



# Village News

Produced by The Hempnall Group of Parishes



## June 2022

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### June Walk

On Sunday 19th June we shall be walking with Bishop Alan from Fritton to Hempnall.

Meet at Fritton Church at 2.00pm and walk to Hempnall church for tea. This will be a gentle walk of about 3 miles which takes us through water meadows and pleasant countryside, following footpaths and quiet roads.

Contact Jill Turner for further information on 01508 499344 or email: [jillemturmer@yahoo.co.uk](mailto:jillemturmer@yahoo.co.uk)



### More Walks in July and August

Sunday 17th July contact Margaret Ferre 01508 482562

Sunday 21st August contact Josephine Murgatroyd 01508 530453

#### Let's Walk



12 Circular walks in South Norfolk

#### Let's Walk Again



Circular walks in south Norfolk

#### Let's Walk Further



Circular walks in south Norfolk

We have 3 walk books available, at £3 each, from our churches or the church office, 01508 498157.

**Thank you to all the people who supported the Coffee Morning in aid of Macmillan Nurses.**

We were blessed with a lovely sunny day. So many people came out with the sun and were very generous. We made £677, wonderful.

Tracey walked the marathon last Saturday. Well done Tracey.

## **Topcroft Church Room Charity**

Are you, or do you know of anyone in the Parish of Topcroft, who is about to embark on a further education course? There are funds available for books, course fees, materials or equipment. The trustees would be glad to hear from anyone young or not so young.

This would be in complete confidence.

For further information please contact Jackie Leggett:

01508 482 267

## **TOPCROFT PHOTOGRAPHIC COMPETITION**

This year's competition will be held on Saturday 10th September 2022 at Topcroft Church, to raise funds for the church. This year there will be a separate class for young people age 12 and under.



Categories this year will be:

**Wildlife**  
**Architecture**  
**Landscape/Seascape**

You may enter up to five photographs per category. Entry fee £1 per photograph. Photographs should be no larger than 12" x 8" (A4) and be in a simple mount. No professional photographers please. Entries must not have been offered for sale or have won other competitions.

Details relating to entry will be in the August edition of Village News.  
(Any enquiries please phone David and Margaret Férre - 01508 482562).

## **THANK YOU FROM MORINGTHORPE & FRITTON PARISH COUNCIL**

A big thank you to everyone who helped with litter pick in the two villages on April 23rd. It was a lovely day with hardly any water in the ditches which made it so easy to see and get rubbish out. Less rubbish than usual was collect which is a good thing.

Thank you to Will Sargent and Peter Rodger for following us around and picking up and thank you to Patrick Cooper for storing the equipment.

Last but not least thank you to my sister Dawn and Jack who helped although they live in Hempnall.

~Carol McDonnell on behalf of parish council~

## SHELTON ANIMAL SERVICE – 8TH MAY 2022

On a lovely sunny morning, an unusual congregation gathered at Shelton Church to join in a service of celebration for all creation and the blessing of animals: there were 24 humans, 12 dogs, 2 horses and 1



tortoise... All got on well together and it was a joyous occasion.

Thanks to all who came along and to Christina Sadler for video and photographs.

### *Little and large in Shelton Church*



**Bacon Butties!** - The Bacon Butty Morning that took place at The Chequers on Wednesday 4th May raised £314.00 for Hempnall Church and a further £77.00 for Garden Twinning.

Thank you to everyone who contributed to this event by coming along, donating books or raffle prizes or buying takeaways.



## **HEMPNALL TRUST GRANT**

From time to time we all need help be that because of ill health, disability or bereavement, relationship breakdown, lack of transport or telecommunications, and most recently Covid and its effects on work, child care and our ability to make ends meet. Residents of Hempnall who are in need or suffering hardship can uniquely apply to The Hempnall Trust for a Grant to assist them.

All applications are dealt with in complete confidence. We do not means test but as our resources are finite we will prioritise support for cases where there is a genuine need of financial assistance. Applications can be made for oneself or on behalf of another. Grant applications can be made throughout the year. Grant levels are reviewed annually by the board of Trustees against Trust Guidelines.

To apply, please download, print and complete the application form from our website <http://hempnalltrust.org.uk/grants/> or collect one from the Mill, School, Surgery, Rectory or the Village Hall and return it to Sarah Batchelor, Secretary to the Hempnall Trust, Hempnall Mill, Mill Road, Norwich NR15 2LP. If you need help to fill in the form please telephone Sarah 07765 030209/01508 499406/email [hempnalltrust@gmail.com](mailto:hempnalltrust@gmail.com)

Likewise if you think a neighbour might be in difficulty, perhaps suggest they apply.

