

Hardwick
Woodston
Bedingham
Fritton
Shelton
Hemphall
Marningthorpe
Tepscroft

Village News

Produced by The Hemphall Group of Parishes



MAY 2026

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Front cover image celebrates the hazelnut (See Susanna's article on page . 18)

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GROUP WALK MAY 2026

Thursday 14th May 10:00am

The May walk on Thursday 14th will be from Sheringham Park out to the coast and back. It will be about 5/6 miles. Rhododendrons should be blooming. Meet in the car park at 10 am (National Trust members park for free). Shared travel could be considered. We plan to have lunch in the Reading rooms at High Kelling. Further information from Daphne (07801329419) or Margaret (01508 482562).



Topcroft Open Gardens 2026

Sunday 24th May and Monday 25th 2026, 11:00am to 5:00pm.

£5 entry, free carparking, refreshments. Further details to follow but please save the date. If you are a resident in Topcroft and a regular supporter of this event by opening your gardens hopefully you will be able to open again this year. If you have had a rest and wish to come on board or if you are considering opening for the first time all will be welcome. For further details please contact Daphne on 01508 482448 or e mail daphnebeckett@gmail.com .



***Come in again! Pop-Up Dog Café
Hardwick Church Saturday 16th May
9:30am to 12 noon***

*Drop in with your dog – or come without one
Home-made pupcakes
(highly recommended by Hardwick dogs...
special dog-themed Tombola
(and one for cats, too)
...coffee...and more*

Contact for further information: liampilgrim@btinternet.com



Items for our Food Bank are still needed; we are very grateful to all who continue to contribute during these difficult times.

URGENTLY NEEDED ITEMS: Fruit Juice (Longlife), Jars of Cooking Sauce, Instant Noodles (Not Pot Noodles), Plain Rice (Not Instant), Tinned Potatoes, UHT Milk, Tinned Meat

Donating Food: Items for the food bank can be left at the back of St Margaret's Church, Hempnall, at the Group Office, Hempnall or in the porch at St Peter's Church, Brooke.

Donating Money: Regular giving is a great way to support the Food Bank
For further details please check out this website: <https://waveney.foodbank.org.uk/give-help/donate-money/>

Woodton Parish Council Meeting Dates 2026/27

Woodton Parish Council meetings for the 2026/27 financial year have now been scheduled.

Meetings will take place on the following dates:

- Tuesday 12th May 2026 – Annual Parish Council Meeting
- Tuesday 16th June 2026
- Tuesday 1st September 2026
- Tuesday 13th October 2026
- Tuesday 8th December 2026
- Tuesday 19th January 2027
- Tuesday 16th March 2027

All Parish Council meetings are held at **Woodton Village Hall** and start at **7.30pm**, unless otherwise stated.

Members of the public are very welcome to attend and are encouraged to come along to see how local decisions are made and to raise any matters of interest or concern.

Topcroft Parish Council

Meeting Dates 2026

All meetings are held in The Sports Pavilion, Topcroft Street, NR35 2BL

- Monday 18th May 2026 - 7.30 pm
Annual Parish Meeting & Annual Parish Council Meeting
- Monday 20th July 2026 - 7.30 pm
- Monday 21st September 2026 - 7.30 pm
- Monday 16th November 2026 - 7.30 pm

The agenda is displayed on village noticeboards and published on TPC's website <https://topcroft-pc.gov.uk> three days prior to the meeting. Planning meetings are scheduled as needed, and additional meetings may be arranged if necessary.

~ Members of the public are welcome to attend the meetings ~

For further details contact the Clerk email:
clerk@topcroft-pc.gov.uk or Tel: 07774 734411



Woodton and Bedingham

Garage Sale

4 JULY 2026 **9 am to 1 pm**

Bric-a-brac ● House & garden ● Books & toys ● Clothing

● **Refreshments**
Our village hall will be open for tea, coffee, cake and more. Pop in to pick up your map and plan your bargain hunting tour.

