



Village News

Produced by The Hempnall Group of Parishes



Picture by courtesy of Nicola Eastelle

OCTOBER 2025

Contents...

Local News..... 3
October Group Walk3
Autumn Café Mornings3
Hempnall Art Club Art Exhibition3
Hempnall Mobile Library Timetable4
Topcroft Parish Council Meeting4
Borderhoppa5
Friends of Hempnall School Fireworks5
Quiz and Chips5
The Hempnall Trust6
The Mill @ Hempnall Coffee Stop6
Hardwick and Shelton Community Meeting7
Waveney Food Bank7
Long Stratton Medical Partnership8
Become a Youth Mental Health First Aid (MHFA) Champion9
Hempnall Allotments9

What’s on in October and November 10
Harvest Festival Celebrations for October11
Bedingham PCC Autumn Fayre11
Hempnall Christmas Craft Fair12
A Celebration of Christmas.....12

Church News..... 13
News from the Hempnall Group of Parishes.....13
Hello from Susanna14
Licensed Lay Ministry15
Church Services17
Happy Birthday18
From the Registers18

Need Help? 19
Contact Us..... 20

OCTOBER GROUP WALK

Our October walk will be on **19th October at 2pm** from **Saxlingham Nethergate sports field NR15 1SS**.

The walk is about 4 miles along country lanes and footpaths. Tea will be at Hempnall church afterwards. Please text Andy on 07923 579042 to let him know you're coming so we don't leave without you.



Hardwick Village Hall **Autumn Cafe Mornings**



Thursday 2nd October
Thursday 6th November
10am – Midday
Coffee, tea, cake and chat

Hempnall Art Club

ART EXHIBITION

October 4th & 5th
10.30am to 4.00pm

**Art works for sale by club members
and invited local artists**

Hempnall Village Hall
Bungay Road
Hempnall. NR15 2NG

Home made Cakes
Tea and coffee

Supporting a local charity

Free entry



Plants, Pots and Cakes Sale

Thank you to everyone who contributed in any way to the sale in Hempnall Church on Saturday 13th September 2025

We are delighted to report that £600 was raised.



Mobile Library Timetable

Village	Stop Name	Arrival Time	Departure Time	Postcode
Hempnall	Old Market Way (Bainard Rise)	14:10	14:30	NR15 2LZ
Hempnall Green	Three Horseshoes	14:35	14:55	NR15 2NN
Topcroft	The Old Chapel	15:00	15:15	NR35 2BL
Topcroft	Church Road	15:20	15:35	NR35 2BH
Hempnall	Road Green Farm	15:40	15:55	NR15 2NQ
Hempnall	Millfields	16:00	16:15	NR15 2NE
Hempnall	Roland Drive	16:20	16:35	NR15 2RB
Fritton	Village Green (post box and bench)	16:40	17:05	NR15 2QS

• **27 October 2025**

• **24 November 2025**

• **22 December 2025**

Please note this information is subject to change or amendment both on a permanent and temporary basis. For all enquires about this route please call 01603 222303

Topcroft Parish Council

Meeting Dates 2025

All meetings are held in The Sports Pavilion, Topcroft Street, NR35 2BL

Monday 17th November 2025 - 7.30 pm

The agenda is displayed on village noticeboards and published on TPC's website <https://topcroft-pc.gov.uk> three days prior to the meeting. Planning meetings are scheduled as needed, and additional meetings may be arranged if necessary.

~ Members of the public are welcome to attend the meetings ~

For further details contact the Clerk email:
clerk@topcroft-pc.gov.uk or Tel: 07774 734411

- Door to door dial-a-ride service
- Weekly members outings throughout the year
- Group hires for not-for-profit organisations

Borderhoppa Outings for October 2025

Thu 2nd	Lunch at The Red Lion, Needham - £8.00
Mon 6th	The Foundry Garden Centre, Tasburgh - £8.00
Mon 13th	The Range and Lunch at The Copper Beech - £18.00
Mon 20th	Stowmarket Town - £15.00
Thu 23rd	Lunch at The Black Horse, Thorndon - £8.00
Mon 27th	Anglia Retail Park, Ipswich & Suffolk Food Hall - £20.00
Thu 30th	Attleborough Town (Market Day) and Wymondham Garden Centre - £18.00