All applications are dealt with in the strictest confidence.

## **HEMPNALL MILL, Mill Road, Hempnall, Norwich, NR15 2LP**

The LUNCH CLUB currently supplies Take Away lunches on Wednesdays and Thursdays delivered by volunteers. Table service on Thursdays. If you would like to receive meals, please apply to Margaret Sparham (contact details below).

### **The Mill Bar is currently closed at present.**

The **MILL HALL** has reopened to hire for Private Functions such as parties, conferences (capacity 60people), childcare and yoga. To book please fill out the form on our website <https://www.hempnallmill.co.uk>

telephone: 07504 699534 / email: [hempnallmillcentre@gmail.com](mailto:hempnallmillcentre@gmail.com).

The Mill Bar may be available on application and catering may be available by our cook Simon Wilkin tel: 01986 894560 / 07999 349715.

## **HEMPNALL TRUST VOLUNTEERS**

The Hempnall Trust exists to serve the residents of Hempnall and is run by volunteers of all ages, expertise and interests. If you can spare the odd hour and would like to help our community, we are currently seeking the following.

Trustees to govern the operation of the Trust please contact chairman John Kelly tel. 07771 598046 / email. [johnjkelly1945@gmail.com](mailto:johnjkelly1945@gmail.com).

Volunteers (**especially kitchen volunteers on Thursdays for the table service lunch club**) to help Margaret with the LUNCH CLUB tel. 01508 499579 (apart from Wednesday and Thursday) / 01508 499766 (Wednesdays and Thursdays) email [margaretsparham@live.co.uk](mailto:margaretsparham@live.co.uk).

Volunteers to help run the MILL BAR (full training provided) contact Debbie Ashford tel. 01508 498242 / email. [cds.debbie@gmail.com](mailto:cds.debbie@gmail.com)).

## **HEMPNALL TRUST & ALLOTMENTS**

Contact Details:

Ian Nelson BF FCA CT CLCA

Secretary & Treasurer of The Church & Town Estates Property Charity

Registered Charity No: 209148

Email: [ctepropertycharity@gmail.com](mailto:ctepropertycharity@gmail.com)

Telephone: 07752 490884

Correspondence: c/o Karinya, Bungay Rd, Hempnall, Norwich, Norfolk, NR15 2NG

## **HEMPNALL MILL AND BAR – LATEST NEWS**

**There is a lot of work going on in the Mill to update and refurbish the interior and make the bar ready to reopen following Covid. Photographs of some of the work are published on social media via The Mill Bar Facebook page. We are hoping to open around the middle of June so watch out for posters in the village.**

## Prayer for the Queen's Jubilee

*God of Creation  
Designer of sameness  
and diversity,  
of time and eternity,  
we give you thanks and praise.  
Today we especially pray  
for Queen Elizabeth.  
In this year of Jubilee, grant her your  
gifts of love, joy and peace  
as she continues in faithful obedience to  
you, her God,  
and in devoted service to the people of  
these islands, and those  
of the Commonwealth.  
Illuminate her path that she may walk in  
your way,  
now and all the days of her life.  
This we pray in the name of Jesus.  
Amen.*

**From Worship Words**



**South Norfolk  
Community  
Awards 2022  
are now open**

If you know of an individual or group that has gone above and beyond to make a positive impact in your community, say thank you and nominate them for a South Norfolk Community Award today. There are number of categories to choose from. Find out more and nominate easily online by **6 June** at:  
[southnorfolkandbroadland.gov.uk/  
communityawards](https://southnorfolkandbroadland.gov.uk/communityawards)

**Hempnall Church Presents**

## THE ANGLIAN SINGERS

**Saturday 25th June 2022**

**Starting at 7.00.pm**

**Entrance is £10 including  
Refreshments**

**There will be a Raffle**

**All money raised will go to  
Hempnall Church  
and Ukraine Relief Fund**

‘The Anglian Singers are back In Concert with a programme of choral favourites from Vivaldi to Bob Chilcott, calling in on Mozart, Schubert, Puccini and Fauré on the way. A second half is devoted to musical theatre and includes medleys from Oliver and The Phantom Of The Opera with a few Stephen Sondheim classics for good measure.

‘Come along and support the choir, your church and the citizens of Ukraine.’