● **Free off street parking**
Woodton Village Hall, NR35 2NG (what3words location: elder:resembles:voter)
Woodton Millennium playing fields, NR35 2NB (what3words location: spenders.crinkled.outfitter)

The poster features a yellow and white geometric background. At the top, there are illustrations of various household items like a lamp, a guitar, and boxes. The date and time are highlighted in blue starburst shapes. A pink bicycle is parked in the middle. At the bottom, there are illustrations of a cardboard box with a remote control and a person standing next to a shopping bag.

FUNDRAISING FOR BLOCK EAST PYE SOLAR

SCARECROW COMPETITION

Call for entries for fundraising scarecrow competition, to be exhibited at Hempnall Village Hall on Sat 30th & Sun 31st May
Open to all ages!



Free to enter, but entrants must register. Registration forms can be found at Hempnall, Brooke and Saxlingham Nethergate primary schools, Delfs and Cunningham's garages in Hempnall and Hempnall village shop.

Winners announced on Sunday 31st May

For more details and to enter contact Gillian Marklew
gill@gilly-marklew.co.uk

Hardwick and Shelton Cafe Morning

Wednesday 6th May

10-12

At Hardwick Village Hall



Note change of date due to elections

Village Lunch Club

Every Thursday
The Mill, Hempnall

2 course seasonal meal with
coffee and biscuits in the Mill.
£10 for Hempnall residents and
£12.50 for non Hempnall residents.

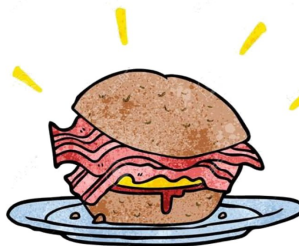
Or

1 course seasonal meal delivered
to your door in Hempnall for £7.50

To book your place please email
hempnalltrust@gmail.com
or call [07504 699534](tel:07504699534)

Supported and run by the Hempnall Trust

BACON BUTTIES AGAIN!



At The Chequers, Mill Road, Hempnall

On Friday 15th May 9:30am to 12:00 noon

Eat in or take away—Vegetarian option available

Also: cakes, produce, plants, books and raffle

Orders can be made in advance by phoning

Jill Turner on 01508 499344

All proceeds to St Margaret's Church, Hempnall

Hempnall Cinema

Thank you for everyone who came to our April film.

Our next film will be on **Friday 15th May** and is **SONG SUNG BLUE**, which we have heard is very good. Here's the official blurb. Two down-on-their-luck musicians, Mike and Claire, form a Neil Diamond tribute act, and in so doing experience soaring success and devastating heartbreak in their musical journey together, proving it's never too late to find love and follow your dreams. Based on a true story.



Our final film of the season (sounds official) will be on Saturday **27th June** and is **ROOFMAN** I have seen this and loved it. Official blurb for this is: Jeffrey is an US Army veteran and struggling father who turns to robbing McDonald's restaurants by cutting holes in their roofs,

earning him the nickname: Roofman, he secretly lives in a hidden space inside a toy store for six months, surviving undetected while planning his next move. But when he falls for Leigh, a divorced mum drawn to his undeniable charm, his double life begins to unravel, setting off a compelling and suspenseful game of cat and mouse as his past closes in. Based on an unbelievable true story.

The film genre is Biography, Crime, Drama, History, Music, Romance, so something for everyone apart from a car chase.

We will then take a break in July and August, do let us know if there is something you would like to see when we return in September. .

Tickets £5 cash , 7:00pm for 7:30pm just drop an email to Hempnall.cinema@gmail.com to reserve a seat.



Mobile Library Timetable

Village	Stop Name	Arrival Time	Departure Time	Postcode
Hempnall	Old Market Way (Bainard Rise)	14:10	14:30	NR15 2LZ
Hempnall Green	Three Horseshoes	14:35	14:55	MR15 2NN
Topcroft	The Old Chapel	15:00	15:15	NR35 2BL
Topcroft	Church Road	15:20	15:35	NR35 2BH
Hempnall	Road Green Farm	15:40	15:55	NR15 2NQ
Hempnall	Millfields	16:00	16:15	NR15 2NE
Hempnall	Roland Drive	16:20	16:35	NR15 2RB
Fritton	Village Green (post box and bench)	16:40	17:05	NR15 2QS

• **11 May 2026**

• **08 June 2026**

• **06 July 2026**

Please note this information is subject to change or amendment both on a permanent and temporary basis. For all enquires about this route please call 01603 222303

Tote Bags for sale...