To book or for more information please call 01379 854800
or visit our website www.borderhoppa.org

WHIZZ BANG WHOOSH CRACKLE WHISTLE & POP

THE FRIENDS OF...
THE HEMPSTALL PRIMARY SCHOOL

FIREWORKS

SATURDAY 8TH NOVEMBER

• HEMPSTALL PLAYING FIELD •

GATES OPEN 5PM FIREWORKS BEGIN 7PM

★ **PRE BOOK TICKETS ONLY!**

BOOKING DETAILS COMING SOON

BBQ
LICENSED BAR
MULLED WINE
SWEET TREATS

★ **PLEASE NO SPARKLERS!**

• EMAIL: FRIENDSOFHEMPSTALLSCHOOL@OUTLOOK.COM

THE MILL BAR HEMPSTALL

QUIZ AND CHIPS
7PM ON OCT 4TH

JOIN QUIZMASTER FIONA FOR AN EVENING OF QUIZZING.
RAISING MONEY FOR THE HEMPSTALL TRUST.

TICKETS £15 INCLUDING FISH AND CHIPS
PREBOOKING ESSENTIAL AT
HEMPSTALLMILLBAR@GMAIL.COM

The Mill Bar

The Hempnall Trust

The Hempnall Trust is a charity that was set up to help residents who are in need, hardship or distress and to support the community of Hempnall.



We can provide financial grants to those who need them. The Trust owns the Mill and Bar both of which are used to support the local community through lunch clubs, events and room hire in a listed building.

If you would like to find out more about any area of the Hempnall Trust please look at our website <http://www.hempnalltrust.org.uk> or email hempnalltrust@gmail.com.

Events hosted by The Mill are updated on the Facebook page <http://www.facebook.com/themillbarhempnall> and there is a regular What's On email.

If you would like to be added to the distribution list of events, please email hempnallmillbar@gmail.com.

If you'd like to get involved with the Trust, Bar or run your own events please get in touch.

All Profits go back into the Trust to benefit Hempnall residents.

Barrie Masterson

Barrie passed away in August 2025. He had been a long-standing Trustee and was respected for his wealth of knowledge, history of the Charity and all things Hempnall. He will be sadly missed by all Trustees. The Trust wishes to pass on its condolences to the family and friends.

Hempnall Community Coffee Stop

The volunteer led monthly Community Coffee Stop on the 1st Monday of the month has now been running for just over 1 year and has provided over £2,500 in support of the Trust & Hempnall residents.

The Trustees would like to thank all those involved in setting up & running the Café, providing all the wonderful cakes & bakes & hosting the Mondays.



The Mill @ Hempnall COFFEE STOP

Everyone welcome for coffee, cakes and more.

At Hempnall Mill Centre
9:30am-12:00pm

1st Monday of the month

**6th October, 3rd November,
1st December**

All profits for The Hempnall Trust

Are you interested in the history of Hardwick and Shelton?

The families, buildings, notable past residents, Shelton school or Hardwick airfield?

Do you have old maps, photos or stories of the past you'd like to share?



A group of local people are getting together to discuss creating an archive for future generations.

Our first meeting will be at Hardwick Village Hall on **Wednesday 8th October at 7pm.**

If you have information you'd like to share or you would like to help, please do join us.

No experience needed – just enthusiasm!



Items for our Food Bank are still needed; we are very grateful to all who continue to contribute during these difficult times.

URGENTLY NEEDED ITEMS: UHT Fruit Juice (not chilled), Tinned Meat, Biscuits, Jars of Pasta Sauce, Jars of Cooking Sauce, Tinned Vegetables, Pulses Dried or Tinned

Donating Food: Items for the food bank can be left at the back of St Margaret's Church, Hempnall, at the Group Office, Hempnall or in the porch at St Peter's Church, Brooke.