**All offers of help, Raffle prizes, and  
Cakes would be most appreciated**

**Please contact David Key  
on 01508 499342**

**Tickets available on  
the night at the door**



# TOPCROFT MUSIC CLUB PRESENTS...

## SCOOTER MUSIC WEEKENDER SOUNDS 10TH - 11TH JUNE 2022

IN AID OF TOPCROFT REC GROUND, CHARITY NO. 304095

WEEKEND TICKET INC CAMPING £20

WEEKEND TICKET £15

FRIDAY ONLY £7

SATURDAY ONLY £10

CAMPING

CHEAP BAR

FOOD ON-SITE

STALLS

LOCAL B & B

DJS (VINYL ONLY)

JEMIMA HIGGINS

STEVE BIRD

PAUL JOHN

CHRIS STARR

DAVE COLK

IVAN COLMAN

SUGARKANE

MARK BALE

CHRIS HARE

KEV ANDREWS

TOPCROFT SOCIAL CLUB

TOPCROFT STREET

NORFOLK NR35 2BJ

INFO & TICKETS, SCOOTERSOUNDS@OUTLOOK.COM (PAYPAL F + F)



## Topcroft Jubilee Day celebration



Come join us from 12:30 on Thursday 2<sup>nd</sup> June at Topcroft social club and pavillion to celebrate 70 glorious years of her majesty's reign.....

Bring your own picnic from 12:30, tea, coffee provided



Bar open all day, great selection, super prices



Family fun & games through the afternoon



Bar B Q between 6-8



Lantern procession 9.30 to light village beacon as part of national link up



Quiz & music in evening



It would be really helpful for catering planning if you could give a bit of an idea if you are likely to want Burgers/Hot dogs/Vegan option from Bar B Q – please email Step at [stepdyer2@hotmail.com](mailto:stepdyer2@hotmail.com)

### Food Bank

Items for our Food Bank are still needed; we are very grateful to all who continue to contribute during this difficult time.

Our next collections will be on:

**Sunday 5th June 2022. Any items can be left at  
Hempnall Church Office Mon-Thu, 9am-12:30pm.  
Please phone before arrival – 498157**

### URGENTLY NEEDED FOOD ITEMS

UHT MILK, MEAT SPREAD, SMALL COFFEE,

FRUIT JUICE, PASTA SAUCE, SAUCE FOR RICE, TINNED FRUIT, SUGAR,  
CUSTARD, BISCUITS

NO PEANUT BUTTER PLEASE

HYGIENE—MALE & FEMALE DEODORANT

ANIMALS—DOG, RABBIT & GUINEA PIG FOOD (NOT CAT)



The Norfolk Wildlife Trust's Claylands Wilder Connections team is excited to announce that our

training workshops are now live! Our workshop program runs from now until December 2022 and are places are available for free! There is a workshop for everyone, whether you want to practice scything to discover a new way of caring for your grassland, or wish to learn about habitat connectivity on a farm walk, or learn more about managing habitats for wildlife in South Norfolk, from pollards to ponds. The aim of the training program is to empower communities and landowners to play a part in helping nature to recover.

We have so much more on offer but booking is essential as places are limited, so visit our Clayland's Wilder Connections page to find the workshops you would like to attend. You can book through Norfolk Wildlife Trust's Eventbrite page or phone Sue Grime (NWT Engagement Officer) on 07393 807897 for more information and to book your place over the phone.

We invite you to take action for wildlife and look forward to receiving your booking.



## **Saxlingham Players Present**

An outdoor performance of  
**Chaucer's Canterbury Tales**

in the gardens of  
The Old Rectory,  
Saxlingham Nethergate

**Thursday 30th June, Friday &  
Saturday the 1st and 2nd of July.**

**All at 7pm.**

This is our once every 10 years big outdoor production and should be a great event!

Don't be afraid of the language - it has been translated and adapted from the original by Lindsay Price.

Tickets are £8 (£6 under 16's) and are available from Vicky Stocks on 01508 499631 between 9am and 9pm.

Come along for a comic trip to a different world of medieval pilgrimage.



Door to door dial-a-ride service  
Weekly members outings throughout the year  
Group hires for not-for-profit organisations

**Borderhoppa Outings for June 2022**

Monday 6th	Great Yarmouth	Fare £15.00
Thursday 16th	Lunch at The Black Horse, Thorndon	Fare £7.00
Monday 20th	Southern Comfort Paddle Steamer, Horning	Fare & boat trip combined £25.00
Monday 27th	Cherry Lane & Goodies Farm Shop	Fare £7.00

To book or for more information please call 01379 854800 or visit our website [www.borderhoppa.org](http://www.borderhoppa.org)

**Saxlingham Christmas Fair**

We hope to hold a Christmas Fair this year on 19th November in Saxlingham Village Hall, similar to the Fair held last time way back in 2019!