As we continue our close collaboration between the Hempnall Group (HG) and the Brooke Benefice (BB) and move forward in 2026 with a new clergy team, we're pleased to mark this by having these lovely tote bags for sale. The attractive design – representing the 'HG' and the 'BB' 'pulling together' - is by Jackie Leggett: special thanks to her and to Jill Turner for arranging the production of these.



The cost of a bag is £5.00. To buy one (or more!), please contact Jill Turner (jillemturner@yahoo.co.uk , 01508 499344), Jackie Leggett (jacqueline.leggett@btinternet.com, 01508 482267) or, in the Brooke Benefice, John Ash (johnrvash@gmail.com, 01508 550116).

Welcome to Woodton Village Hall!

Our newly refurbished main hall is open for hire — perfect for parties, wedding receptions, private celebrations, community events, regular classes, workshops, and club meetings. The space comfortably seats up to 100 guests and offers everything you need for a smooth, enjoyable event, including:

- A raised stage for performances, speeches, or presentations
- A generous dance floor
- A fully equipped kitchen for catering
- An accessible toilet
- On-site car parking



Whether you're planning a one-off celebration or looking for a welcoming venue for regular activities, the hall provides a bright, flexible space at excellent value.

Get in touch to check availability or make a booking:

Phone: 07354 397622

Email: villagehallwoodton@gmail.com

Website: <http://www.woodtonparishcouncil.gov.uk/the-village-hall>



- Door to door dial-a-ride service
- Weekly members outings throughout the year
- Group hires for not-for-profit organisations

Borderhoppa Outings for May 2026

Thu 7th Alder Carr Farm & Craft Shops - £15.00

Mon 11th Sprowston Garden Centre - £15.00

Mon 18th Cherry Lane Garden Centre, Pulham – Dial-a-Ride

Thu 21st Thorndon Black Horse – Dial-a-Ride

Thu 28th The Bure Valley Railway, Wroxham to Aylsham and Aylsham Garden Centre - £30.00 (includes train fare)

*To book or for more information please call 01379 854800
or visit our website www.borderhoppa.org*

Become a Youth Mental Health First Aid (MHFA) Champion

Young people are facing increasing challenges to their wellbeing — and those around them play a vital role in supporting them.

This one Youth MHFA course, with experienced trainer Mike Crossley, is an internationally recognised programme designed for anyone who teaches, works with, lives with, or cares for young people aged 8–18.

This course gives you the knowledge, confidence and practical tools to recognise when a young person may be struggling and how to support them.

You'll learn how to:

- ✓ Spot the signs of emotional distress or poor mental health
- ✓ Start supportive conversations with confidence
- ✓ Safeguard and signpost to the right support
- ✓ Promote positive mental wellbeing

By becoming a Youth Mental Health First Aider, you can help reduce stigma, encourage early intervention, and create environments where young people feel safe to talk.

If you **teach, work with or simply spend time with** young people and wish to have a better understanding of the signs and symptoms of poor mental health and importantly, how to promote positive mental health or are you perhaps **a parent who currently feels they lack the confidence, knowledge and skills to approach and start a conversation surrounding mental health with your child** this course will be a great benefit

This one day, 8 hour course is running as a **face to face event at The Mill, Hempnall (NR15 2LP) on 16 June 2026**

As an experienced retired school Headteacher and subsequent lead in the field of mental health, I have trained over 600 teachers, sports staff, wellbeing leads and parents in my role as an MHFA Instructor.

Please contact me mike.a.crossley@gmail.com on for further details.

The capacity is for 16 delegates. The cost for the course is £200 per person which includes the course materials comprising a **Youth MHFA One Day** bundle (comprehensive manual, workbook, action card) and in addition, **all delegates receive a Youth MHFA certification** from the national organisation **MHFA**.