Donating Money: Regular giving is a great way to support the Food Bank
For further details please check out this website: <https://waveney.foodbank.org.uk/give-help/donate-money/>

LONG STRATTON MEDICAL PARTNERSHIP

Swan Lane Surgery, Swan Lane, Tharston, Norwich, Norfolk, NR15 2UY. Tel: 01508 530781

As I write this article from my bedroom, I notice activity outside the window and look to see a squirrel scurrying away with a chestnut which makes me smile as I realise again that I will not get a single chestnut. Then the reminder flashes again – it is autumn. How did we get to this season this year so quickly.

The practice has seen many changes in 2025 including the massive one that meant a change in our software system. You were all made aware of this change through various channels prior to the change. July 17th saw the switch-over take place and most of you must have felt it in one way or the other over the July and August months. I must be honest when I say that the change affected me much more than I had expected. At one point, I compared myself to the toddler learning to walk. It was challenging to say the least and every little discovery in the new system (it would be a small one I have to add) would take me to a high for a short period. Our staff worked incredibly hard to adapt to the new system. Like me there were some that took longer to find their feet. There were tears, there was laughter, there was sharing of our discoveries, there was a sense of ‘we have to survive!’ And we are slowly day by day getting to understand and use the system effectively.

Like us, I can only begin to understand the difficulties you may have faced. I want to apologise on behalf of the practice for any painful challenges you may have faced during this period. I want to thank each one of you for standing by us and understanding the process the practice went through. I want to thank the PPG for the immense support and our staff appreciated the flowers, card and goodies that we received from them.

We also need to thank a local gentleman who has been maintaining our wonderful outside flower display. We have received some very lovely comments about how pretty they have looked this year. A thank you must go to the local Men’s Shed too who supplied and are maintaining the original wooden flower boxes, they have been busy again to provide us with another container which you will see on display soon. We are very lucky!

Enjoy the beauty of autumn, stay safe and let us look forward to a healthier and more productive winter 2025.

~Mini Nelson~

Become a Youth Mental Health First Aid (MHFA) Champion

Do you **teach, work with or simply spend time with** young people and wish to have a better understanding of the signs and symptoms of poor mental health and importantly, how to promote positive mental health? Are you perhaps **a parent who currently feels they lack the confidence, knowledge and skills to approach and start a conversation surrounding mental health with your child?** Are you aware of what to look out for when it comes to **depression, anxiety, self harm, disordered eating and even suicidal ideation?**

If you wish to significantly increase this knowledge sign up for this one day, 8 hour course running as **a face to face event at The Mill, Hempnall (NR15 2NG) on 10 November 2025**

As an experienced Headteacher and lead in the field of mental health, I have trained over 500 teachers, sports staff, wellbeing leads and parents in my role as an MHFA Instructor. Please contact me on mike.a.crossley@gmail.com for further details.

There are spaces for 16 delegates. The cost for the course is £225 per person which includes the course materials comprising a **Youth MHFA One Day** bundle (comprehensive manual, workbook, action card) and in addition, all delegates receive a **Youth MHFA certification** from the national organisation **MHFA**.



Popular Allotments Available for just £10 per annum
Mill Road, Hempnall.

Keep fit, enjoy fresh air, fresh food and comradery.

Hurry, first come, first served with priority to Hempnall residents.

Contact the secretary of the Church & Town Estates Property Charity at
ctepropertycharity@gmail.com for more details.

October and November 2025...

October 2025

Thursday 2nd October 2025

Autumn Café Mornings

10:00am-12:00pm

Hardwick Village Hall, NR15 2AB [p.3]

Friday 3rd October 2025

Killer Darts

from 7:30pm

The Mill Bar, NR15 2LP

Food Truck - Wild Thing

from 6:00pm

The Mill Bar, NR15 2LP

Saturday 4th & 5th October 2025

Hempnall Art Club Art Exhibition

10:30am-4:00pm

Hempnall Village Hall, NR15 2NG [p.3]

Saturday 4th October 2025

Quiz and Chips

from 7:00pm

The Mill Bar, NR15 2LP [p.5]

Monday 6th October 2025

The Mill @ Hempnall Coffee Stop

9:30am-12:00pm

The Mill, NR15 2LP [p.6]

Wednesday 8th October 2025

History of Hardwick and Shelton

Meeting

7:00pm

Hardwick Village Hall, NR15 2AB [p.7]

