



# Village News

Produced by The Hempnall Group of Parishes



February 2023

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## FEBRUARY 2023 WALK

**26th February 2023**

Meeting at St Margaret's Church, Hempnall at 2:00pm for a 3-3.5 mile walk around Hempnall. Please call Shirley and Keith Mayer 01508 499465 for more details.



### Other Walks 2023

26th March      Josephine & David Murgatroyd  
01508 530453

23rd April      Sue and David Banham 01508 498223

**All welcome!**

**Please contact the walk leader for more information.**

## HERE ARE THE ANSWERS TO OUR CHRISTMAS CAROLS AND SONGS QUIZ

1. *Do you hear what I hear.*
2. *While Shepherds watched their flocks.*
3. *Twelve Days of Christmas*
4. *Away in a Manger*
5. *Silent Night.*
6. *We Three Kings*
7. *Ding Dong merrily on high*
8. *O Holy Night*
9. *Little Donkey*
10. *O come, all ye faithful*



## A BIG THANK YOU!

I would like to say a big Thankyou to everyone who supported Hempnall Lunch Club in November 2022 we made £368 .50.

I would also say the same for everyone who had collection tins and donations—Hempnall School £349.01, McCall's £283.24, Mill Centre £50.40, Delfs Garage £27.00 and Hempnall Surgery £25.95

The total amount collected was £735 .60

Once again many thanks

~Margaret Sparham~



Door to door dial-a-ride service  
Weekly members outings throughout  
the year  
Group hires for not-for-profit  
organisations

### **Borderhoppa Outings for February 2023**

Mon 6th	Stowmarket	Fare £13.00
Mon 13th	The Range & lunch at The Copper Beech	Fare £18.00
Thurs 16th	Highways Nursery & Shopping Centre	Fare £15.00
Thurs 23rd	Lunch at The Black Horse, Thorndon	Fare £8.00
Mon 27th	Norwich City Centre	Fare £18.00

To book or for more information please call 01379 854800 or visit our website  
[www.borderhoppa.org](http://www.borderhoppa.org)



**Saturday 4th  
February 7pm**

**Join us at the Mill Bar  
Hempnall for an evening of  
songs from the Jersey  
Boys  
Free entry**



THE MILL BAR HEMPNALL

*Valentines at the Mill Bar*

**11TH FEB FROM 7PM**

**JOIN US FOR OUR SPECIAL  
VALENTINE'S EVENING**

3 COURSE MEAL	DISCO
£65 PER COUPLE	ADVANCE PURCHASE ONLY

BOOK NOW ON 07765030209  
OR HEMPNALLMILLBAR@GMAIL.COM

## **GARDEN TWINNING IN 2022**

At the final count Garden Twinning, The Hempnall Group Charity for last year has raised an impressive £1168.01.

This has been achieved by generous donations, selling their very attractive mugs, tea towels and notelets and finally from the proceeds of the popular plant and pot sale in September.

This means that 19 families in rural Migori, Kenya will receive training and support in the development of their gardens. In turn this enables them to feed their families from the produce that they have harvested and then to sell any excess with the result that amongst other benefits they can pay for their children to attend school.

Thank you to everyone who has supported this project.



## Winter 2022/3 Newsletter

### ***Football pitch attracts fouls***

Imagine sliding in or falling on something you or your child would rather not!



There has been an increase in dog owners allowing their dogs to roam loose on the playing field including the football pitch. Consequently, the incidence of dog fouling is more frequent.

Please note ALL dogs must be kept on a lead (as per the notices displayed at the entrance to the playing field). One the reason for this, is that the owner should

spot if the dog fouls, and therefore be able to pick it up and deposit it in the dog bin provided on the village hall car park.

Enjoy walking your dog but please let others enjoy using the playing field.

### ***The late Queen Elizabeth II***

Please contact the Clerk with any ideas you have of suitable ways to permanently remember our late queen. Ideas put forward so far include, tree planting, naming the play area after her, erecting a plaque or bench but we are sure you will have even more ideas.



### ***Did you know?***

Wheelchairs are available for loan free of charge courtesy of the Hempnall Trust. Please contact Liz Allen on 01508 499357 if you would like one.



## *An Update from the Speedwatch Team*



It is pleasing to report that the team has recruited more members. We have been active in the village but hope to be able to increase the number of

sessions. Our goal is to encourage motorists not to speed, and to create awareness of the importance of observing the 30mph and 20mph limits. We are working with the police and Norfolk County Council to achieve this.

