



Village News

Produced by The Hempnall Group of Parishes



Picture by courtesy of Nicola Eastell

June 2023

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JUNE WALK

Sunday 25th June 2023

Our walk will start at **Topcroft church at 2pm**. The walk will be approximately 5 miles along public footpaths and lanes around Topcroft. It will include a short section of the Via Beata. There will be refreshments in Topcroft church afterwards.



Please contact David and Margaret Ferre on 01508 482562 for further information .

MIDSUMMER LUNCH

In the garden at
Hedge End, Field Lane, Hempnall

Saturday 24th June 2023

at 12 noon

Raffle and Tombola

Tickets £10.00



Tickets are available from

**Christine Stone 01508 499472, Jill Turner 01508 499344 or Joy
Allen 01508 498236**

All proceeds will go to St Margaret's Church, Hempnall

CONCERT BY MEDIEVAL HARPIST LEAH STUDDART

Leah Studdart at Saxlingham Nethergate Church
on Saturday 15th July 2023
at 5:30pm
Tickets cost £7.50
(Keep the date—further details next month!)



CORONATION BANK HOLIDAY

Several successful events took place on Coronation Bank Holiday Monday for the residents of Hardwick and Shelton. 35 people took part in a walk in the morning arriving at Shelton Church for refreshments and a Tombola. The afternoon



activities started with a village treasure trail in Hardwick and was followed by a Coronation High Tea at the Village Hall enjoyed by some 90 parishioners. There was an excellent selection of food provided and a raffle was held to raise funds for Macmillan Cancer.



The organisers would like to thank everyone who was involved in the events including those who provided food and raffle prizes. £60 was raised on the tombola for Emmaus and £455 was raised on the raffle for Macmillan Cancer. '



We welcome
The East of England
Co-op Band
for
“Music for a Summer’s
Evening”
in
St. Peter’s Church, Brooke
Saturday 17th June 2023 at 7pm

A Championship Section Contesting Brass Band, First Section
Champions, London and Southern Counties, March 2022.

We are really privileged to welcome this prestigious band to St.
Peter’s.

Tickets £10

(Children 16 and under £5)

available in advance from members of the church choir, or telephone
01508 558324 to reserve a ticket.

“Nibbles” available in the interval - Licensed Bar

WOODTON PRIMARY SCHOOL SUMMER FETE

Woodton Primary School will be holding their annual Summer Fete on **Saturday 8th July 12pm – 3pm**. All are welcome to come and join in the fun. Tug of war, Sack Race, Welly Lob, Crafts, Shoot the goal, Face painting, music and more.

Ticket price £2 per person.

Also available to buy on the day - BBQ, licenced bar, tea and cake tent, ice cream van, raffle and tombola

Any parents or family who have a business that would like to have a stand at the fete, please contact Emma for details –price £10 pitch. Contact

kealemma@gmail.com

WOODTON UNITED CHARITIES

Woodton United Charities was set up to help the residents of the village in times of need.

Do you need any financial help with education costs, transport costs, heating or any other financial assistance?

All Grants are considered at the discretion of the Trustees and treated in the strictest confidence.

Please email: woodtonunitedcharities@gmail.com for further information or download an application form:

<https://woodtonunitedcharities.wordpress.com/>

Alternatively, application forms can be collected from Ian Butler at Eastview, Hempnall Road, Woodton, NR35 2LS, or telephone 01508 482451.

Topcroft Parish Council

MEETING DATES Topcroft Sport Pavilion

- Monday 22nd May 2023 – 7.30pm –
Annual Parish Meeting & Annual Parish Council Meeting
- Monday 10th July 2023 - 7.30pm
- Monday 11th September 2023 - 7.30pm
- Monday 13th November 2023 - 7.30pm

Planning meetings are arranged when required.

*The agenda is displayed 3 days before the meeting on the noticeboards & website: <https://topcroftpc.norfolkparishes.gov.uk>
For further details contact the Clerk email: topcroftpc@gmail.com*

~ Parishioners are Welcome to attend the Meetings ~

Help with living costs

You may be struggling with living costs for a range of reasons. Find out what support is available and get advice.



Norfolk
County Council

<https://www.norfolk.gov.uk/what-we-do-and-how-we-work/campaigns/help-with-living-costs>



PLEASE PICK-UP AFTER YOUR DOG!

Unfortunately, Topcroft have an ever-increasing problem of dog mess in the village.

Please could we politely ask parishioners in Topcroft to clear up after their pets.