There will be Christmas Gift stalls, a book stall, a cake stall, a raffle and refreshments.

So please put this date in your diary and come and join us on the day!  
Stalls will be available if you wish to take part - please email Lynn Roberts at [robbosax@me.com](mailto:robbosax@me.com) to reserve one.

The next meeting of the **HEMPNALL TOWN ESTATE EDUCATIONAL FOUNDATION** is during July 2022. Completed applications for grants by July 1st to Ian Nelson, Clerk to the Trustees, Karinya, Bungay Rd, Hempnall, NR15 2NG. Application forms are available in Hempnall Village Hall, Hempnall Church, The Mill Centre, Hempnall Surgery or by email.

Any queries or requests for forms to Ian Nelson - [hteefclerk@gmail.com](mailto:hteefclerk@gmail.com) Tel : 01508 498467.

PLEASE NOTE - WE ARE UNABLE TO ACCEPT COMPLETED APPLICATIONS BY EMAIL. VALID RECEIPTS/PROOF OF PAYMENT MUST BE INCLUDED. INVOICES ALONE CANNOT BE CONSIDERED AS PROOF OF PAYMENT MADE.

The Foundation is keen to support all Hempnall residents, regardless of financial circumstances, to take advantage of a wide range of educational opportunities. Consequently, if you would like to discuss any aspect of a claim you may be planning to make, including how it may be funded, we would be happy to talk with you informally. Please contact Ian as above.

### **Bedingham 59 Club Results**

23/04/2022	15-J Felton	14/05/2022	35-S Webb,
30/04/2022	52-M Thomas	21/05/2022	8-J Watts
07/05/2022	39-L Mulley,		

### **WOODTON UNITED CHARITIES**

Woodton United Charities was established to support local residents from the parish of Woodton who may require financial assistance. On occasions any one of us may find ourselves in times of need because of bereavement, illness, redundancy, breakdown in relationships and most recently the spiralling cost of living.

Residents of the parish of Woodton who are suffering severe hardship can apply to the charity for a grant. WUC does not means test and each application will be treated in strict confidence; however the resources are finite and grants will be prioritised where there is a genuine need for financial help.

To apply for a grant either for yourself or on behalf of another village resident who may be in need, please visit [woodtonunitedcharities.co.uk](http://woodtonunitedcharities.co.uk) where an application form can be found or contact Ian Butler on 01508 482451 who will be happy to assist.

## HEMPNALL WI.

We are looking forward to welcoming Pete Goodrum to our meeting on

**Wednesday 1st June.** Mr Goodrum, an excellent speaker, will be talking to us about the well-known independent shop 'Jarrold – the history of the family and business'.

Although the WI is an organisation where members pay an annual fee, female visitors are always welcome to attend a few meetings before deciding to join. We meet at The Mill Centre beginning at 7.30pm. If anyone would like to find out more, please contact the secretary, Cindy Brookes, 499358, [cindylbrookes@icloud.com](mailto:cindylbrookes@icloud.com).



If you would like to support this charity there are plenty of virtual or real things to buy. Below are just three examples:



Helpful Hoe



Marvellous Mud



Little Donkey

**Or if you prefer you could help us reach our Group Target of 8 gardens (£480) by making a donation.**

Please send cheques (payable to the Hempnall Group of Churches) to:

Group Office, The Rectory, The Street, Hempnall, NR15 2AD  
or if you prefer you can pay by Bacs to the Group fund to:

Account Name: Hempnall Group of Churches  
Account No.: 00346438  
Sort Code: 12-09-25  
Reference: Garden Twinning

For more information please see the Send a Cow website:  
<https://sendacow.org/how-it-works>

## Friends of Saxlingham School

are hosting an Open Garden  
at Elm House, on The Green in  
Saxlingham Nethergate  
on Saturday 25<sup>th</sup> June.

11am—5pm



Come and enjoy walking around a beautiful garden

and sit and enjoy teas, coffees and cakes.

All proceeds from the entry and refreshment sales will go towards raising funds  
for new playground equipment

at Saxlingham Nethergate Primary School.

Everyone is welcome.