Would you like to help? We really would like more volunteers to be involved and your contribution may well save a life. Please do contact the Clerk if interested.

Please also report any accidents or near misses in the village to the Clerk. The more we report to the authorities, the greater the chance of action.

## *Play area revamp and development update*



The new zip wire and rope swing are now available to be enjoyed now together with the existing MUGA and basketball area.

All other equipment has been removed and the site levelled. This needs to be left for 3 to 4 months to settle before the remaining new equipment is installed in spring / early summer.

Councillor/Clerk	Telephone No.	Email address
David Hook – Chairman – Tree Warden	01508 498187	hookd74@yahoo.com
Liz Allen - Village Hall Rep - Democracy Champion	01508 499357	liz.allen1@btinternet.com
Joan Cann	01508 498743	joan.cann1944cann@btinternet.com
Richard Delf -Vice Chairman - Playing Field Liaison	01508 499788	richard@delfsgarage.co.uk
Andy Driver - Data Protection Committee	01508 498890	andydriver54@gmail.com
Hamish Rose - Footpaths Officer	01508 498486	hamishandgeorgina@btinternet.com
Mike Turner- Tree Warden - SAM2 Officer - Highways Liaison	01508 499423	mike.turner45@btinternet.com
Peter Workman - Playing field Liaison	01508 499729	pworkman@hempnallpc.org
Ian Nelson - Clerk	01508 498467	theclerk@hempnallpc.org

Members of the public and press are welcome to attend Parish Council meetings which are held at the Mill Centre.  
Dates/agenda and minutes of meetings can be found on our website [www.hempnallpc.org](http://www.hempnallpc.org)

HPC now available "virtually" all the time at [www.hempnallpc.org](http://www.hempnallpc.org)

Write to the Clerk at Karinya, Bungay Rd, Hempnall, Norwich, NR15 2NG. theclerk@hempnallpc.org

## **HEMPNALL MILL AND BAR – LATEST NEWS**

The Mill Bar is open every Friday evening from 6pm and Bill's regular Fish & Chip van is in the car park.

Come along and enjoy a relaxing evening in our new comfortable surroundings. Special events are planned for the first Saturday of each month from 1pm, so please look out for updates here, posters & online

### **Current Events Planned:**

**4th February     The Jersey Boiz Tribute Band – 7pm**

**11th February    Valentine's at The Mill – 7pm**

**23rd February    Clairvoyant Evening with Julia Edge**

*Latest updates <https://www.facebook.com/themillbarhempnall>*

### **THE MILL BAR NEEDS YOU**

If you enjoy meeting people & can spare a few hours on a Friday or Saturday why not come & join our friendly group of volunteers at The Mill Bar, Hempnall.

Give me a call to find out more—Phil Bates: 07957 803120



## **MILL HALL**

The Hall is open for Private Function hire, such as parties, conferences (capacity 60 people), childcare and yoga. To book please fill out the form on our website <https://www.hempnallmill.co.uk> or Tel: 07504 699534 / Email: [hempnallmillcentre@gmail.com](mailto:hempnallmillcentre@gmail.com).

The Mill Bar may be available on application. If you require catering please contact our chef, Simon Wilkin Tel: 01986 894560 / 07999 349715

## **LUNCH CLUB**

The Lunch Club provides Take Away lunches on Wednesdays and Thursdays delivered by volunteers and a Table service at The Mill on Thursdays.

If you would like to receive meals, please apply to Margaret Sparham.

Volunteers, especially kitchen volunteers, for Thursday's lunches contact Margaret on



Tel. 01508 499766 or 01508 499579

### **HEMPNALL TRUST GRANTS**

From time to time, we all need help be that because of ill health, disability, bereavement, relationship breakdown, lack of transport or telecommunications and most recently Covid with its effects on work, childcare and our ability to make ends meet. Residents of Hempnall, who are in need or suffering hardship, can apply to The Hempnall Trust for a Grant to assist them.

All applications are dealt with in complete confidence.

Applications can be made for oneself or on behalf of another, if you think a neighbour might be in difficulty, perhaps suggest they apply.

Grant applications can be made throughout the year.

Grant levels are reviewed annually by the board of Trustees against Trust Guidelines.

To apply, please download, print and complete the application form from our website <http://hempnalltrust.org.uk/grants/> or collect one from the Mill, School, Surgery, Rectory or the Village Hall and return to:

Sarah Batchelor, Hempnall Trust Secretary, Hempnall Mill, Mill Road, Norwich NR15 2LP.