~Sally Chapman~

Clerk to Topcroft Parish Council



LIVE MUSIC AND FOOD

THE MILL BAR HEMPSTALL

JUNE 2ND

JOIN US FOR AN EVENING OF LIVE
MUSIC FROM GRAHAM MCGROTTY
AND FOOD FROM BILLS FOOD
TRUCK AND BAR FROM 5PM
MUSIC FROM 7PM

FOOD AVAILABLE FROM 5PM
PREBOOK ESSENTIAL BY EMAILING
HEMPSTALLMILLBAR@GMAIL.COM

Cod and Chips £8.80

Sausage and Chips £4.70

Burger £6.00

Chips £2.80



The Hempnall Trust



The Hempnall Trust is a charity that was set up to help residents who are in need, hardship or distress and to support the community of Hempnall.

We can provide financial grants to those who need them. The Trust also run the Mill Centre to support the local community through village lunch clubs, the Mill Bar & room hire in a listed building.

If you would like to find out more about any area of the Hempnall Trust please look at our website www.hempnalltrust.org.uk or email hempnalltrust@gmail.com

Events hosted by the Mill are updated on the Facebook page www.facebook.com/themillbarhempnall

HEMPNALL WI.

Hempnall WI were entertained at our April meeting by a talk from Helen Reeve. Despite problems with her IT, she gave us a very entertaining talk about her connection with the Royal Family. She is a young farmer and has attended many Royal activities due to her many duties within the Young Farmers. We have heard she was invited to the Coronation so maybe another talk will be inspired.

In May we did not have a speaker but instead various members brought things they had crafted, explained how and why they had made them. It was an interesting evening and everyone enjoyed chatting over refreshments after.

If you would like to come and experience our WI our next meeting is at The Mill on Wednesday 5th July at 7.30pm with a talk by Kay Jefford titled 'No Going Back'.

There will be no meeting in June as we are going to see a production of Calendar Girls at Pulham Village Hall instead of a meeting.



What's On

Hempnall Trust & Mill Bar

Friday 2nd June from 7pm

The Mill Bar present Graham McGrotty & Food

An evening of free live music from across the decades, Food provided by Bill's Fish & Chips including gourmet burgers (via pre-order only)

Sunday 18th June from 1030am

Classic Car show, craft stalls & Feast Street Food

Father's Day celebration of classic cars, craft stalls & Street Food Vendor – Feast

Saturday 8th July from 7pm

Michael Jackson Tribute – Simply Jackson

Simply Jackson live from The Royal Albert Hall – Ticket ONLY - £10

To pre-order food, book tickets or receive details of our upcoming events via email, please let us know at hempnallmillbar@gmail.com

FUTURE EVENTS

Saturday 29th July from 6pm

Street Food Vendor – Dainty's
Kitchen

Saturday 7th October from 6pm

Street Food Vendor – Broadside
Pizza

Saturday 21st October from 7pm

Elvis Tribute

Saturday 18th November from 6pm

Street Food Vendor – The Dirty Fryer
Boys

If you'd like to receive details of our upcoming events via email, please let us know

BACON BUTTIES!

Thank you to everyone who braved the weather on Friday the 12th May to join us at The Chequers for bacon butties and chat.

In spite of the cold and almost continuous rain a record amount of £580 was raised for Hempnall church. Special thanks to the heroic helpers and all who gave plants, cakes or raffle prizes.

Summer Garden Party

4pm Sunday 2nd July 2023

Hempnall Church Grounds

Strawberries & Cream

Treasure Hunt Craft Games

Free All very welcome



A Christmas Fair will be held in **Hempnall Village Hall on Saturday 25th November 2023**, in aid of St. Margaret's Church Hempnall. ANY CRAFTERS who would like to book a table please contact Yvonne Davy 01508499405 or email ydavy01@yahoo.co.uk



DEFIBRILLATOR

A defibrillator is located at
Topcroft's Social Club
The Street Topcroft NR35 2BL
what3words///goods.students.economics

**In an Emergency call 999 for the
Defibrillator Cabinet Code & Instructions**

This defibrillator is owned by Topcroft Parish Council - any issues contact 07774 734411

FOOD BANK

Items for our Food Bank are still needed; we are very grateful to all who continue to contribute during this difficult time.

Our next collections will be on:

SUNDAY 4TH JUNE 2023

Any items can be left at

Hempnall Church Office

Mon-Thu, 9am-12:30pm.