£3 entry (under 16s free)



## Mobile library timetable

Stop number	Village	Arrival time	Departure time	Stop name	Postcode
2	Hempnall	09:50	10:10	Old Market Way (Bainard Rise)	NR15 2LZ
4	Hempnall Green	10:20	10:45	Three Horseshoes	NR15 2NN
6	Topcroft	10:50	11:00	The Old Chapel	NR35 2BL
8	Topcroft	11:05	11:20	Church Road	NR35 2BH
10	Hempnall	11:25	11:40	Road Green Farm	NR15 2NQ
12	Hempnall	11:45	12:10	Millfields	NR15 2NE
14	Hempnall	12:15	12:35	Roland Drive	NR15 2RB
16	Hempnall	12:40	12:55	Fairstead Lane	NR15 2NF

### DATE OF NEXT VISIT:

- 16 June 2022
- 14 July 2022
- 11 August 2022
- 08 September 2022
- 03 November 2022
- 01 December 2022
- 29 December 2022
- 26 January 2023
- 23 February 2023 • 23 March 2023

**Route No: CEN423 Calls on: Thursday Normally every: 28 days**

Please note this information is subject to change or amendment both on a permanent and temporary basis. For all enquiries about this route please call 01603 222303.



## **LONG STRATTON MEDICAL PARTNERSHIP**

Swan Lane Surgery, Swan Lane, Tharston, Norwich, Norfolk, NR15 2UY Tel: 01508 530781

Some good news from the practice. We have a new salaried GP, Dr Thomas Watchman joining us from the 12th of May. The team welcome him with warm and open arms and we know this will work out to be a wonderful working relationship. I asked Tom to write something about himself as a way of introduction to our community and he was very modest and I had to prod him to add some more. This is what he has to say:

Hi, I am Thomas Watchman, the new GP at Long Stratton. People generally call me Tom. Here is a bit about me. I grew up in London, then moved to Manchester to study medicine. I stayed in Manchester for more than a decade, where I continued working as a doctor after graduating. I went on to complete my specialist training to qualify as a GP. Over the past few years, the time has felt right to move closer to family, especially with a baby on the way. We searched all over the south and east, viewing houses as far away as Crawley, and finally decided on Norfolk and Norwich as the perfect place to settle and grow our family. I am very excited about starting as a GP in Long Stratton and meeting members of the community. While looking for a practice to work at, Long Stratton became very appealing, as everyone seemed very friendly, and I got a real sense that the team were striving to provide the best care possible. My previous experience has been working in a large city, and I am looking forward to learning and helping in a new setting. I have a special interest in teaching and hope to contribute to training and mentoring the next generation of doctors to ensure the future of healthcare, particularly general practice, is bright and hopeful. Part of this interest involves writing study books and creating online content for medical students. Students seem to find these resources helpful, and they also help keep my medical knowledge up to date. I enjoy spending time with family, getting out in nature, exercising, and drinking coffee in my spare time.

Warm welcome Tom to our Team LSMP!

Stay Safe

*~Mini Nelson~*

At **HEALTHWATCH NORFOLK** we are launching a project alongside Healthwatch Suffolk to find out how people affected by cancer have accessed their appointments during the pandemic. We are working with the people in charge of cancer services in Norfolk and Suffolk to help shape the way appointments are accessed in the future, so it is vital that we get as much feedback as possible to get an authentic sense of patient opinion. If you live in Norfolk or Waveney and have had a cancer diagnosis, referral, or treatment since March 2020, Healthwatch Norfolk and Suffolk would love to hear from you. If you would like to participate, please contact Healthwatch Norfolk by calling 0808 1689669, or emailing [enquiries@healthwatchnorfolk.co.uk](mailto:enquiries@healthwatchnorfolk.co.uk). Alternatively, the survey can be completed online by visiting [www.smartsurvey.co.uk/s/cancerappointments/](http://www.smartsurvey.co.uk/s/cancerappointments/)



Healthwatch Norfolk and Healthwatch Suffolk are the independent voices for patients and service users in our counties. We gather your views of health and social care services to ensure they are heard by the people in charge. For more information about what we do, visit our websites [www.healthwatchnorfolk.co.uk](http://www.healthwatchnorfolk.co.uk) and [www.healthwatchesuffolk.co.uk](http://www.healthwatchesuffolk.co.uk).



## **DESPERATELY SEEKING DRIVER VOLUNTEERS!**

**Do you have SPARE TIME and a desire to HELP OTHERS?**

Paul King (volunteer) says, “I particularly like taking the older people out for day trips – going to care homes to pick them up. It’s good, it’s fun, I really enjoy it.