If you need help to fill in the form, please Tel: 07765 030209 / 01508 499406 / Email [hempnalltrust@gmail.com](mailto:hempnalltrust@gmail.com)

### **HEMPNALL TRUST ALLOTMENTS**

Contact: Ian Nelson BF FCA CT CLCA

Secretary & Treasurer of The Church & Town Estates Property Charity

Email: [ctepropertycharity@gmail.com](mailto:ctepropertycharity@gmail.com) | Tel: 07752 490884

### **CHRISTMAS WORDS, NAMES AND VILLAGES QUIZ**

We would like to thank all those who took part in December's Christmas Words, Names and Villages Quiz. The eventual winner was from Harleston who won with an outstanding score of 99 out of 100.

~Pat Westly~

## FOOD BANK

Items for our Food Bank are still needed; we are very grateful to all who continue to contribute during this difficult time.

Our next collections will be on:

**SUNDAY 5TH FEBRUARY & SUNDAY 5TH MARCH 2023**

**Any items can be left at**

**Hempnall Church Office Mon-Thu, 9am-12:30pm.**

**Please phone before arrival – 498157**

### **URGENTLY NEEDED FOOD ITEMS**

CUP-A-SOUP, TINNED VEGETABLES, INSTANT MASH,  
INSTANT NOODLES (NOT POTS), TINNED FRUIT, TINNED  
POTATOES, MICROWAVE PUDDING/CAKES

NO PEANUT BUTTER PLEASE

HYGIENE—MALE & FEMALE DEODORANT

ANIMALS—DOG, RABBIT & GUINEA PIG FOOD (NOT CAT)

Registered charity number 1151679 Registered in England and Wales

# CERTIFICATE

OF RECOGNITION AWARDED TO



## Hempnall Group of Parishes

**For collecting 564kg of food which is  
equivalent to 806 meals**

Thank you from all the team at Waveney Foodbank

*Matthew Scade* Waveney Foodbank Project Manager

e: [info@waveney.foodbank.org.uk](mailto:info@waveney.foodbank.org.uk)  
t: 01379 870506  
m: 07484 394 749



# News from Woodton Primary School

## January 2023

### Happy New Year from Woodton Primary School!

The children have all returned to school well rested and energetic for the new term ahead.

We had a busy end to last term with our annual Christmas jumper day to raise money for the 'Save the Children' charity. We also had our Christmas carol service at All Saints' church, Woodton, where our Oaks class recited 'The night before Christmas', along with a selection of Christmas carols from all of the children.



We had such a lovely performance from our Willows class too, for their Christmas nativity play, called Prickly Hay.

Also, Woodton PTA very kindly funded a whole school trip for all of the children to go and see the pantomime 'Jack in the Beanstalk' at the Fisher Theatre in Bungay.

On the sports side of things, two of our pupils, Betty and Illiana received gold medals for swimming the fastest time in breaststroke in the cluster swimming gala event. Over the next few weeks, our years 5 & 6 pupils have an amazing opportunity, to travel to Langley school and have some, one to one training in Tag Rugby with two of their sports coaches.





## Mobile library timetable

Stop number	Village	Arrival time	Departure time	Stop name	Postcode
2	Hempnall	09:50	10:10	Old Market Way (Bainard Rise)	NR15 2LZ
4	Hempnall Green	10:20	10:45	Three Horseshoes	NR15 2NN
6	Topcroft	10:50	11:00	The Old Chapel	NR35 2BL
8	Topcroft	11:05	11:20	Church Road	NR35 2BH
10	Hempnall	11:25	11:40	Road Green Farm	NR15 2NQ
12	Hempnall	11:45	12:10	Millfields	NR15 2NE
14	Hempnall	12:15	12:35	Roland Drive	NR15 2RB
16	Fritton	12:40	13:00	Village Green(post box/bench)	NR15 2QS

### DATE OF NEXT VISIT:

- 23 February 2023
- 23 March 2023

**Route No: CEN423 Calls on: Thursday Normally every: 28 days**

**Please note this information is subject to change or amendment both on a permanent and temporary basis. For all enquiries about this route please call 01603 222303**

### LONG STRATTON MEDICAL PARTNERSHIP

Swan Lane Surgery, Swan Lane, Tharston, Norwich, Norfolk, NR15 2UY Tel: 01508 530781

To all of our Patients - 2023 is going to be an exciting year for the Practice in preparation for the planned road and housing developments in the coming years in this area!