FOOD TRUCKS CONFIRMED FOR THE FIRST HALF OF 2026

- 09 JAN - PEAKY PIZZA
- 16 JAN - TFI VEGAN - BURGERS & DONUTS
- 23 JAN - JASON'S FISH & CHIPS
- 30 JAN - CHIM CHIM THAI
- 06 FEB - JP'S STREET FOOD
- 13 FEB - MOODY COW
- 20 FEB - PEAKY PIZZA
- 27 FEB - JASON'S FISH & CHIPS
- 06 MAR - PEAKY PIZZA
- 13 MAR - JP'S STREET FOOD
- 20 MAR - CHIM CHIM THAI
- 27 MAR - CHURROS & CHORIZO
- 03 APR - WILD THING
- 10 APR - RAHELA'S ROLLING KITCHEN
- 17 APR - WOK TRUCK
- 24 APR - PATRON PAELLA
- 01 MAY - JP'S STREET FOOD
- 08 MAY - PEAKY PIZZA
- 15 MAY - TFI VEGAN - BURGERS & DONUTS
- 22 MAY - CHURROS & CHORIZO
- 29 MAY - JASON'S FISH & CHIPS
- 05 JUN - WILD THING
- 12 JUN - PEAKY PIZZA
- 19 JUN - WOK TRUCK
- 26 JUN - RAHELA'S ROLLING KITCHEN

BEER FESTIVAL CONFIRMED FOR 3/4 JULY WITH 6 FOOD TRUCKS ACROSS THE 2 DAYS

FOOD TRUCK FRIDAYS



**THE MILL BAR
HEMPNALL - FRIDAYS
FROM 6PM**

COME JOIN US EVERY FRIDAY FOR A DIFFERENT FOOD TRUCK EACH WEEK

PLUS 1ST FRIDAY OF THE MONTH - KILLER DARTS

KEEP AN EYE OUT ON OUR FACEBOOK PAGE FOR ONE OFF WEEKEND EVENTS THROUGH OUT THE YEAR



HUMANS OF SOUTH NORFOLK

Don't bin them, recycle your old electricals

Anything with a plug, battery or cable can be recycled and turned into something new.

Bag up your small electricals and batteries and book the new kerbside recycling service. Search **South Norfolk Small Electrical Recycling** to book your collection.

Search 'recycle your electricals' to find all your local, repair, donation or recycling points for items not accepted as part of this service.


Together with




May and June 2026...

May 2026

Friday 01 May 2026

Killer Darts

From 7:30pm

The Mill, NR15 2LP

Food Truck

JP's Street Food Loaded Roast

Potatoes

From 6:00pm

The Mill, NR15 2LP

Wednesday 06 May 2026

Hardwick & Shelton Café Morning

10:00am-12:00pm

Hardwick Village Hall, NR15 2AB

Thursday 07 May 2026

Village Lunch Club

The Mill, NR15 2LP

Friday 08 May 2026

Food Truck

Peaky Pizza

From 6:00pm

The Mill, NR15 2LP

Sunday 10 May 2026

Eco Church Festival Evensong

From 1:30pm

Bring a picnic & browse Eco Stalls

3:30pm

Evensong

Norwich Cathedral

Monday 11 May 2026

Mobile Library

(see page 8)

Community Coffee Stop

9:30am-12:00pm

The Mill @ Hempnall, NR15 2LP

Tuesday 12 May 2026

Woodton Annual Parish Council Meeting

7:30pm

Woodton Village Hall, NR35 2NG

Thursday 14 May 2026

May Group Walk

10:00am

Sheringham Park, NR26 8TB

Village Lunch Club

The Mill, NR15 2LP

Friday 15 May 2026

Bacon Butties Again!