You are bringing a bit of light into their lives because they are often living a very lonely existence. There is a social aspect to the work, they enjoy meeting old friends as well as chatting to people they’ve never met before.

It’s satisfying to see when people are grateful and knowing you are fulfilling an essential role for the community. Without this service I think a lot of people would really, really struggle.

The BACT team take everything seriously from training to safety to maintenance of vehicles; making sure drivers are OK to drive.”

**If this sounds appealing and you would like to know more, please contact us on 01986 896896. | [www.bactcommunitytransport.org.uk](http://www.bactcommunitytransport.org.uk)**

# The Garden in June....

## Summer arrives

June 21 is the longest day of the year, and the extra light and warmth encourages the garden to put on an exuberant burst of growth. But this extra light and warmth also means weeds will sprout up from seemingly nowhere. Keep on top of them by hoeing regularly in dry conditions.



you water, check the plant for any shoots sprouting just above each leaf, from the joint between the leaf and the stem.



1. **Position summer hanging baskets and containers outside.** Choose vibrant bedding plants for a short-term show or herbs, shrubs and evergreens for a long-lasting display.
2. **Be water-wise, especially in drought-affected areas.** Watering is key to growing plants well, so here we look at how to get it just right. This not only means providing the water our gardens need, but using it wisely.
3. **Pinch out side-shoots on tomatoes.** Removing the side-shoots is simple – every time
4. Harvest lettuce, radish, other salads and early potatoes
5. Hoe borders regularly to keep down weeds
6. Mow lawns at least once a week – but consider leaving some areas uncut for wildlife
7. Plant out summer bedding
8. Stake tall or floppy plants
9. Prune many spring-flowering shrubs
10. Shade greenhouses to keep them cool and prevent scorch

## Thought for the month...

Hello Everyone,

Eight good things that came to mind whilst travelling, in a vintage bus, around the Hempnall Group last month.

**Woodton**, there is a Community Wood behind the Village Hall. A wonderful space for all ages to enjoy wildlife and the beauty of natural habitats. You will find benches to sit on to look and listen, with wheelchair friendly pathways. It is well used by the school and residents alike. A hidden gem of a place to enjoy the wonder of God's creation.



**Bedingham**, there were originally two churches in Bedingham. In 1159 Benedict de Bedingham was the first Rector of St Mary's and in 1205 John de Brancastre was Rector of St Andrews. What happened to St Mary's is uncertain, but what is certain, is that for 805 years this building has been open for all. The

stones seem to have absorbed the prayers and praises offered here down the centuries which are almost tangible to those who visit this quiet, light filled space today.

**Topcroft**, it was from here that the first Valentine's card was sent by Margery Brews from Topcroft Hall to her fiancée John Paston of Norfolk in February 1477. She described John as her "right well-beloved valentine". This and other letters are recorded in what is known as The Paston letters. How wonderful it is to receive a letter, then and now. <https://www.bl.uk/collection-items/valentines-day-love-letter-from-margery-brews-to-john-paston>

**Hardwick**, in 1340 a hospital was founded in the parish. It was dedicated to St Lazarus and possibly devoted to the care of lepers, as many were in medieval times. That same concern and care for people, especially those on the edges of society still continues in our Group of Parishes. How grateful we are in our own time for our NHS.

**Shelton**, living at Shelton Hall, Sir John and Lady Shelton took responsibility for the Princess Elizabeth, (later to become Elizabeth

I) after her mother Anne Boleyn was executed. These were dangerous times. It is reputed that on one occasion Sir John hid the young princess in Shelton church tower, a place of sanctuary, where she avoided arrest. Many are seeking sanctuary and safety in our world today. We give thanks for Queen Elizabeth II's 70 year reign.

**Morningthorpe**, the Domesday book records there were two manors, one being Boyland Manor belonging to Ralph Bainard a Norman baron. The hall was demolished in 1947, but a large Anglo-Saxon (410-1066AD) cemetery was discovered to the west of the hall in 1974. A place to remember our loved ones who have died has been, and always will be important.



**Fritton**, the Common, now a Site of Special Scientific Interest, is a reminder of how precious such habitats are, once lost they are gone forever. Fritton Common is here for us

and our children to enjoy. Let us make sure that other habitats in our county and around the world fare as well.

**Hempnall**, in 1979 the the Mill was converted into a social centre for the village. It remains a place where support and the enjoyment each other is found. Owned and run by The Hempnall Trust, a long establishes village charity, it reminds us of the faithfulness and generosity of people who continue to give of themselves and their time for the good of others.

