

Village News Produced by The Hemphall Group of Parishes



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Group Walk coming up in 2025

9th February 2025 at 2:00pm. There will be a walk of about 3 miles in the local area. Contact Andy March or Jill Turner 01508 499344



Friends of St Peter's Christmas Coffee Morning

Saturday 7th December 2024

10:00am -12.00pm

Entrance fee is £5.00 including coffee and homemade mince pies

There will be a raffle, cake stall and jigsaw puzzles.

All welcome.

HEMPNALL WI

We met at the Mill on 6th November for our Annual Meeting. Before the meeting Cindy Brookes and Pat Westley helped us all to make a Christmas cracker. This caused a lot of amusement and everyone took a cracker home. There were materials left for everyone to take what was needed to make another at home.

We then progressed to our Annual Meeting and Mrs Rosemary Tooms retired as President having done this for over four years. She was thanked and Mrs Diane Freeman was elected as new President. Our next meeting will be at the Mill on Wednesday 4th December at 7.30pm. If anyone wishes to attend please contact Cindy Brookes 499358 or email cindy1brookes@icloud.com. We look forward to welcoming you.

2025 starts with our first meeting at the Mill on Wednesday $8^{\rm th}$ January with a talk by Cheryl Cada about cheese.



Topcroft Christmas Bingo

Wednesday
4th December 2024
at
Topcroft Pavilion

The bar will be open and there will be mince pies and great prizes.



- Door to door dial-a-ride service
- Weekly members outings throughout the year
- Group hires for not-for-profit organisations

Borderhoppa Outings for December 2024

Mon 2nd Highways Nursery & Shopping Centre - £15.00

Mon 9th Thetford Town & Garden Centre - £15.00

Mon 16th Beccles - £15.00

Mon 23rd Christmas Lunch at The Jolly Farmers, Forncett - £35.00 (includes three course meal and transport)

To book or for more information please call 01379 854800 or visit our website www.borderhoppa.org

Norfolk County Council

Mobile Library Timetable

| Village | Stop Name | Arriva I Time | Departure Time | Postcode |
|----------------|------------------------------------|------------------|-------------------|----------|
| Hempnall | Old Market Way (Bainard Rise) | 14:10 | 14:30 | NR15 2LZ |
| Hempnall Green | Three Horseshoes | 14:35 | 14:55 | MR15 2NN |
| Topcroft | The Old Chapel | 15:00 | 15:15 | NR35 2BL |
| Topcroft | Church Road | 15:20 | 15:35 | NR35 2BH |
| Hempnall | Road Green Farm | 15:40 | 15:55 | NR15 2NQ |
| Hempnall | Millfields | 16:00 | 16:15 | NR15 2NE |
| Hempnall | Roland Drive | 16:20 | 16:35 | NR15 2RB |
| Fritton | Village Green (post box and bench) | 16:40 | 17:05 | NR15 2QS |

• 23 December 2024

• 20 January 2025

• 17 February 2025

Please note this information is subject to change or amendment both on a permanent and temporary basis. For all enquires about this route please call 01603 222303

GRANTS AVAILABLE FOR PARISHIONERS

The Foundation is keen to support all Hemphall residents (adults and children), regardless of financial circumstances, to take advantage of a wide range of educational and recreational opportunities. Consequently, if you would like to discuss any aspect of a claim you may be planning to make, including how it may be funded, we would be happy to talk with you informally. Please contact Ian (see below).

The next meeting of the Hempnall Town Estate Educational Foundation is during January 2025. Completed applications for grants by 01 January 2025 to Ian Nelson, Clerk to the Trustees, Karinya, Bungay Rd, Hempnall, NR15 2NG. or email to hteef.clerk@gmail.com

Application forms are available online at https://hempnalltrust.org.uk/https-hempnalltrust-org-uk-town-estate-educational-foundation/ and in Hempnall Village Hall, Hempnall Church, The Mill Centre, Hempnall Surgery or by email.

Any queries or requests for forms to Ian Nelson - hteef.clerk@gmail.com Tel: 01508498467.

PLEASE NOTE - WE ARE ABLE TO ACCEPT COMPLETED APPLICATIONS BY EMAIL. VALID RECEIPTS/PROOF OF PAYMENT MUST BE INCLUDED. INVOICES ALONE CANNOT BE CONSIDERED AS PROOF OF PAYMENT MADE.