9:30am-12:00pm

The Chequers, Hempnall, NR25 2LP

Food Truck

TFI Vegan Burgers & Donuts

From 6:00pm

The Mill, NR15 2LP

Hempnall Cinema

“Song Sung Blue”

7:00pm for 7:30pm start

Hempnall Village Hall, NR15 2NG

Saturday 16 May 2026

Pop-Up Dog Café

9:30am-12:00pm

Hardwick Church, NR15 2AB

Monday 18 May 2026

Topcroft Annual Parish Meeting & Annual Parish Council Meeting

The Sports Pavilion, NR35 2BL

Wednesday 20 to Saturday 23 May 2026

The Saxlingham Players Present ‘Gaslight’

7:30pm

Saxlingham Nethergate Village Hall, NR15 1AJ

Thursday 21 May 2026

Village Lunch Club

The Mill, NR15 2LP

Friday 22 May 2026

Food Truck

(To be confirmed)

From 6:00pm

The Mill, NR15 2LP

Sunday 24 May & Monday 25 May 2026

Topcroft Open Gardens

11:00am-5:00pm

Thursday 28 May 2026

Village Lunch Club

The Mill, NR15 2LP

Friday 29 May 2026

Food Truck

Jason's Fish & Chips

From 6:00pm

The Mill, NR15 2LP

Saturday 30 May & Sunday 31 May 2026

Scarecrow Competition

Hempnall Village Hall, NR15 2NG

June 2026

Monday 01 June 2026

Community Coffee Stop

9:30am-12:00pm

The Mill @ Hempnall, NR15 2LP

Thursday 04 June 2026

Village Lunch Club

The Mill, NR15 2LP

Friday 05 June 2026

Killer Darts

From 7:30pm

The Mill, NR15 2LP

Food Truck

Wild Thing

From 6:00pm

The Mill, NR15 2LP

Sunday 06 June & Sunday 07 June 2026

South Yare Art Trail

(See page 14)

Monday 08 June 2026

Mobile Library

(see page 8)

Thursday 11 June 2026

Village Lunch Club

The Mill, NR15 2LP

Friday 12 June 2026

Food Truck

Peaky Pizza

From 6:00pm

The Mill, NR15 2LP

Tuesday 16 June 2026

Become a Youth Mental Health

First Aid (MHFA) Champion

The Mill, NR15 2LP

Woodton Parish Council Meeting

7:30pm

Woodton Village Hall, NR35 2NG

Thursday 18 June 2026

Village Lunch Club

The Mill, NR15 2LP

Friday 19 June 2026

Food Truck

Wok Truck

From 6:00pm

The Mill, NR15 2LP

Thursday 25 June 2026

Village Lunch Club

The Mill, NR15 2LP

Friday 26 June 2026

Food Truck

D-Lish curries

From 6:00pm

The Mill, NR15 2LP

Saturday 27 June 2026

Hempnall Cinema

"Roofman"

7:00pm for 7:30pm start

Hempnall Village Hall, NR15 2NG



Saturday 6th & Sunday 7th June 2026

Open 10am to 5.30pm - Free Entry

**37 Artists open their studios to
the public where you can
see, experience & buy art.**

**Art Trail | Exhibition
Open Gardens | Demonstrations
Refreshments**

Please see website to plan your visit

www.SouthYareArtTrail.co.uk

LONG STRATTON MEDICAL PARTNERSHIP

Swan Lane Surgery, Swan Lane, Tharston, Norwich, Norfolk, NR15 2UY

Tel: 01508 530781

Men's Health - ED

Last month we looked at the female menopause, and now this month we thought it appropriate to discuss a topic with emphasis on men. Some may find it a sensitive topic, however it is important that there is increased awareness about the causes, and the fact that no-one needs to feel embarrassed to discuss this with a clinician.

Erectile dysfunction or impotence can be defined as the inability to get or sustain an erection sufficient to permit satisfactory sexual intercourse. 50-55% of men between the ages of 40 and 70 years old suffer from erectile dysfunction (ED), which constitutes around 4.3 million men in the UK.

What causes Erectile dysfunction?

Erectile dysfunction can be an early warning sign of high blood pressure or cholesterol and diabetes, and has also been linked with increased risks of cardiovascular disease.

The common causes are:

- Cardiovascular disease in 40%.
- Diabetes in 33%.

