Easter Eucharist	Bedingham Church
	6:00pm Easter Evening Service	Via Zoom
1st May 2022 3rd Sunday of Easter	10:00am Group Eucharist	Woodton Church
	4:00 pm Family Praise	Hempnall Church
Thursday 5th May 2022	10:00am Holy Communion Book of Common Prayer	Hempnall Church

The Revd. Liz Billett to retire as Team Vicar from the Hempnall Group of Parishes in July 2022

It may come to your attention soon that I shall be retiring at the end of July; my last Sunday service will be on 3rd July.

I am sure there will be many occasions for us to say farewell to each other but I just wanted to take this opportunity to say an enormous thank you for making me so welcome over the last 20 years. It has been wonderful time and a real joy to share life with you. I have served with two exceptional priests in Conal Mahony and Michael Kingston and have received so much, more than you will ever know, from this special place and you its special people that will remain with me always.



Happy Birthday to....

Children

Hector Albert Keal who will be 7 on the 1st

Matthew James Buck who will be 11 on the 12th

Elliott Storey who will be 9 on the 12th

Harriet Rush who will be 10 on the 20th

Leocadia Wood who will be 11 on the 27th

Betty Rose Keal who will be 10 on the 28th

Teenage

Millie Hanner who will be 12 on the 2nd

Harry DJ Shreeve who will be 16 on the 9th

Eleanor Pretty who will be 16 on the 14th



From the Registers....

Funerals

*15th March 2022, Kathleen Muriel Waddington,
at Earlham Crematorium*

*18th March 2022, John Henry Wall Aged 88
years, at St Margaret's Church, Topcroft*



Need Help?...

ACCOUNTS & BOOKKEEPING

ALINE TURNER ACA - bookkeeping, accounts, tax returns, payroll - 01508 550403 or 07785 528069

AGGREGATE SUPPLIERS

CARRY ALL - Supplies of quality aggregates, to Trade & Public, Free delivery, No VAT - 01508 536182 or 07850 402845

CARPENTRY SERVICES

CARPENTER - Mark Whitbread, Free quotations, No job too small - 01508 532605

CARPET & UPHOLSTORY CLEANING

CARPET AND UPHOLSTERY CLEANING - Local reasonable rates - David - 01379 608529 or 07768 757308

CHIMNEY SWEEP

CHIMNEY SWEEP - Guild of Master Sweeps, Clean & Friendly, Smoke /test/Certificates - Dave 07835 757528

CYCLE REPAIRS

BLACK CAT CYCLES - Mobile repairs & services - service@blackcatcycles.co.uk - 07996 403794

DOG WALKING

WALKS WITH SHARNIE - 07562 745609, WalksWithSharnie@gmail.com

ELECTRICIANS

ELECTRICIAN - Bob Turner - Domestic & Commercial Electrical Contractor - 07899 794813

FARM SHOPS

FARM SHOP, CAFÉ & BUTCHERY, Norwich Road, Woodton for the best Raw Milk in Norfolk - 07900 814252

FUNERAL SERVICES

R. B. COPPING FUNERAL SERVICES, PORINGLAND - 01508 494434

ROSEDALE FUNERAL HOME - Beccles & Bungay, a family business - 01986 892790 or 01502 714445

GARAGE DOOR SUPPLIER

Garolla Roller Shutter Doors - GARAGE DOOR SUPPLIER & INSTALLER - Hempnall and surrounding areas – Mobile 07537 149 128 or 01508 320 038 / 01986 960 067

GARAGES TO LET

GARAGES TO LET - Long Stratton area, Secure, dry, insulated, power - David - 07770 587981

GROUNDWORK & GARDENING SERVICES

S. W. CONTRACTORS Groundwork, Gardens, Fences, Patios & Hedge Trimming - 01508 495528

TK GARDEN MAINTENANCE - Hedge trimming, Tree care, Lawn mowing, Garden clearance - 07858 723357

HAIR & NAIL SALONS

NEW SALON - Hempnall - Gel & Acrylic Nails, Lashes, Brows, Waxing, Hairdresser & Barber - 07872 366756

FEET - Corns, calluses, nail cutting & more, treated in you home - Wendy - 01379 676872

OSTEOPATH

OSTEOPATH - Osteopathy for all-adults to babies, includes cranial, joints, spine, nerves, headaches, accidents-07818747776

PIANO TUTION

PIANO LESSONS - Bedingham - All ages welcome - Marian - 01508 482746

PAINTING & DECORATORS

PAINTING, DECORATING, FLOORING & FLOOR RESTORATION, WOOD PAINTING & STRIPPING - Seb - 07821 973612

PARISH COUNCILS

HEMPNALL PARISH COUNCIL- Website
Address www.hempnallpc.org

PEST CONTROL

SAFE & SOUND HYGIENE AND PEST
CONTROL & GARDEN MAINTENANCE - 01379
788865 or 07809 226109

PLANT HIRE

PETER MATTHEWSON PLANT HIRE -
Drainage & Groundworks - Please call for info.
01508 482655 or 07850 722094

PLUMBING SERVICES

OIL, GAS HEATING AND PLUMBING
SERVICES - Alan Bell - 07710 515775 or
01508 532393

PAUL CLARRY PLUMBING & HEATING - For all
your requirements - 07887 485676 or 01508
550519

PLUMBER - David Milward - Over 30 years'
experience all plumbing work - 07763
359313 or 01508 498005

CHRIS CLARKE OIL BOILER SERVICES -
Servicing: 07912 146619, Breakdowns: 07377
516660

TRANSPORT

CHRIS BAKER TRANSPORT - Man & Van -
01508 531738 or 07821 923489

WINDOW CLEANING

WINDOW WONDERLAND - Window
cleaning services - Contact Sammy Raynes -
01508 482679 or 07975 579292

WOODBURNERS

NORFOLK WOODBURNERS -Hempnall -
Woodburner Supplier & Installer - 01508
498393



Contact us...

Liz Billett – Team Vicar
[07891 854219](tel:07891854219) or 01508 482366

Group Office, open
Mon-Thurs 9am-12.30pm

Telephone: 01508 498157

Our email:

hempnallgroup.office@btinternet.com

Our website:

www.hempnallgroup.co.uk

Items for the next issue...

of Village News should be
delivered/posted to:

Group Office, The Rectory, The
Street, Hempnall, NR15 2AD

or

Emailed

hempnallgroup.office@btinternet.com

before 15th APRIL