HEMPNALL MILL COFFEE STOP

Monday 2nd December 2024
9:30am-12:00pm
Hempnall Mill Centre
Everyone welcome for coffee, cakes
and more!
Christmas hamper raffle

All profits for the Mill Centre

HEMPNALL TRUST GRANTS



As we hit winter, are you struggling with the cost of heating?

The Hempnall Trust provides grants for residents experiencing need, hardship, or distress. If you've lived in the Hempnall for a year, or more, then you could be eligible for one of our grants, with no means testing involved.

If you would like further information, please contact 07504 699 534 or hempnalltrust@gmailcom

All correspondence is handled in complete confidence and with the upmost discretion.

The Hempnall Trust

The Hempnall Trust is a charity that was set up to help residents who are in need, hardship or distress and to support the community of Hempnall.



We can provide financial grants to those who need them. The Trust owns the Mill & Bar both of which are used to support the local community through lunch clubs, events & room hire in a listed building.

If you would like to find out more about any area of the Hemphall Trust please look at our website www.hemphalltrust.org.uk or email hemphalltrust@gmail.com

Events hosted by The Mill are updated on the Facebook page www.facebook.com/themillbarhempnall & there is a regular What's On email.

If you would like to be added to the distribution list of events, please email hempnallmillbar@gmail.com

If you'd like to get involved with the Trust, Bar or run your own events please get in touch.

All Profits go back into the Trust to benefit Hempnall residents.





Nominations now open for the Broadland and South Norfolk Business Awards 2025

Nominations are open for Broadland District and South Norfolk Councils' Business Awards sponsored by local law firm Birketts LLP.

Businesses based in the two districts are invited to nominate themselves in any of the ten categories to be in with a chance of winning a prestigious award.

Businesses are invited to nominate themselves in the following categories:

Business Growth, Business Innovation, Employer of the Year, Environmental Impact, Excellence in Advanced Manufacturing and Engineering, Excellence in Insurance, Financial and Professional Services, Food and Drink Producer of the Year, New Business, Small Business of the Year and Tourism Business of the Year.

Residents are also invited to vote for their favourite Retailer of the Year and Pub of the Year. By voting they will automatically be entered into a prize draw and be in with a chance of winning £100 of shopping and pub vouchers. There will be four lucky winners, two from each district.

Nominations close on **Friday 13 December** and winners will be announced on 19 March 2025 at an awards ceremony at Norwich City Football Club.

To nominate your business, or to vote for your favourite retailer and pub, visit www.southnorfolkandbroadland.gov.uk/businessawards



LONG STRATTON MEDICAL PARTNERSHIP

Swan Lane Surgery, Swan Lane, Tharston, Norwich, Norfolk, NR15 2UY, Tel: 01508 530781

We are at the doorstep of Christmas 2024. I keep repeating myself that time has flown a wee too quickly for us at LSMP. It has been an extraordinary year. We have had many a high and many a low with staff change overs, external pressures that have meant changes that are just too quick to assimilate and sickness. Yet I call it an extraordinary year as there have been so much good things happen to us. I start with the state of the art and modern extension of our building which was much needed. It has given us an extra 7 clinical rooms and our Nurses and HCAs are using it effectively.

We have an array of allied health professionals working with us including the First contact Practitioners, Mental Health Practitioners, Pharmacists, Pharm Tech, Advanced Nurse Practitioner, Emergency Care Practitioner and Social Prescriber. They have added to the skill mix within the practice. Training is in full swing in the practice. We now have 4 GP Registrars training in the practice as they work towards becoming GPs. We also have a Foundation Year 2 doctor (junior doctor). After a break of two years during the pandemic, we have brought back our medical students from the UEA.

To add to all this excitement, we have been lucky to recruit 2 salaried GPs. Dr Ong is a very experienced GP who had spent some time in Malaysia setting up the primary care equivalent training for the university. He will become a full-time partner as of February 2025. Dr Richard Draeger returns to the LSMP fold. We are thrilled that he is rejoining us on the 18th November as a full time GP.

GPs have been featured regularly in the news. We are under pressure just like the rest of the NHS. We want to do our best at all times but I have to admit, it has been an extremely tough few years. Let us learn from the past, live the present and look to 2025 with hope.

Our Patient Participation Group organised an excellent educational event regarding Diabetes in early October. There were 6 guest speakers and it proved to be a good opportunity to engage with services relating to diabetes. Did you know that we have a total population of 11,300 patients on our books – of whom 2,300 are either diagnosed as diabetic, or prediabetic – a total of 20% or 1 out of every 5 patients!