Friday 10th October 2025

Food Truck - Peaky Pizzas

from 6:00pm

The Mill Bar, NR15 2LP

Friday 17th October 2025

Food Truck - Churros & Chorizo

from 6:00pm

The Mill Bar, NR15 2LP

Sunday 19th October 2025

October Group Walk

2:00pm

Meet at Saxlingham Nethergate Sports

Field, NR15 1SS [p.3]

Friday 24th October 2025

Food Truck - Jason's Fish & Chips

from 6:00pm

The Mill Bar, NR15 2LP

Monday 27th October 2025

Mobile Library

[details on page 4]

Friday 31st October 2025

Food Truck - JP's Street Food

from 6:00pm

The Mill Bar, NR15 2LP

November 2025

Monday 3rd November 2025

The Mill @ Hempnall Coffee Stop

9:30am-12:00pm

The Mill, NR15 2LP [p.6]

Thursday 6th November 2025

Autumn Café Mornings

10:00am-12:00pm

Hardwick Village Hall, NR15 2AB [p.3]

Friday 7th November 2025

Killer Darts

from 7:30pm

The Mill Bar

NR15 2LP

Food Truck - Wild Thing

from 6:00pm

The Mill Bar

NR15 2LP

Saturday 8th November 2025

Bedingham PCC

Autumn Fayre

1:00pm-3:00pm

Woodton Village Hall, NR35 2NG

[p.11]

Saturday 8th November 2025

Friends of Hempnall School

Fireworks

Gates open 5:00pm

Fireworks 7:00pm

Hempnall Playing Field, NR15 2NG
[p.5]

Monday 10th November 2025

**Become a Youth Mental Health First
Aid (MHFA) Champion**

The Mill Hempnall

NR15 2NG [p.9]

Friday 14th November 2025

Food Truck - Peaky Pizzas

from 6:00pm

The Mill Bar

NR15 2LP

Saturday 15th November 2025

Christmas Craft Fair

10:00am-1:00pm

Hempnall Village Hall, NR15 2NG
[p.12]

Monday 17th November 2025

Topcroft Parish Council Meeting

7:30pm

The Sports Pavilion

NR35 2BL [p.4]

Friday 21st November 2025

Food Truck - Patron Paella

from 6:00pm

The Mill Bar

NR15 2LP

Monday 24th November 2025

Mobile Library

[details on page 4]

Friday 28th November 2025

Food Truck - Jason's Fish & Chips

from 6:00pm

The Mill Bar

NR15 2LP

Harvest Festival Celebrations for October

Sunday 5th October 2025

10:30am Harvest Festival at Brooke
Church

6:30pm Harvest Festival at Thwaite
Church

Sunday 12th October 2025

10:30am Harvest Festival at Kirstead
Church

Sunday 19th October 2025

10:30am Harvest Thanksgiving at
Bedingham Church

10:30am Harvest Thanksgiving at Shelton
Church

Bedingham PCC



Autumn Fayre

on

Saturday

8th November 2025

1:00pm to 3:00pm

in

Woodton Village Hall

*Raffle - Cakes - Bric-a-brac - Plants
- Refreshments*

All proceeds to St Andrews Church
For further details please contact: Jane
01508 518007 or
Margaret 01508 482421



A Christmas Craft Fair
will be held in **Hempnall Village Hall**
on **Saturday 15th November 2025**
from **10am – 1pm**

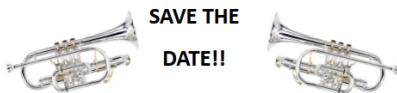
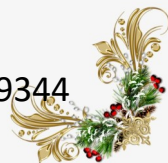


in aid of St. Margaret's Church Hempnall

***Why not come and find that special Christmas gift
or card?***



Coffee, tea & cakes, raffle
Further info -Please contact Jill Turner 01508499344
or email ydavy01@yahoo.co.uk



**A CELEBRATION OF
CHRISTMAS**

St. Peter's Church, Brooke

Sunday December 14th at 3pm

The 'East of England Co-op Band'

A First Section competing band

We are really privileged to welcome back again
this prestigious band to St. Peter's.