Please phone before arrival

01508 498157

Donating Money: Regular giving is a great way to support the Food Bank

URGENTLY NEEDED ITEMS:

PASTA SAUCE

TINNED VEGETABLES

TINNED FRUIT

NON URGENT ITEMS:

INSTANT NOODLES (NOT POTS)

TINNED POTATOES

MICROWAVE PUDDINGS/CAKES

For further details please check out this website: <https://waveney.foodbank.org.uk/give-help/donate-money/>



Serving the community

Need help getting out and about?

No available transport?

Borderhoppa Community Transport provides a door to door dial-a-ride service in your area.

Our friendly drivers can pick you up from your home and take you shopping, attend GP appointments, visit friends and relatives or attend a local club/ community group.

We also run regular outings for members throughout the year including trips to the coast, gardens, shopping trips, boat trips and pub lunches.

If you are a member of a local not for profit community group, you can hire the minibuses for outings. Go to destinations of your choice, visit your favourite places and enjoy shopping trips.

For a copy of the 2023 outings leaflet and for any other information regarding the services we provide please call the office: 01379 854800, email: adminborderhoppa@btconnect.com or visit our website: borderhoppa.org

LONG STRATTON MEDICAL PARTNERSHIP

Swan Lane Surgery, Swan Lane, Tharston, Norwich, Norfolk, NR15 2UY Tel: 01508 530781

Cervical screening awareness week 19th – 24th June 2023

In a previous issue, I spoke about the importance of cervical screening in women. In June, a week is specially dedicated to cervical screening awareness, and I felt I had to add something on this topic again. In January this year, NHS England published a news article on their website on this topic and the introductory paragraph was quite scary! It read “The NHS has issued a call for anyone eligible for cervical screening to come forward for a potentially life-saving appointment, with nearly a third, around 4.6 million, not taking up their latest test. The plea from senior NHS medics comes on the back of the health service sending a record number of invites for cervical screening in the last year, as part of its ambition to eradicate the cancer through a combination of vaccination and early identification.’

Once again, a reminder about cervical screening. Cervical screening is offered to all women and people with a cervix between the ages of 25 and 64. A letter is sent from NHS England inviting you to make an appointment. If patients do not attend their screening their GP surgery is informed, as a safety net, we take over their care and send a further invitation.

Based on our current searches these are the numbers of our patients that are currently overdue their cervical screening:

- Patients aged 25 to 34 = 135
- Patients aged 35 to 49 = 223
- Patients aged 50 to 65 = 291
- 354 of patients are currently HPV positive and have not responded to follow up requests

I encourage you to take up this screening if you are eligible, raise awareness in your family and friends circle and help in the eradication of this cancer.

Stay Safe.

~Dr Mini Nelson~

Thought for the Month.....

Dear Friends,

Have you ever wondered why God created wasps? I have, every time one has hijacked a picnic or brought his friends to make a nest around the house. Whilst they might be fiendish creatures, they do, of course, have an important place in our environment and feast on all sorts of pests who would destroy our plants and fruit otherwise.



The creation story in the Bible tells us that each time God created something "he saw that it was good". We are surrounded by that good creation to this day. Whether it be the beauty of an open vista with blue sky and swaying corn fields, the produce of our gardens and greenhouses, both personal and commercial, or the grace and intelligence of the animals and birds with whom we share the planet - all provide us with cause to celebrate and praise their maker.

The 5th June this year is World Environment Day and the focus is on plastic. I wonder if God wonders why he allowed humans to discover and make the stuff? Without doubt it can be "good" and has made a huge difference to our lives, but it is also destroying our world. It is estimated that between 19 and 23 million tonnes of used plastic enters our seas, rivers and waterways each year; a threat to

animals and to human life.

There are so many terrible things happening in our world that we feel helpless to do anything about - but here is something we can change. Can you reduce the amount of single-use plastic that passes through your household? Why not use 5th June as a starting point and see if you can re-use or re-cycle just one extra piece of plastic each week? When you shop, can you choose things with less plastic packaging? If we all do it, manufacturers will soon get the message.

God created a wonderful world and gave it into our care. Let's see if we can do our bit to ensure that those who come after us can also look at their environment and see that "it was very good".

With every blessing,

Lynn

New Benefice Vision Day.....

On 29th April members of the Hempnall Group and the Brooke Benefice came together at Ditchingham Village Hall to spend time together and to consider their vision for the new benefice they are being asked to become.

It was a beautiful sunny day and those who attended enjoyed spending time getting to know one another, including for many eating lunch outside. Thanks to all who baked cakes and biscuits – and to the washing up team.

We were able to worship together as we set the day in the context of prayer and shared in Holy Communion.