It's a joy and privilege to live in such wonderful villages each with their own unique story to tell. We add to that story with the way we live and care for each other now.

With love

A handwritten signature in purple ink, appearing to read 'Liz' with a large, stylized loop at the end.

## Bus Trip on Sunday 15th May 2022

On Rogation Sunday a group of lucky people travelled round the countryside in a splendid vintage bus guided by Michael Kingston and driven by the resourceful Patrick. Although we didn't actually beat the bounds of the Group we did visit all 8 villages and nodded to all the churches.



We started from Hempnall Mill Centre with coffee and biscuits then trundled off to Raven's Den, the beautiful community wood in Woodton. From there we continued to Bedingham church with a pause to remember its amazing history and then to Topcroft for a picnic lunch with drinks provided.

After that we were driven to Fritton Common via Hardwick, Shelton, and Morningthorpe churches where we recalled something of their histories and community involvement.

The final leg took us back to Hempnall Mill for tea, cake and chat and finally some cheerful singing led by the Gray family.

We are very grateful to Michael and Patrick for generously giving us this wonderful opportunity to take a leisurely look at the beautiful area in which we live.

~Jill Turner~

**Garden Twinning Update**—We are now half way to our objective of 8 gardens twinned by the end of September and have also sold a quantity of mugs, tea towels and notelets. There will be more of these attractive items on sale at Topcroft Open Gardens.



There will be a plant and produce sale in aid of this most worthwhile cause at

Hempnall church on the 10th September. Any chutneys, jams or garden produce will be most welcome.

Please contact Jill Turner for further information 01508 499344



## Our Church Services...

<b>Sunday 5th Jun 2022</b> <b>Pentecost (Whit Sunday)</b>	<b>9:30am   Queen's Jubilee Celebration Service</b>	<b>Hardwick Church</b>
	<b>10:00am   Queen's Jubilee Celebration Service</b>	<b>Bedingham Church</b>
	<b>11:00am   Queen's Jubilee Celebration Service</b>	<b>Topcroft Church</b>
	<b>11:00am   Queen's Jubilee Celebration Service</b>	<b>Hempnall Church</b>
	<b>11:15am   Queen's Jubilee Celebration Service</b>	<b>Morningthorpe Church</b>
	<b>4:00pm   Family Praise</b>	<b>Hempnall Church</b>
<b>Sunday 12th Jun 2022</b> <b>Trinity Sunday</b>	<b>9:30am   Morning Prayer in the Methodist Tradition</b>	<b>Hempnall Church</b>
	<b>11:00am   Eucharist</b>	<b>Fritton Church</b>
<b>Sunday 19th Jun 2022</b> <b>1st Sunday after Trinity</b>	<b>9:30am   Eucharist</b>	<b>Bedingham Church</b>
	<b>11:00am   Morning Prayer in the Iona Tradition</b>	<b>Shelton Church</b>
<b>Sunday 26th Jun 2022</b> <b>2nd Sunday after Trinity</b>	<b>9:30am   Eucharist</b>	<b>Woodton Church</b>
	<b>11:00am   Morning Prayer</b>	<b>Topcroft Church</b>
	<b>6:00pm   Evening Prayer</b>	<b>Via Zoom</b>
<b>Sunday 3rd Jul 2022</b> <b>3rd Sunday after Trinity</b>	<b>11:00 am   Group Eucharist</b>	<b>Hempnall Church</b>
	<b>4:00pm   Family Praise</b>	<b>Hempnall Church</b>

## Happy Birthday to....

### **Children**

*Tia Louise Rodger who will be 5 on the 20th June*

### **Teenage**

*Ollie Woodward who will be 15 on the 26th June*



## From the Registers....

### **Marriages**

*28th May 2022, Danielle Banham & Kiran Chauhan at St Margaret's Church, Hempnall*

### **Funerals**

*8th May 2022, Sidney Mayfield, aged 90 years, burial of ashes at Hardwick Church*



## Need Help?....

### ACCOUNTS & BOOKEEPING

ALINE TURNER ACA - bookkeeping, accounts, tax returns, payroll - 01508 550403 or 07785 528069

### AGGREGATE SUPPLIERS

CARRY ALL - Supplies of quality aggregates, to Trade & Public, Free delivery, No VAT - 01508 536182 or 07850 402845

### CARPENTRY SERVICES

CARPENTER - Mark Whitbread, Free quotations, No job too small - 01508 532605

### CARPET & UPHOLSTORY CLEANING

CARPET AND UPHOLSTERY CLEANING - Local reasonable rates - David - 01379 608529 or 07768 757308