Prior to Christmas, the building owners presented to our Patient Participation Group, the outline plans for our new extension. In summary, we have received planning permission from South Norfolk Council, sign off by the Norfolk & Waveney ICB, and sign off from NHS England to erect an extension to our building giving 7 extra clinical rooms, plus extending our car park. There is one office room on the ground floor of the existing building that will be converted into a clinical room, plus upstairs we are having all of our Lloyd George paper notes “digitised” which will free up a large office that we can utilise as flexible workspace.

During the build phase and refit there will almost certainly be some disruption, however we intend to keep this to an absolute minimum and will try very hard not to disrupt our service provision. We are looking at the option of opening up our Newton Flotman site for more time, and it may be that some appointments may have to take place up there, especially when our Doctors corridor is being refitted. Within the surgery as a whole, we are looking to move from oil heating to air sourced air conditioning, changing to LED lighting throughout, and hopefully having solar panels fitted to help offset the electrical costs. Flooring throughout will be upgraded, we will be redecorated throughout, and the front Reception Desk will change to be less of a “battleship” to a more welcoming design.

All that we ask is that you bear with us because the investment and pain will definitely “pay back” in 2024 and beyond. Along with the physical expansion, we are also looking at extending and developing our clinical team. We have started the recruitment process for GP, and Advanced Nurse Practitioner, plus we are looking at recruiting a Pharmacist to join us as well.

By doing this work early in the phase of the Long Stratton Neighbourhood Development Plan, we hope that we are setting ourselves up in a good position to be able to absorb the increase in demand for our services.

To view the plans please see our website <https://www.longstrattonsurgery.nhs.uk/2023/01/10/approved-practice-plans-for-2023/>. We really hope that these changes meet with your approval. If anyone has any comments or would like to contribute any ideas for consideration, please feel free to contact any member of our Patient Participation Group.

Keith Burnett  
Practice Manager

## Thoughts for February...

### A perfect winter's day?

I wonder what we think of when visualising a perfect winter's day... To some, 'perfect' and 'winter' don't belong in the same sentence: it's a difficult time and this year, with a cost of living crisis, the season is especially hard for many in our communities.

So we shouldn't romanticise 'the joys of winter'. But nor should we close off our senses to finding moments of beauty and comfort, even in unpromising conditions.

An unexpectedly sunny day, even more appreciated than usual; the first snowdrops peeking through; colourful dawns and sunsets; iced spiders' webs; a bowl of warming soup; settling down with some hot chocolate (or a glass of wine, according to taste), a blanket and a good book – these may be clichés but that's because so many of us will have been lucky enough to enjoy them.

So in what remains of this winter, let's look around us – and look within us – to find these special experiences. Each of us will have some favourite winter moments – if not from this particular season, then from some previous year. Let's savour them and store them up, like squirrels, to see us through tougher times.



A brown oak leaf covered in ice crystals

And let's look forward, too – spring is nearly here, bringing a new range of possibilities, as this poem by Ann Lewin reminds us:

*'Underneath winter's struggle for survival*

*Life waits to be born.*

*After long periods of apparent desolation*

*Shoots appear, and colour warms the earth,*

*Gladdening the heart with hope.*

*Buried beneath our fears, preoccupations,*

*Apparent deadness, Life waits:*

*The growing is in the waiting.'*

Best wishes to all.

~Liam Pilgrim~

'Spring' in Ann Lewin, *Watching for the Kingfisher: Poems and Prayers* (Norwich: Canterbury Press, 2009).

# THE HEMPSTALL GROUP'S LENT TALKS 2023

## *Local but not Parochial...*

This year's Lent Talks are based on the route of a long distance path, the Via Beata, which crosses the country at its widest part from Lowestoft to St. David's in Pembrokeshire. In this area, having followed the river Waveney, it visits Ditchingham, Hardwick and Great Moulton, thus passing through The Hempnall Group and Long Stratton and Pilgrim Benefice.

**Each of these talks, focuses on something that is happening on our doorstep but has national impact.**

The talks will take place at **7.00pm** on **Zoom** (see below for details) on the following Tuesdays in Lent:



*The Ditchingham way-station on the Via Beata*



**7th March 2023 David Daynes will tell us about Emmaus.**

A national charity which supports people to work their way out of homelessness and has a local base in Ditchingham.

**14th March 2023 The Via Beata will be described by Steven Eggleton and the Revd James Shelton.**

They will explain the vision, its creation as a pilgrimage way and exciting plans for the future.