They are keen to run 2 events per year, one in Springtime, and 1 in Autumn and we would really like to know what you – our patient population – would like us to focus on. Ideas so far are Heart Health, The Digestive System, Dementia, or even an open Q&A session where you can engage directly with Keith, the Practice Manager and maybe one of the Partners, in order to ask questions about Primary Care in our catchment area. Please do let us know if there are any other subjects you may wish us to focus on.

Along the theme of our Patient Participation Group – they are actively trying to recruit more members onto the committee so – if you are interested in joining us, please contact the Practice on our generic email address which is lsmp.d82037@nhs.net or ask our Reception Team for more information.

Finally, from us all at LSMP we would like to wish everyone a very happy and healthy festive period and we are looking forward to 2025 in anticipation.

~Dr Mini Nelson~



News from Woodton Primary School November 2024

Well, it's been a busy couple of months since our return from the summer holidays.

With a slight disruption from the news of us needing our library and two of our classroom ceilings fixed, it was a bit of an upheaval with different locations to learn from. The children were amazing with how they coped and we are pleased to say that we are all back to normal.



In Space week last term, we had a whole school visit from Ms Ling who is from the National Space centre, who brought a spacesuit that has actually been worn in Space. Our Sycamores class also had a visit



from Mr Green, a STEM ambassador, who taught them all about rockets and all the children had an opportunity to build their own and launch them on the school field. Following on from this, we had a whole school trip to Seething Observatory, where the children learnt so much more about our solar system, and even had opportunities to look through a few of the telescopes.

In Sports last term, our Sycamores class went to the annual Cross Country event at Langley school and our Oaks class attended the Tag Rugby festival at Wymondham Rugby. Everyone done so well, and practiced great sportsmanship.





The children sang loud and proud at our Harvest festival at All Saints church, Woodton. We collected donations of food, which will passed onto the Waveney Foodbank for families needing extra support.



We have been busy with tidying things up in our Wellbeing garden, ready for winter. The sunflowers have been deseeded and put aside to dry out, along



with other plants with seeds and placed in our new summerhouse. These will be sowed in the spring. We had some amazing news about the 'Tesco Stronger Starts' grant, we won second prize, which is a massive £1000 to go towards our Wellbeing Garden project, thank you to everyone that supported us.

Coming up this term, we have a whole school trip to Norwich Cathedral, which will be focusing on Advent & Christmas. We have our road safety lady, Sarah McCluskey coming in to teach our KS1 children about being safe in and around cars and roads. Oaks will be doing their last stretch of their weekly swimming lessons, and we have our whole school Christmas lunch with Christmas jumpers all booked in and ordered.

Popular Allotments Available for just £10 per annum Mill Road, Hempnall



Keep fit, enjoy fresh air, fresh food and comradery

Hurry, first come, first served with priority to Hempnall residents.

Contact the secretary of the Church & Town Estates Property Charity at ctepropertycharity@gmail.com for more details.

What's on in December 2024 and January 2025...

December 2024

Friday 1st December 2024

Christmas Craft Fayre

10:30am-3:00pm Hempnall Mill, NR15 2LP [p14]

Killer Darts

from 7:30pm Hempnall Mill Bar, NR15 2LP

Monday 2nd December 2024

Hempnall Mill Coffee Stop The Hempnall Mill Centre, NR15 2LP [p6]

Wednesday 4th December 2024

Topcroft Christmas Bingo

Topcroft Pavilion, NR35 2BL [p4]

Hempnall WI

7:30pm
The Hempnall Mill Centre,
NR15 2LP [p4]

Wednesday 4th-Saturday 7th December 2024

The Saxlingham Players 'A Christmas Carol'

7:30pm (Matinee 2:30pm Saturday 7th December 2024) Saxlingham Nethergate Village Hall, NR15 1AN [p14]

Thursday 5th December 2024

Christmas Coffee Morning

10:00am-12:00pm Hardwick Village Hall, NR15 2AB [p15]

Saturday 7th December 2024

Surfing Sombrero California Burritos

5:00pm Hempnall Mill Bar, NR15 2LP

Friends of St Peter's Christmas Coffee Morning

10:00am-12:00pm St Peter's Church, Brooke, NR15 1JU [p3]