During the day we thought about the treasures that each benefice brings to the new benefice and considered these in the light of the “Five Marks of Mission” which define the Church. We were overjoyed by the riches we discovered we have and interested to see how these mapped onto the Five Marks. Moving on, we considered “What Three Words” we would like people to say about our churches and congregations – “welcoming” and “friendly” were the top two and will be high on the agenda as we plan for the future.

After lunch participants were invited to choose from a wide range of concerns and to express their thoughts, ideas and questions, or to discuss them with others. This activity produced a bank of ideas and opinions which will inform the direction of the new benefice. Subjects included: eco-matters, music, communication, learning, finance and church buildings, among others. Time was spent discussing a name for the new benefice. A shortlist of the many suggestions sent in by community members was considered in greater depth, along with thinking about the theological significance of names. Having gathered everyone’s thoughts these will be taken to the PCCs of the two benefices who will make the final decision about which name is submitted to the Archdeacon.

We finished the day by considering what we feel God may be calling us to be like as a new benefice and sharing these ideas with one another. No definitive answer was reached but as we plan now we will be able to look back at these thoughts and see if the practical things we intend to do fit in with them. This was a wonderful day which made a really good beginning to our life together as the new benefice.

With thanks...

PAUL TRUDGILL

Mary, Paula and Richard would like to thank everyone who sent cards, flowers and messages of support after the sad loss of Paul. Special thanks to Dr Cramer and the palliative care team, The Revd Lynn Chapman for the special service, Stuart, William and Tabitha for their lovely contributions and thanks to everyone who attended the church service. Thanks to the Woodrow family for their support and refreshments back at the Hanger, Airfield Farm. To Susan Whymark and the team for the friendly and very professional Funeral Service.

PETER LESLIE DOWNING

Christine has now had a further update from R B Copping Funeral Service. His donation total for Spinal Research amounted to an amazing £2308.90. Her heartfelt thanks are sent to each and every one of you.

PETER REEDER

Michelle would like to thank everyone who sent messages of sympathy following the sad loss of Peter Reeder. Her thanks go to everyone who attended Peter's funeral service at Waveney crematorium on 27th March. Peter would have been so touched so many attended. She would also like to thank the doctors and dispensary ladies at Millgates doctors surgery.

Our Church Services...

4th June 2023 Trinity Sunday	10:30am Whole Benefice Holy Communion	Bedingham Church
	4:00pm Family Praise	Hempnall Church
11th June 2023 1st Sunday after Trinity	9:00am "Quiet" Communion	Mundham Church
	10:30am Holy Communion	Hempnall Church
	10:30am Morning Worship in the Celtic Tradition	Kirstead Church
18th June 2023 2nd Sunday after Trinity	9:00am "Quiet" Communion	Woodton Church
	10:30am Holy Communion	Brooke Church
	10:30am Morning Worship	Shelton Church
25th June 2023 3rd Sunday after Trinity John the Baptist	9:00am Patronal Holy Communion	Morningthorpe Church
	10:30am Holy Communion	Topcroft Church
	10:30am Morning Worship in the Iona Tradition	Thwaite Church
	6:00pm Evening Worship	Via Zoom

Further details of all our church services and events can be found at the Hempnall Group Website <https://hempnallgroup.co.uk/> or the Brooke Benefice Website <https://brooke.churchnet.co/>

Happy Birthday to....

Children

* Tia Louise Rodger who will be 6 on the 20th

Teenage

* Ollie Woodward who will be 16 on the 26th



From the Registers....

Marriages

Saturday 20th May 2023, John Broomfield and Donna Holmwood at St Margaret's Church, Hempnall.

Funerals

10th May 2023, Paul Trudgill, aged 82 years.
Funeral Service at St Margaret's Church, Topcroft.

13th May 2023, Colin Sutton, aged 75 years.
Burial of Ashes at St Margaret's Church, Hempnall.



Need Help?....

DOMESTIC CLEANING

CLEANERS R US - Affordable - reliable - professional Want a pristine, clean home but don't want to spend all weekend doing it? WE CAN HELP YOU! Trusted in local homes since 2003. Same reliable, police checked, vetted and insured cleaner provided on a regular basis at affordable rates. 01508 490 808 | norwich@cleanersrus.co.uk | www.cleanersrus.co.uk/domestic-home-cleaning-norwich

ACCOUNTS & BOOKEEPING

ALINE TURNER ACA - bookkeeping, accounts, tax returns, payroll - 01508 550403 or 07785 528069

AGGREGATE SUPPLIERS

CARRY ALL - Supplies of quality aggregates, to Trade & Public, Free delivery, No VAT - 01508 536182 or 07850 402845