The remaining 25% are attributable to hormone imbalances in 11% (mainly high prolactin or low testosterone levels), neurological disorders in 10%, pelvic surgery or trauma in 3-5% and less commonly anatomical abnormalities in 1-3% like a tight foreskin.

Some drugs for blood pressure, depression and sedatives have the side effect of causing impotence.

Those who smoke and have excess alcohol intake are more likely to suffer from erectile dysfunction. The use of recreational drugs like heroin, cocaine, cannabis, methadone, anabolic steroids, and opiates can cause or exacerbate erectile dysfunction.

Psychological issues affecting sexual performance, also known as "performance anxiety", is not uncommon.

It is important to see or speak to a clinician who can then arrange necessary investigations, treat as there are various options, and refer appropriately to the Andrology service. In some situations, psychosexual counselling can be the main stay of management.

Look after yourselves physically and mentally. Seek help early.

Mini Nelson

The Hempnall Trust



The Hempnall Trust is a charity that was set up to help Hempnall residents who are in need, hardship or distress and to support the community of Hempnall.

We can provide financial grants to those who need them. The Trust owns The Mill & Bar both of which are used to support the local community through our monthly Coffee Mornings, weekly lunch club, events & room hire, in a listed building.

If you would like to find out more about any area of The Hempnall Trust please look at our website <http://www.hempnalltrust.org.uk> or email hempnalltrust@gmail.com.

Events hosted by The Mill are updated on the Facebook page <http://www.facebook.com/themillbarhempnall> and there is a regular What's On email.

If you would like to be added to the distribution list of events, please email hempnallmillbar@gmail.com.

If you'd like to get involved with The Trust, Bar or run your own events please get in touch.

All Profits go back into The Trust to benefit Hempnall residents.

Get paid to help The Hempnall Trust when you switch your electricity to Octopus

If you would like to get a great deal on your energy bill and help The Hempnall Trust out in the process, you can switch to Octopus using this link <https://octopus.energy/quote/?affiliate=thehempnalltrust> which will give you £50 credit on your account when you switch and will give £50 to The Hempnall Trust too!



octopusenergy



Community Coffee Stop

Everyone welcome for coffee, cakes and more.

At The Mill@ Hempnall
9:30am-12:00pm

1st Monday of the month

May 11th, June 1st

All profits for The Hempnall Trust

THE SAXLINGHAM PLAYERS
present

GASLIGHT®

PATRICK HAMILTON



20TH-23RD MAY 2026, 7.30PM

SAXLINGHAM NETHERGATE VILLAGE HALL



ADULTS £10, UNDER 16s £7
BOOKING ADVISABLE AT
SAXLINGHAMPLAYERS.ORG.UK
OR 07515 112 357, OR SCAN THE QR

THIS AMATEUR PRODUCTION OF GASLIGHT® IS PRESENTED BY ARRANGEMENT
WITH CONCORD THEATRICALS LTD. ON BEHALF OF SAMUEL FRENCH LTD.
WWW.CONCORDTHEATRICALS.COM

From Hempnall Rectory.....

Celebrating creation care at Norwich Cathedral on 10 May

Everyone is invited to a special afternoon at Norwich Cathedral on Sunday 10 May to celebrate the ways we are already caring for the natural world and to consider how else our communities might come together for its healing and well-being.

The afternoon begins at 1.30pm with an invitation to picnic in the Cathedral Cloister or Garth (or else to buy lunch from Bread Source in the Refectory) and to wander around the stalls set up there by various environmental organisations, picking up ideas, being inspired by each other. The afternoon will culminate with Festal Evensong at 3.30pm which will start inside the Cathedral but end outside it! It would be great if the Hempnall Group and the Brooke Benefice were represented by a really good crowd of people! If you'd like to come and would like a lift (or are able to offer one) please contact Susanna Gunner susanna.gunner@gmail.com or John Ash johnrvash@gmail.com

Thank you.



YOU'RE INVITED

Eco Church Festival Evensong

*Giving thanks
for creation and
committing
ourselves afresh
to its care.*

Rogation Sunday 10 May, Norwich Cathedral

Bring a picnic and enjoy the Eco Stalls from 1.30pm,
followed by Evensong at 3:30pm,
ending with a procession around the Close.