Thursday 12th December 2024 Christmas Pop-Up Dog Café

9:30am-12:00pm Hardwick Church, NR15 2AB [p15]

Friday 13th December 2024 Food Truck Friday Peaky Pizzas

6:00pm Hempnall Mill Bar, NR15 2LP

Friday 20th December 2024 Food Truck Friday Jason's Fish & Chips 6:00pm Hempnall Mill Bar, NR15 2LP

Monday 23rd December 2024 Mobile Library

(see advert for more details) [p5]

January 2025

Friday 3rd January 2025 Killer Darts

from 7:30pm Hempnall Mill Bar, NR15 2LP

Wednesday 8th January 2024 Hempnall WI

7:30pm The Hempnall Mill Centre, NR15 2LP [p4]

Monday 20 January 2025 Mobile Library

(see advert for more details) [p5]

CAROLS by CANDLELIGHT

at All Saints Church **Woodton**

Friday 20th December 2024 6.00pm



Come and join us to sing your favourite Christmas Carols



You are welcome to stay afterwards for light refreshments



THANK YOU FROM BEDINGHAM PCC!

Bedingham PCC would like to wish everyone a Peaceful and Happy New Year.

We thank the Friends and residents who have supported St Andrews over this period while the Group is in Interregnum.

Also the many people who gave their time, and donations for the fundraising events helping to keep the church going.

God bless you all xx



ADULTS £10. 165 & UNDER £6 - BOOK AT SAXLINGHAMPLAYERS.ORG.UK OR CALL 07740947482

Christmas
Craft Fayre

Hempnall Mill

NR15 2LP

1ST DEC 2024 10.30AM-3PM

Variety of stalls including
wooden gifts, resins, toiletries
and raffle!

Refreshments will be available

All proceeds raised to
support the Hempnall Trust



Thursday 5th December

Hardwick Village Hall 10-12

Everyone welcome



Come in again!
Christmas Pop-Up Dog Café
Hardwick Church
Thursday 12 December
9.30am to 12 noon

Drop in with your dog – or come without one – for canine and human refreshment...

Christmas pupcakes (highly recommended by Hardwick dogs)...special dog-themed Tombola...coffee... and more Contact <u>liampilgrim@btinternet.com</u> for further information

FOOD BANK

Items for our Food Bank are still needed; we are very grateful to all who continue to

URGENTLY NEEDED ITEMS:

UHT Milk

Fruit Juice (not chilled)

Tinned potatoes

Rice

Tinned rice pudding

Jars of cooking Sauce

Tinned Vegetables

Donating Food: Items for the food bank can be left at the back of St Margaret's Church, Hempnall, at the Group Office, Hempnall or in the porch at St Peter's Church, Brooke.

Donating Money: Regular giving is a great way to support the Food Bank
For further details please check out this website: https://waveney.foodbank.org.uk/

give-help/donate-money/

Christmas Letter from Rosedale Funeral Home

I can't believe Christmas is almost upon us again! I'm sure that the older I get, the quicker time seems to fly.

For many, Christmas can't come soon enough. For others, it can be a very stressful time of year. Difficulties within families can be magnified and those already struggling financially may feel that the burden becomes heavier.



For those who are bereaved, Christmas can be yet another painful reminder of all that has been lost. There is no right or wrong way to grieve and there is no timescale for grief. Whether our loss was recent or years ago, grief can still surge on special days. Grief expert Dr Bill Webster calls this a 'temporary upsurge of grief'. Sometimes it can be triggered by hearing a particular song that reminds us of our loved one or carrying out a family tradition. Often there seems to be no reason at all for these surges, they can hit us at the most unexpected moments and fill us with sadness.

Christmas can be a time when we experience these upsurges of grief. It is important to be kind to yourself, there is no rule book. Ignore pressure from others and do what you feel you can manage.

At Rosedale, we offer ongoing monthly friendship groups to all who have completed our eight week bereavement support group. At this time of year, they are busy organising their annual Christmas get-togethers. Though each person in this group is bereaved (some recently, others many years ago) there is a still a desire to come together, share a meal and celebrate the season.

It is an important reminder that **grief and new life co-exist.** We can be grieving yet also allow ourselves to experience enjoyment without feeling guilty.

Everyone, no matter our circumstances, has a need for community, joy and celebration. There is much comfort and hope to be found in knowing that we are not alone and that the present and future can hold happy times.