Carol Singing, Readings

Mince pies and Mulled Wine

Reserve your ticket £10 - children under 16 free entry

01508 558324

News from the Hempnall Group of Parishes

from Liam Pilgrim and Jill Turner, Co-Chairs of the Joint Council of the Hempnall Group of Parishes

We have two announcements of good news to make this month...

Part-time House for Duty clergy post: Appointment of the Revd Canon Susanna Gunner

As many of our readers will probably know by now, we're very pleased to announce that, following an interview in September, The Revd Canon Susanna Gunner is to be appointed as the part-time* House for Duty Associate Priest in the Brooke Benefice and the Hempnall Group.

Susanna currently has various 'roving' roles as Diocesan Public Preacher, an Honorary Canon of Norwich Cathedral and an Honorary Chaplain to HM The King. She is well known to many of us through her former positions as Diocesan Lay Training Co-ordinator, then as Chaplain (both to the previous and present Bishop of Norwich) and more recently as the Diocesan Adviser in Spirituality and Discipleship until 2023. In the past she's led assorted training sessions and Lent courses for us and she's been of great assistance during our vacancies as a visiting priest.

Details of Susanna's licensing, most likely to be in January, will follow in due course. Of the two clergy houses available, Susanna will occupy the Hempnall Rectory and the office will remain in the annex there.

Meanwhile we're pushing on as soon as possible with re-advertising the full-time clergy post, which – like Susanna's part-time position* – is to be held in common across the Brooke Benefice and the Hempnall Group.

So, let's celebrate this really good news and pray for Susanna and for our two benefices as we prepare for her ministry with us.

**The standard arrangement for part-time House for Duty posts in this Diocese is Sunday duties plus two weekdays.*

Hello from Susanna



I'm so looking forward to meeting you in person when I take up my new role some time after Christmas, but until then, here is a brief *written* 'hello' from me. I'm delighted to have been appointed as a part-time Associate Priest to work across both Brooke and Hempnall and

all the villages which make up both those benefices.

I grew up in Northrepps, a few miles from Cromer, and my husband Ben went to school in Ingoldisthorpe so this part of the world is very dear to us both and a big part of who we are. But since our connections have so far always been in either West or North-East Norfolk, we are anticipating getting to know the beautiful *south* of the county with much pleasure.

Since my ordination in 2008, I have held various diocesan roles which have drawn upon my teaching background and, for four years or so, I also served both the former Bishop Graham and the present Bishop Graham as Chaplain. I am very excited now, however, at the prospect of embedding myself in your community and of journeying with you through the next few years. Having worked in a rather solitary way over the last few years, and particularly through the Covid years, I am also much looking forward to being part of a *team* and working collaboratively across both benefices alongside your wonderful team of lay ministers as well as with other clergy, including the full-time clergy person who has yet to be appointed!

Ben and I will live in Hempnall Rectory over the days of each week when I am working amongst you, returning to our home in North Walsham during the other days so that I can carry on with other commitments such as writing and retreat-leading. I'm sure a workable pattern will evolve in the early months of 2026 as this new chapter of our lives opens...

Until then, I send my warmest wishes and every blessing for the rest of 2025.

Susanna

Licensed Lay Ministry

Liam Pilgrim writes:

Saturday 20th September was a special day for me (and for six other people from across Norfolk and Waveney) in being admitted by Bishop Graham, during a service in Norwich Cathedral, to the office of Licensed Lay Minister (LLM) in this Diocese, assigned in my case to the Hempnall Group and the Brooke Benefice. It was lovely to be supported by family, friends, neighbours and several folk from our churches – as well as, of course, my dog Ripple! Thank you so much to those who came along and to all who sent cards, email messages and prayers.



The Diocesan website describes LLMs as voluntary ministers authorised by the Bishop to teach and preach, conduct worship and assist with the pastoral ministry of the church. Working together with the clergy and other ministers, we're also to be enablers and encouragers of other lay Christians, helping each of us to make use of our particular gifts in the service of God.