**21st March 2023 Tessa Wardley will introduce us to Environmental work taking place on rivers, in particular the River Waveney.**

**The Zoom link for all the HG Lent Talks 2023 is:** <https://us02web.zoom.us/j/86484366411?pwd=bnBzVE95cTdhdUEpLOFV2OXlFdmlCQT09>

**Meeting ID:** 864 8436 6411      **Passcode:** 893436

Everyone welcome!

## Knitters needed!

Would you – or anyone you know – like to knit some items to be distributed at services in our Group later in 2023?



We hope to be able to gather together a flock of knitted sheep to hand out at Christmas and – before that – some knitted poppies for Remembrance Day in November.



We have the relevant patterns and can supply wool (nb – the sheep can be any colour).

**If able to help, please contact Frances in the Group Office :**

Telephone: 01508 498157 | Email: [hempnallgroup.office@btinternet.com](mailto:hempnallgroup.office@btinternet.com)

## A call for musicians

Do you know any keyboard players (of Grade 5 standard or equivalent) who might be interested in playing the organ occasionally at some of our Sunday morning services across the Hempnall Group? Or other musicians who might be prepared from time to time to accompany hymn singing on another instrument?



This is a great opportunity for music students to extend their practical experience and for those with 'lapsed' musical skills to re-discover their talent.

**If wanting to know more, please contact Frances in the Group Office:**

Telephone: 01508 498157 | Email: [hempnallgroup.office@btinternet.com](mailto:hempnallgroup.office@btinternet.com)



## Our Church Services...

<b>Sunday</b> <b>5<sup>th</sup> Feb 2023</b> <b>3<sup>rd</sup> Sunday</b> <b>before Lent</b>	<b>10:00am   Morning Prayer in the Iona Tradition</b>	<b>Topcroft Church</b>
	<b>4:00pm   Family Praise</b>	<b>Hempnall Church</b>
<b>Sunday</b> <b>12<sup>th</sup> Feb 2023</b> <b>2<sup>nd</sup> Sunday</b> <b>before Lent</b>	<b>10:00am   Group Eucharist</b>	<b>Hardwick Church</b>
<b>Sunday</b> <b>19<sup>th</sup> Feb 2023</b> <b>Sunday next</b> <b>before Lent</b>	<b>10:00am   Group Eucharist</b>	<b>Hempnall Church</b>
<b>Wednesday</b> <b>22<sup>nd</sup> Feb 2023</b> <b>Ash Wednesday</b>	<b>7:00pm   Group Eucharist</b>	<b>Hempnall Church</b>
<b>Sunday</b> <b>26<sup>th</sup> Feb 2023</b> <b>1<sup>st</sup> Sunday of</b> <b>Lent</b>	<b>10:00am   Morning Prayer in the Methodist Tradition</b>	<b>Woodton Church</b>
	<b>6:00pm   Evening Service</b>	<b>Zoom</b>
<b>Sunday</b> <b>5<sup>th</sup> Mar 2023</b> <b>2<sup>nd</sup> Sunday of</b> <b>Lent</b>	<b>10:00am   Group Eucharist</b>	<b>Fritton Church OR</b> <b>Bedingham</b> <b>Church</b> <b>(TBC)</b>
	<b>4:00pm   Family Praise</b>	<b>Hempnall</b>

## Happy Birthday to....

### Children

- \* Thomas Chapman who will be 4 on the 4th

### Teenage

- \* Daisi Lili-May Reeder-Rodger who will be 16 on the 5th
- \* Thomas Potter who will be 18 on the 22nd



## From the Registers....

### Funerals

6th December 2022, Betty Catherine Woolston, Aged 97 years. Cremation at Earlham Crematorium.

8th December 2022, Geoffrey Moulton, aged 74 years. Funeral at St Margaret's Church, Hempnall.

12th December 2022, Jim Fulford, aged 82 years. Funeral at St John the Baptist Church, Morningthorpe.

10th January 2023, Meg Cobbold, aged 82 years. Burial of Ashes at St Mary's Church, Shelton.

24th January 2023, Cecil Lloyd, aged 91 years. Funeral at St Margaret's Church, Topcroft.



## Help with living costs

You may be struggling with living costs for a range of reasons. Find out what support is available and get advice.