Every year, Rosedale offers a complimentary **Christmas candle** to anyone who is bereaved. At eleven am on Christmas morning, we invite the collective lighting of the candles and time to pause and think about our loved ones. It can be comforting to know that we are not alone in our grief. Rosedale also extends a warm welcome to all (no matter how long ago the bereavement or which funeral director was used), to our **Christmas services of remembrance** happening throughout December in Norfolk and Suffolk. These services provide another opportunity to come together, pause and remember our loved ones at this special time of year. Details can be found on our website rosedalefuneralhome.co.uk or by calling in to your local branch.

If you would like some help with your bereavement, details of our upcoming bereavement support groups can also be found on our website. They are free and are open to everyone. These groups begin again in January and take place throughout the year at locations across Norfolk and Suffolk. Call 07901 888 122 to reserve your place.

~Sarah Howard~

Rosedale Funeral Home Bereavement Support Facilitator.



Local Carol Services



Friday 20th December 2024

6:00pm Woodton Church

Sunday 22nd December 2024

10:30am Seething Church

4:00pm Kirstead Church

4:00pm Fritton Church

6:00pm Hardwick Church

6:00pm Brooke Church



Monday 23rd December 2024

6:30pm Thwaite Church





Christmas Services 2024



Christmas Eve

4:00pm Christmas Celebration Hempnall Church 4:00pm Christmas Children's Service Topcroft Church 4:00pm Crib Service Brooke Church 5:30pm Christmas Children's Service Bedingham Church 9:00pm Christmas Eve Compline Via Zoom

Christmas Day

9:00am Christmas Praise Thwaite Church
10:30am Christmas Day Holy Communion Brooke Church
10:30am Christmas Morning Praise

Morningthorpe Church



Thought for the month...

Waiting in anticipation

We seem to spend a lot of time waiting, maybe just for the kettle to boil or for the bus to arrive.... We live in a world that is always in a hurry so waiting becomes an irritation; the computer is too slow or the train is late.

There are many useful factors involved in waiting. For instance, I find that when sitting in a traffic jam on the motorway I am able to appreciate the countryside that I'd normally drive through without noticing. Sometimes waiting is important and necessary. It can provide a valuable opportunity to reassess ideas and opinions, to modify a reaction, or rethink a way forward. Sometimes solutions may appear almost unasked in this waiting time.

Sometimes our experience of waiting may be more dramatic. How often do we stand on the edge waiting for something to happen, either expecting it to be good or bad or just different? This can be exhilarating or frightening. Sometimes we put ourselves into a position of uncertainty willingly and sometimes it is thrust upon us.

At this time of year we are beginning to prepare for Christmas. For children this is often a time of excited anticipation and takes too long coming: for older people it seems to come around all too soon.

For some, it is a time to dread, for those who cannot afford presents or are lonely or short on opportunity.



In response to this, the project **Operation Christmas Child** has been set up by Samaritan's Purse, a charity that organises the distribution of packed shoeboxes to send to children who would otherwise have no Christmas present. The boxes are lovingly



packed with toys, personal care items, school supplies and fun gifts and then sent to over 100 countries. There are many stories of the excitement when these boxes arrive and of the joy of the children as they receive them. The pictures above show the pile of boxes which accumulated in the office at Hemphall Rectory: we were able to dispatch 83 by the November deadline. Thanks to all who contributed.

So, in this time of anticipation and preparation, we can reflect that as Christmas passes we shall soon be looking forward to the New Year and making resolutions to break in 2025!

It is natural for these moments to be a part of life. Seeds need time to germinate, babies to grow in the womb, eggs to hatch and tortoises to hibernate and wake in the Spring. The seasons change almost imperceptibly, days become shorter and then longer again but it is a continuous, steady process.

For those who fear, waiting can be an extremely testing time but there can sometimes be a wonderful moment when the challenge is over and one has survived.

Whatever the circumstances, waiting can be a fruitful time though this may not be apparent when you are living through it, and it may affect us in many different ways.

Time is too Slow for those who Wait,
Too Swift for those who Fear,
Too Long for those who Grieve,
Too Short for those who Rejoice,
But for those who Love,
Time is Eternity

(Henry Van Dyke, 1904)

In this Christian season of Advent, as we wait and prepare for Christmas, let us rejoice in the small things that brighten our days and enjoy the good people we meet. And let's reflect, most of all, on what it is we are preparing for and shall be celebrating - the coming of Jesus into our world. As a poem by Rowan Williams, a former Archbishop of Canterbury, reminds us, 'He will come like child'.*

~Jill Turner~

*Rowan Williams, Advent Calendar, a poem widely available online

Christmas Greetings

You'll find information elsewhere in *Village News* (pages 17,20 & 21) on the many services across the Hempnall Group during Advent, Christmas and January and all are warmly welcomed to come along.