LLMs come from a wide variety of occupations and backgrounds: having been put forward by our home benefices and after a Diocesan selection process, we've then undertaken an extensive training programme (commonly two years part-time), including both the 'academic' study of theology and its practical application. We've visited diverse church settings and spent several weeks on a training placement in a benefice which is deliberately chosen to be 'different' from our own. (Mine was at St Stephen's in Norwich, which was a wonderful experience). It's a rigorous, challenging – but enriching – process.



There are over 150 LLMs in the Diocese of Norwich and I feel humbled and privileged to be joining them. Please pray for me as I strive to fulfil the brief; for John Ash in the Brooke Benefice who has now been licensed for 37 years and who shares with us the benefits of his long ministry; for Tim

(Continued on next page)

Francis, who's now starting his second training year to be licensed; and for Jackie Mahony and Angela Garner as Authorised Worship Assistants in our two benefices, who also form part of our Ministry Team.

And let's pray for all in our churches, as we prepare for Susanna's ministry with us next year, that, together, we may continue to seek to be instruments of God's love in our local communities and in the wider world. **Amen**



Celebrating with cake in Hempnall Church - Sunday 21 September 2025

Creationtide hymn

During September and into October we've been celebrating the season of *Creationtide*, not least through our Harvest Thanksgivings. And it's been lovely to sing in our services a new *Creationtide* hymn, published recently by the Diocese of Norwich and written by Susanna Gunner, our incoming House for Duty Associate Priest. Here are three of its five verses (sung to the tune of *Melita* – 'Eternal Father, strong to save' (better known as 'For those in peril on the sea')):

*Creator of our planet home,
in sorrow and in shame we come
to mourn with you the cuckoo's cry,
the cornflower, dormouse, dragonfly.
Inspire us all to love and tend
the sacred spaces
of our land.*

*Creator of our fragile Earth,
whose loveliness you brought to birth,
we bring to you not just lament,
nor just our sad bewilderment,
but also action, bold in scope,
for when we act there's also hope.*

*Creator of all living things,
to young and old give us the wings
of outreach, stirring all to rise
as one to heed creation's cries.
Thus bound together, new tasks dared,
fresh glimpses of your love be shared*

CHURCH SERVICES OCTOBER 2025...

5th October 2025 Trinity 16 Proper 22 and Harvest Thanksgiving in our benefices	10:30am	Harvest Festival	Brooke Church
	10:30am	Celebrating with our Animals	Bedingham Church
	4:00pm	All Age Praise	Hempnall Church
	6:30pm	Harvest Festival	Thwaite Church
12th October 2025 Trinity 17 Proper 23 and Harvest Thanksgiving	10:30am	Harvest Thanksgiving	Kirstead Church
	10:30am	Holy Communion	Hempnall Church
19th October 2025 Trinity 18 Proper 24 and Harvest Thanksgivings	10:30am	Holy Communion	Brooke Church
	10:30am	Harvest Thanksgiving	Bedingham Church
	10:30am	Harvest Thanksgiving	Shelton Church
26th October 2025 Last after Trinity Proper 25	10:30am	Morning Worship	Mundham Church
	10:30am	Holy Communion	Topcroft Church
	6:00pm	Evening Service	Zoom

Further details of all our church services and events can be found at the Hempnall Group Website <https://hempnallgroup.co.uk/> or the Brooke Benefice Website <https://brooke.churchnet.co/>

Happy Birthday....

Children

- 🕯 Evie who will be 12
- 🕯 Ivy who will be 6

Teenage

- 🕯 Thomas who will be 14
- 🕯 Rosanna who will be 14
- 🕯 Emily who will be 18



From the Registers....

Baptism

- 🕯 Sunday 14th September 2025. Baptism of Wolf Clabburn at St Margaret's Church, Topcroft.
- 🕯 Saturday 20th September 2025. Baptism of Shirley Green in Great Yarmouth.
- 🕯 Sunday 28th September 2025. Baptism of Thomas Delf at St Margaret's Church, Hemphall.

Weddings

- 🕯 Saturday 13th September 2025. Wedding of Natalie Hillier and Gavin Merry at St Peter's Church, Brooke.



Need Help?....