### CHIMNEY SWEEP

CHIMNEY SWEEP - Guild of Master Sweeps, Clean & Friendly, Smoke /test/Certificates - Dave 07835 757528

### ELECTRICIANS

ELECTRICIAN - Bob Turner - Domestic & Commercial Electrical Contractor - 07899 794813

### FARM SHOPS

FARM SHOP, CAFÉ & BUTCHERY, Norwich Road, Woodton for the best Raw Milk in Norfolk - 07900 814252

### FUNERAL SERVICES

R. B. COPPING FUNERAL SERVICES, PORINGLAND - 01508 494434

ROSEDALE FUNERAL HOME - Beccles & Bungay, a family business - 01986 892790 or 01502 714445

### GARAGE DOOR SUPPLIER

Garolla Roller Shutter Doors - GARAGE DOOR SUPPLIER & INSTALLER - Hempnall and surrounding areas - Mobile 07537 149 128 or 01508 320 038 / 01986 960 067

### GROUNDWORK & GARDENING SERVICES

S. W. CONTRACTORS Groundwork, Gardens, Fences, Patios & Hedge Trimming - 01508 495528

### HAIR & NAIL SALONS

EVIE CLARK HAIRDRESSING - Hairdresser & Barber, based in Hempnall - 01508 499934 or 07703 680443

FEET - Corns, calluses, nail cutting & more, treated in your home - Wendy - 01379 676872

### OSTEOPATH

OSTEOPATH - Osteopathy for all-adults to babies, includes cranial, joints, spine, nerves, headaches, accidents - 07818747776

### PIANO TUTION

PIANO LESSONS - Bedingham - All ages welcome - Marian - 01508 482746

### PARISH COUNCILS

HEMPNALL PARISH COUNCIL - Website Address [www.hempnallpc.org](http://www.hempnallpc.org)

### PEST CONTROL

SAFE & SOUND HYGIENE AND PEST CONTROL & GARDEN MAINTENANCE - 01379 788865 or 07809 226109

### PLANT HIRE

PETER MATTHEWSON PLANT HIRE - Drainage & Groundworks - Please call for info. 01508 482655 or 07850 722094

### PLUMBING SERVICES

PLUMBER - David Milward - Over 30 years' experience all plumbing work - 07763 359313 or 01508 498005

CHRIS CLARKE OIL BOILER SERVICES - Servicing: 07912 146619, Breakdowns: 07377 516660

## TRANSPORT

CHRIS BAKER TRANSPORT - Man & Van -  
01508 531738 or 07821 923489

## WINDOW CLEANING

WINDOW WONDERLAND - Window  
cleaning services - Contact Sammy Raynes  
- 01508 482679 or 07975 579292

**IN THE EVENT OF FLOODING**

**0344 800 8013**

Norfolk's new one stop number  
for flooding in our county

or visit

**[www.norfolk.gov.uk/flooding](http://www.norfolk.gov.uk/flooding)**

If you are in immediate danger call 999



**Canine  
Cared For**

If I pass away.  
If I receive a life-changing diagnosis.  
If I move to a care home.

Feel reassured with our FREE  
Canine Care Card service

Call Paige on  
01953 497912 or email  
[paige.pope@dogstrust.org.uk](mailto:paige.pope@dogstrust.org.uk)  
for more information

Registered charity numbers: 227623 & SC037943

**FREE**



**Talks**

**for Community & Social Groups**

We can offer an online  
version or socially  
distanced talks - please get  
in touch to discuss options.



Contact Paige at  
Dogs Trust Snetterton  
E: [paige.pope@dogstrust.org.uk](mailto:paige.pope@dogstrust.org.uk)  
T: 01953 497912



Registered charity numbers: 227623 & SC037943

## Contact us....

Liz Billett – Team Vicar  
[07891 854219](tel:07891854219) or 01508 482366

Group Office, open  
Mon-Thurs 9am-12.30pm  
Telephone: 01508 498157

Our email:  
[hempnallgroup.office@btinternet.com](mailto:hempnallgroup.office@btinternet.com)

Our website:  
[www.hempnallgroup.co.uk](http://www.hempnallgroup.co.uk)

## Items for the next issue....

of Village News should be  
delivered/posted to:

Group Office, The Rectory, The  
Street, Hempnall, NR15 2AD

or

Emailed  
[hempnallgroup.office@btinternet.com](mailto:hempnallgroup.office@btinternet.com)

**before 15<sup>th</sup> JUNE**