We wish everyone in our communities a joyous Christmas and a Happy New
Year and look forward to sharing more *Village News* in 2025!
Best wishes

Liam Pilgrim and Jill Turner, Co-Chairs of the Joint Council of the

CHURCH SERVICES DECEMBER 2024...

| Sunday 1st December | 10:30am | Holy Communion | Brooke Church |
|--------------------------------------|---------|---|-------------------------|
| Advent 1 | 10:30am | Holy Communion | Topcroft Church |
| | 4:00pm | Family Praise | Hempnall Church |
| Sunday 8th December | 10:30am | Morning Worship | Brooke Church |
| Advent 2 | 10:30am | Morning Worship in the Celtic Tradition | Morningthorpe Church |
| Sunday 15 th December | 10:30am | Morning Worship | Brooke Church |
| Advent 3 | 10:30am | Morning Praise | Bedingham Church |
| Friday 20 th December | 6:00pm | Carol Service | Woodton Church |
| Sunday 22 nd December | 10:30am | Carol Service | Seething Church |
| Advent 4 | 10:30am | Holy Communion for Christmas | Hempnall Church |
| | 4:00pm | Carol Service | Kirstead Church |
| | 4:00pm | Carol Service by Candlelight | Fritton Church |
| | 6:00pm | Carol Service by Candlelight | Hardwick Church |
| | 6:00pm | Carol Service | Brooke Church |
| Monday 23 rd December | 6:30pm | Carol Service | Thwaite Church |
| Tuesday 24 th December | 4:00pm | Christmas Celebration | Hempnall Church |
| Christmas Eve | 4:00pm | Christmas Children's Service | Topcroft Church |
| | 4:00pm | Crib Service | Brooke Church |
| | 5:30pm | Christmas Children's Service | Bedingham Church |
| | 9:00pm | Christmas Eve Compline | Zoom |

| Wednesday | 9:00am | Christmas Praise | Thwaite Church |
|---|---------|---|-------------------------|
| 25 th December Christmas Day | 10:30am | Christmas Day Holy Communion | Brooke Church |
| Christmas Day | 10:30am | Christmas Morning Praise | Morningthorpe Church |
| Sunday 29 th | 10:30am | Morning Worship | Brooke Church |
| December Christmas 1 | 10:30am | Morning Service of seasonal readings and carols | Topcroft Church |
| | 6:00pm | Evening Service | Zoom |

CHURCH SERVICES JANUARY 2025...

| 5 th | 10:30am | Holy Communion | Brooke Church |
|--|---------|---------------------------------------|-----------------|
| January Epiphany | 10:30am | Holy Communion | Hempnall Church |
| (for 6 January) | 4:00pm | Family Praise | Hempnall Church |
| 12 th January | 10:30am | Morning Worship | Brooke Church |
| Epiphany 1 | 10:30am | Morning Worship in the Iona Tradition | Woodton Church |
| 19th January Epiphany 2 | 10:30am | Morning Worship | Brooke Church |
| | 10:30am | Morning Praise | Fritton Church |
| 26 th January | 10:30am | Morning Worship | Brooke Church |
| Epiphany 3 | 10:30am | Holy Communion | Topcroft Church |
| | 6:00pm | Evening Service | Zoom |

Happy Birthday to

December

- * Siraya who will be 7
- * Neeve who will be 16

January

- * Poppy who will be 13
- * Henry who will be 13
- * Stephanie who will be 15
- * Alexandra who will be 16
- * Jonathan who will be 16





From the Registers....

Funerals

- 7th November 2024, Wendy Marsden, aged 73 years. Cremation at Earlham Crematorium and Funeral at St Peter's Church, Brooke.
- 8th November 2024, Ann Prunella Ling, aged 85 years. Service at Waveney Memorial Park & Crematorium.
- ⊕ 25th November 2024, Albert Forder, aged 87 years. Funeral and burial at St Peter's Church, Brooke.

Need Help?....