AGGREGATE SUPPLIERS

Carry All - Supplies of quality aggregates, to Trade & Public, Free delivery, No VAT - 01508 536182 or 07850 402845

CARPET & UPHOLSTERY CLEANING

Carpet & Upholstery Cleaning

Local, reasonable rates.

Call David: 01379 608529 or 07768 757308

CHIMNEY SWEEP

Chimney Sweep

Guild of Master Sweeps, Clean & Friendly, Smoke Test & Certification.

Call Dave: 07835 757528

DOMESTIC CLEANING

We Love 2 Clean

We Love 2 Clean Homes, in your area since 2003. Providing police checked, insured, vetted cleaners on a regular basis at an affordable rate. Tel: 01508 490 808, Mobile: 0782 444 1016 Email:

admin@welove2cleanhomes.co.uk, Website: www.welove2cleanhomes.co.uk

FARM SHOPS

Farm Shop, Café & Butchery

Norwich Road, Woodton for the best Raw Milk in Norfolk - 07900 814252

FUNERAL SERVICES

R. B. Copping Funeral Services, Poringland

01508 494434

FUNERAL SERVICES ROSEDALE FUNERAL

HOME - Beccles, Bungay & Harleston, a family business with over 20 years experience- 01986 892790, 01502 714445 & 01379 853999 or visit our website www.rosedalefuneralhome.co.uk <http://www.rosedalefuneralhome.co.uk> for more information. We offer a 24hr service 365 days a year.

GROUNDWORK & GARDENING SERVICES

ARKSCAPE LANDSCAPES

01508 470482. Driveways, fencing, turf and much more. Local family run. No job too small.

NORFOLK GARDEN MACHINERY REPAIRS

Offering repair and servicing on all your garden machinery: Lawnmowers, strimmer's, chainsaws and hedge cutters. All other machinery considered. Collection and delivery service available within 10 miles of Tasburgh. Call Glenn – 07867648066 <https://gardenmachineryrepairs.co.uk>

S. W. Contractors

Groundwork, Gardens, Fences, Patios & Hedge Trimming - 01508 495528

HAIR & NAIL SALONS


Happy Feet

Corns, calluses, nail cutting & more, treated in you home - Wendy - 01379 676872

MUSICIANS

'JUST ROGER'

Keyboard/Vocals 30s,40s,50s,60s, Old Country, Tea Dances. 01508 830464 Mobile: 07884 142118



AED

Automated External Defibrillator

DEFIBRILLATOR

A defibrillator is located at
Topcroft's Social Club
The Street Topcroft NR35 2BL
what3words///goods.students.economics

**In an Emergency call 999 for the
Defibrillator Cabinet Code & Instructions**

This defibrillator is owned by Topcroft Parish Council - any issues contact 07774 734411

OSTEOPATH

Osteopath

Osteopathy for all-adults to babies, includes cranial. Joints, spine, nerves, headaches, accidents - 07818 747776 | 01953 789629 | reception@norfolkost.co.uk | www.norfolkost.co.uk

PIANO TUTTION

Piano Lessons

Bedingham - All ages welcome - Marian Gibb
ALCM (TD) DipLCM. 01508 482 746

PARISH COUNCILS

Hempnall Parish Council

Website Address www.hempnallpc.org

PEST CONTROL

Safe & Sound Hygiene

Pest Control & Garden Maintenance
01379 788865 or 07809 226109

PLANT HIRE

Peter Matthewson Plant Hire

Drainage & Groundworks - Please call for info.
01508 482655 or 07850 722094

PLUMBING & HEATING ENGINEERS

AI PLUMBING AND HEATING

For all your plumbing, heating and servicing requirements. Call us now on: 07548111621, Email us on: anthony_jacovazzo@hotmail.co.uk or visit us on: aiplumbingandheating.co.uk

ROOFING & SCAFFOLDING

The Roofing & Scaffolding Company

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Contact us....

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The Hempnall Group of Parishes and
Brooke Benefice

Mon-Thu 9:00am-12:30pm

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Items for the next issue....

Items for the Village News should be
Delivered, Posted or Emailed to:
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The Street, Hempnall, NR15 2AD
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hempnallgroup.office@btinternet.com

BEFORE

15th OCTOBER 2025

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