CARPENTRY SERVICES

CARPENTER - Mark Whitbread, Free quotations, No job too small - 01508 532605

CARPET & UPHOLSTERY CLEANING

CARPET AND UPHOLSTERY CLEANING - Local, reasonable rates - David - 01379 608529 or 07768 757308

CHIMNEY SWEEP

CHIMNEY SWEEP - Guild of Master Sweeps, Clean & Friendly, Smoke /test/Certificates - Dave 07835 757528

ELECTRICIANS

ELECTRICIAN - Bob Turner - Domestic & Commercial Electrical Contractor - 07899 794813

EXTERIOR MAINTENANCE SERVICE

KERB APPEAL SOLUTIONS – Pressure washing, driveways & patios, fence & decking rejuvenation, roof & gutter cleaning. Based in Hempnall, for a friendly professional service call Mark 07360538572

FARM SHOPS

FARM SHOP, CAFÉ & BUTCHERY, Norwich Road, Woodton for the best Raw Milk in Norfolk - 07900 814252

FUNERAL SERVICES

R. B. COPPING FUNERAL SERVICES, PORINGLAND - 01508 494434

ROSEDALE FUNERAL HOME - Beccles & Bungay, a family business - 01986 892790 or 01502 714445

GARAGE DOOR SUPPLIER

Garolla Roller Shutter Doors - GARAGE DOOR SUPPLIER & INSTALLER - Hempnall and surrounding areas – Mobile 07537 149 128 or 01508 320 038 / 01986 960 067

GROUNDWORK & GARDENING SERVICES

S. W. CONTRACTORS Groundwork, Gardens, Fences, Patios & Hedge Trimming - 01508 495528

HAIR & NAIL SALONS

EVIE CLARK HAIRDRESSING - Hairdresser & Barber, based in Hempnall - 01508 499934 or 07703 680443

FEET - Corns, calluses, nail cutting & more, treated in you home - Wendy - 01379 676872

OSTEOPATH

OSTEOPATH-Osteopathy for all-adults to babies, includes cranial. Joints, spine, nerves, headaches, accidents - 07818 747776 | 01953 789629 | www.norfolkost.co.uk

PIANO TUTION

PIANO LESSONS - Bedingham - All ages welcome - Marian Gibb ALCM (TD) DipLCM. 01508 482 746

PARISH COUNCILS

HEMPNALL PARISH COUNCIL- Website Address www.hempnallpc.org

PEST CONTROL

SAFE & SOUND HYGIENE AND PEST CONTROL & GARDEN MAINTENANCE - 01379 788865 or 07809 226109

PLANT HIRE

PETER MATTHEWSON PLANT HIRE - Drainage & Groundworks - Please call for info. 01508 482655 or 07850 722094

PLUMBING SERVICES

PLUMBER - David Milward - Over 30 years' experience all plumbing work - 07763 359313 or 01508 498005

CHRIS CLARKE OIL BOILER SERVICES - Servicing: 07912 146619, Breakdowns: 07377 516660

TRANSPORT

CHRIS BAKER TRANSPORT - Man & Van - 01508 531738 or 07821 923489

TREE SURGERY

T. MABBUTT TREE SERVICES – High standard of work from a professional, considerate and friendly local business. Covering all aspects of tree surgery and stump removal. Holding qualifications from the RHS, RFS, City & Guilds. Free quotes. Based in Ditchingham. 07773676465 www.treemabbutt.com Find us on Facebook.

WINDOW CLEANING

WINDOW WONDERLAND - Window cleaning services - Contact Sammy Raynes - 01508 482679 or 07975 579292

Contact us....

Frances Atherton
Group Administrator
Group Office, open
Mon-Thurs 9am-12.30pm
Telephone: 01508 498157

Our email:

hempnallgroup.office@btinternet.com

Our website: www.hempnallgroup.co.uk

Items for the next issue....

Items for the Village News should be
Delivered, Posted or Emailed to:
Group Office, The Rectory,
The Street, Hempnall, NR15 2AD
Email:

hempnallgroup.office@btinternet.com

BEFORE 15TH JUNE

This magazine is published by the Joint Council of the Hempnall Group of Parishes. We reserve the right to edit or decline any material submitted for publication. While reasonable efforts are made to ensure that the contents of the magazine are accurate, no responsibility can be taken for errors and omissions. The material printed does not necessarily represent the views of the Joint Council. In accepting advertisements for publication, no recommendation of products or services is implied and we cannot accept responsibility for any unsatisfactory transactions.