Come and rejoice in parish progress on the Eco Church journey.

CHURCH SERVICES MAY 2026...


Sunday 3rd May Easter 5	10:30am	Holy Communion	Brooke Church
	10:30am	Holy Communion	Topcroft Church
	4:00pm	All Age Praise	Hempnall Church
Monday 4 th May	9:00am	Morning Prayer	Bedingham Church
Tuesday 5 th May	9:00am	Morning Prayer	Thwaite Church
Thursday 7 th May	9:00am	Morning Prayer	Brooke Church
Sunday 10th May Easter 6 'Rogation Sunday'	10:30am	Morning Worship	Thwaite Church <i>(exact location TBD)</i>
	10:30am	Holy Communion	Shelton Church
Monday 11 th May	9:00am	Morning Prayer	Hardwick Church
Tuesday 12 th May	9:00am	Morning Prayer	Kirstead Church
Thursday 14 th May Ascension Day	10:00am	Holy Communion	Brooke Church
	7:00pm	Holy Communion	Hempnall Church
Sunday 17th May Easter 7	10:30am	Holy Communion	Seething Church
	10:30am	Holy Communion	Bedingham Church
Monday 18 th May	9:00am	Morning Prayer	Woodton Church
Tuesday 19 th May	9:00am	Morning Prayer	Mundham Church
Thursday 21 st May	9:00am	Morning Prayer	Brooke Church

Sunday 24th May Pentecost	10:30am	Holy Communion	Brooke Church
	10:30am	Holy Communion	Hempnall Church
Monday 25 th May	9:00am	Morning Prayer	Fritton Church
Tuesday 26 th May	9:00am	Morning Prayer	Seething Church
Thursday 28 th May	9:00am	Morning Prayer	Brooke Church
Sunday 31st May Trinity Sunday	11:00am	Special Service	Seething <i>(outdoors if fine - otherwise in Seething Church)</i>
	6:00pm	Evening Service	Zoom

Further details of all our church services and events can be found at the Hempnall Group Website <https://hempnallgroup.co.uk/> or the Brooke Benefice Website <https://brooke.churchnet.co/>

Happy Birthday....


Children

 Aila who will be 7



From the Registers....

Baptisms

 Sunday 19th April 2026, Albert Edwards. Baptism at St Andrew's Church Bedingham.

Funerals

† Thursday 9th April 2026, Ron Gower, aged 93 years. Funeral at St Peter's Church, Brooke.

† Friday 10th April 2026, Paul Tholen, aged 79 years. Memorial service at St Peter's church Brooke.

† Saturday 18th April 2026, Mary Charlton, aged 96 years. Funeral and burial at St Peter's Church, Brooke.

† Monday 20th April 2026, David Sanford, aged 85 years. Burial of ashes at St Peter's Church, Brooke.

† Tuesday 21st April 2026, Harry Hall, aged 92 years. Burial of ashes at St Andrew's Church, Bedingham.

† Friday 24th April 2026, Ronnie Everson, aged 92 years. Burial of ashes at St Peter's Church, Mundham.



Need Help? ...

HEATING OIL

Goff Heating Oil - Goff Heating Oil is truly local company with its HQ based just down the road in Wymondham. This independent family business has been established for over 100 years and prides itself on providing heating oil with great service and good prices. For a Better Price, Better Service, You Better Call Goff... 01953 713555
www.goffpetroleum.co.uk

COUNSELLING

Rowan Shingler Counselling in Norwich offers warm, confidential and compassion support for anxiety, low mood, trauma and life's challenges helping you understand yourself more deeply and move toward a calmer, more connected life. Visit
www.rowanshinglercounselling.com

AGGREGATE SUPPLIERS

Carry All - Supplies of quality aggregates, to Trade & Public, Free delivery, No VAT - 01508 536182 or 07850 402845

CARPET & UPHOLSTERY CLEANING

Carpet & Upholstery Cleaning

Local, reasonable rates.