<https://www.norfolk.gov.uk/what-we-do-and-how-we-work/campaigns/help-with-living-costs>



**Norfolk**  
County Council

### **ACCOUNTS & BOOKEEPING**

ALINE TURNER ACA - bookkeeping, accounts, tax returns, payroll - 01508 550403 or 07785 528069

### **AGGREGATE SUPPLIERS**

CARRY ALL - Supplies of quality aggregates, to Trade & Public, Free delivery, No VAT - 01508 536182 or 07850 402845

### **CARPENTRY SERVICES**

CARPENTER - Mark Whitbread, Free quotations, No job too small - 01508 532605

### **CARPET & UPHOLSTERY CLEANING**

CARPET AND UPHOLSTERY CLEANING - Local, reasonable rates - David - 01379 608529 or 07768 757308

### **CHIMNEY SWEEP**

CHIMNEY SWEEP - Guild of Master Sweeps, Clean & Friendly, Smoke /test/Certificates - Dave 07835 757528

### **ELECTRICIANS**

ELECTRICIAN - Bob Turner - Domestic & Commercial Electrical Contractor - 07899 794813

### **EXTERIOR MAINTENANCE SERVICE**

**KERB APPEAL SOLUTIONS** – Pressure washing, driveways & patios, fence & decking rejuvenation, roof & gutter cleaning. Based in Hempsall, for a friendly professional service call Mark 07360538572

### **FARM SHOPS**

FARM SHOP, CAFÉ & BUTCHERY, Norwich Road, Woodton for the best Raw Milk in Norfolk - 07900 814252

### **FUNERAL SERVICES**

R. B. COPPING FUNERAL SERVICES, PORINGLAND - 01508 494434

ROSEDALE FUNERAL HOME - Beccles & Bungay, a family business - 01986 892790 or 01502 714445

### **GARAGE DOOR SUPPLIER**

Garolla Roller Shutter Doors - GARAGE DOOR SUPPLIER & INSTALLER - Hempsall and surrounding areas – Mobile 07537 149 128 or 01508 320 038 / 01986 960 067

### **GROUNDWORK & GARDENING SERVICES**

S. W. CONTRACTORS Groundwork, Gardens, Fences, Patios & Hedge Trimming - 01508 495528

### **HAIR & NAIL SALONS**

EVIE CLARK HAIRDRESSING - Hairdresser & Barber, based in Hempsall - 01508 499934 or 07703 680443

FEET - Corns, calluses, nail cutting & more, treated in you home - Wendy - 01379 676872

## OSTEOPATH

OSTEOPATH-Osteopathy for all-adults to babies, includes cranial. Joints, spine, nerves, headaches, accidents - 07818 747776 | 01953 789629 |  
[www.norfolkost.co.uk](http://www.norfolkost.co.uk)

## PIANO TUTION

PIANO LESSONS - Bedingham - All ages welcome - Marian Gibb ALCM (TD) DipLCM. 01508 482 746

## PARISH COUNCILS

HEMPNALL PARISH COUNCIL- Website Address [www.hempnallpc.org](http://www.hempnallpc.org)

## PEST CONTROL

SAFE & SOUND HYGIENE AND PEST CONTROL & GARDEN MAINTENANCE - 01379 788865 or 07809 226109

## PLANT HIRE

PETER MATTHEWSON PLANT HIRE - Drainage & Groundworks - Please call for info. 01508 482655 or 07850 722094

## PLUMBING SERVICES

PLUMBER - David Milward - Over 30 years' experience all plumbing work - 07763 359313 or 01508 498005

CHRIS CLARKE OIL BOILER SERVICES - Servicing: 07912 146619, Breakdowns: 07377 516660

## TRANSPORT

CHRIS BAKER TRANSPORT - Man & Van - 01508 531738 or 07821 923489

## WINDOW CLEANING

WINDOW WONDERLAND - Window cleaning services - Contact Sammy Raynes - 01508 482679 or 07975 579292

## Contact us....

Frances Atherton  
Group Administrator  
Group Office, open  
Mon-Thurs 9am-12.30pm  
Telephone: 01508 498157  
Our email:

[hempnallgroup.office@btinternet.com](mailto:hempnallgroup.office@btinternet.com)

Our website: [www.hempnallgroup.co.uk](http://www.hempnallgroup.co.uk)



## Items for the next issue....

Items for the Village News should be Delivered, Posted or Emailed to:  
Group Office, The Rectory,  
The Street, Hempnall, NR15 2AD  
Email:  
[hempnallgroup.office@btinternet.com](mailto:hempnallgroup.office@btinternet.com)

**before 15<sup>th</sup> FEBRUARY**

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