MUSICIANS

'JUST ROGER'

Keyboard/Vocals 30s,40s,50s,60s, Old Country, Tea Dances. 01508 830464 Mobile: 07884 142118

CHRISTMAS TREES

VERY TALL CHRISTMAS TREES 12FT. UPWARDS £5 PER FT. CAN DELIVER. PLEASE TEL. 07768668571.

AGGREGATE SUPPLIERS

Carry All - Supplies of quality aggregates, to Trade & Public, Free delivery, No VAT - 01508 536182 or 07850 402845

CARPET & UPHOLSTERY CLEANING

Carpet & Upholstery Cleaning

Local, reasonable rates.

Call David: 01379 608529 or 07768 757308

CHIMNEY SWEEP

Chimney Sweep

Guild of Master Sweeps, Clean & Friendly, Smoke Test & Certification. Call Dave: 07835 757528

DOMESTIC CLEANING

We Love 2 Clean

We Love 2 Clean Homes, in your area since 2003. Providing police checked, insured, vetted cleaners on a regular basis at an affordable rate. Tel: 01508 490 808, Mobikel: 0782 444 1016 Email: admin@welove2cleanhomes.co.uk mailto:admin@welove2cleanhomes.co.ukWebsite: www.welove2cleanhomes.co.uk

ELECTRICIANS

Electrician- Bob Turner - Domestic & Commercial Electrical Contractor - 07899 794813

FARM SHOPS

Farm Shop, Café & Butchery

Norwich Road, Woodton for the best Raw Milk in Norfolk - 07900 814252

FUNERAL SERVICES

R. B. Coppin Funeral Services, Poringland 01508 494434

Rosedale Funeral Home, Beccles & Bungay

01502 714445- 01986 892790. A family

business, serving the local community for over 20 years we offer: Home Visits - Funeral Finance - Direct Cremations - Bereavement Support Groups & Resources - Affordable choices no matter what size your budget our compassion is

GROUNDWORK & GARDENING SERVICES

S. W. Contractors

constant.

Groundwork, Gardens, Fences, Patios & Hedge Trimming - 01508 495528

HAIR & NAIL SALONS

Evie Clark Hairdressing

Hairdresser & Barber, based in Hempnall - 01508 499934 or 07703 680443

Happy Feet

Corns, calluses, nail cutting & more, treated in you home - Wendy - 01379 676872

OSTEOPATH

Osteopath

Osteopathy for all-adults to babies, includes cranial. Joints, spine, nerves, headaches, accidents - 07818 747776 | 01953 789629 | www.norfolkost.co.uk

PIANO TUTION

Piano Lessons

Bedingham - All ages welcome - Marian Gibb ALCM (TD) DipLCM. 01508 482 746

PARISH COUNCILS

Hempnall Parish Council

Website Address www.hempnallpc.org

PEST CONTROL

Safe & Sound Hygiene

Pest Control & Garden Maintenance 01379 788865 or 07809 226109

PLANT HIRE

Peter Matthewson Plant Hire

Drainage & Groundworks - Please call for info. 01508 482655 or 07850 722094

ROOFING & SCAFFOLDING

The Roofing & Scaffolding Company

ROOF REPAIRS, scaffolding, flat roofs, pitched roofs & chimney repairs. Also fascias & gutters. All high-level maintenance work undertaken. Ring Leighton for a quote or advice 07766 563513.

TRANSPORT

Chris Baker Transport

Man & Van - 01508 531738 or 07821 923489

TREE SURGERY

T. Mabbutt Tree Services

High standard of work from a professional, considerate and friendly local business. Covering all aspects of tree surgery and stump removal. Holding qualifications from the RHS, RFS, City & Guilds. Free quotes. Based in Ditchingham. 07773676465 www.treemabbutt.com Find us on Facebook.



DEFIBRILLATOR

A defibrillator is located at Topcroft's Social Club The Street Topcroft NR35 2BL what3words///goods.students.economics

In an Emergency call 999 for the Defibrillator Cabinet Code & Instructions

This defibrillator is owned by Topcroft Parish Council - any issues contact 07774 734411

Contact us....

Frances Atherton Group Administrator The Hempnall Group of Parishes and Brooke Benefice

> Mon-Thu 9:00am-12:30pm 01508 498157

hempnall group. of fice @bt internet.com

Items for the next issue...

Items for the Village News should be Delivered, Posted or Emailed to: Group Office, The Rectory, The Street, Hempnall, NR15 2AD Email:

hempnallgroup.office@btinternet.com

BEFORE 15th JANUARY 2024

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