Call David: 01379 608529 or 07768 757308

CHIMNEY SWEEP

Chimney Sweep

Guild of Master Sweeps, Clean & Friendly, Smoke Test & Certification.

Call Dave: 07835 757528

DOMESTIC CLEANING

We Love 2 Clean

We Love 2 Clean Homes, in your area since 2003. Providing police checked, insured, vetted cleaners on a regular basis at an affordable rate. Tel: 01508 490 808, Mobile: 0782 444 1016 Email: admin@welove2cleanhomes.co.uk, Website: www.welove2cleanhomes.co.uk

FARM SHOPS

Farm Shop, Café & Butchery

Norwich Road, Woodton for the best Raw Milk in Norfolk - 07900 814252

FLOORING

Dragonfly Flooring - Accredited Trusted Trader.

Finding the perfect flooring is easy with Dragonfly! Carpet, Vinyl, Laminate & LVT. Great Reviews - Local & Competitive. We'll measure up, bring along samples & give advice. Chedgrave Showroom. www.dragonflyflooring.co.uk - Call Jules on 01508 830 377 or email info@dragonflyflooring.co.uk

FUNERAL SERVICES

R. B. Copping Funeral Services, Poringland 01508 494434

FUNERAL SERVICES ROSEDALE FUNERAL HOME -

Beccles, Bungay & Harleston, a family business with over 20 years experience- 01986 892790, 01502 714445 & 01379 853999 or visit our website www.rosedalefuneralhome.co.uk <http://www.rosedalefuneralhome.co.uk> for more information. We offer a 24hr service 365 days a year.

GROUNDWORK & GARDENING SERVICES

ARKSCAPE LANDSCAPES

01508 470482. Driveways, fencing, turf and much more. Local family run. No job too small.

NORFOLK GARDEN MACHINERY REPAIRS

Offering repair and servicing on all your garden machinery: Lawnmowers, strimmer's, chainsaws and hedge cutters. All other machinery considered. Collection and delivery service available within 10 miles of Tasburgh. Call Glenn – 07867648066 <https://gardenmachineryrepairs.co.uk>

S. W. Contractors

Groundwork, Gardens, Fences, Patios & Hedge Trimming - 01508 495528

HAIR & NAIL SALONS

Happy Feet

Corns, calluses, nail cutting & more, treated in your home - Wendy - 01379 676872

MUSICIANS

'JUST ROGER'

Keyboard/Vocals 30s,40s,50s,60s, Old Country, Tea Dances. 01508 830464 Mobile: 07884 142118

OSTEOPATH

Osteopath

Osteopathy for all-adults to babies, includes cranial. Joints, spine, nerves, headaches, accidents - 07818 747776 | 01953 789629 | reception@norfolkost.co.uk | www.norfolkost.co.uk

PIANO TUTION

Piano Lessons

Bedingham - All ages welcome - Marian Gibb ALCM (TD) DipLCM. 01508 482 746

PARISH COUNCILS

Hempnall Parish Council

Website Address www.hempnallpc.org

PEST CONTROL

Safe & Sound Hygiene

Pest Control & Garden Maintenance
01379 788865 or 07809 226109
call for info. 01508 482655 or 07850 722094

PLUMBING & HEATING ENGINEERS

GREENWAVE PLUMBING AND HEATING

For all your plumbing, heating and servicing requirements. Call us now on: 07548111621, Email us on: info@greenwavelt.d.co.uk or visit us on: www.Greenwave.co.uk

TREE SURGERY

T. Mabbutt Tree Services

High standard of work from a professional, considerate and friendly local business. Covering all aspects of tree surgery and stump removal. Holding qualifications from the RHS, RFS, City & Guilds. Free quotes. Based in Ditchingham. 07773676465 www.treemabbutt.com Find us on Facebook.

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07740 873158

Items for the next issue....

Items for the Village News should be
Delivered, Posted or Emailed to:

Benefice Office, The Rectory,
The Street, Hempnall, NR15 2AD
hempnallgroup.office@btinternet.com

**BEFORE
15th MAY 2026**

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